

## West Allis Hale Leighton Betz Cross Country Invitational

**Date:** Friday September 2nd, 2022

**Place:** Ron Kurtz 5k Cross Country Course @ Greenfield Park (Enter off Lincoln Avenue)  
After drop off, please Have buses park on Lincoln Ave. between 117th St. and 124th St.

**Time:** 3:50 Freshmen Boys

4:25 JV Girls

5:05 JV Boys

5:40 Varsity Girls

6:10 Varsity Boys

**Fees:** Check with your AD if fees have been paid. Send check to Nathan Hale High School Athletic Director, 11601 W. Lincoln Ave. West Allis, WI 53227

**Awards: Please have all athletes stay for our awards ceremony at approximately 6:40 p.m.!**

Frosh Boys: Traveling Trophy to team champions. Medals 1-10

JV: Medals 1-15

Varsity: Medals 1-25. Team medals 1-3. Team picture plaque 1st and 2nd

**Course:** The course is still mostly grass with minimal asphalt path crossing. Spikes recommended. The course is lined and flags are also used.

**Teams: (Scroll right if on phone)** Box assignments: (Done randomly using Excel)

|    |   |    |                                |
|----|---|----|--------------------------------|
| 1  | Whitnall                                  | 11 | Pewaukee                       |
| 2  | Slinger                                   | 12 | Germantown                     |
| 3  | Muskego                                   | 13 | University School of Milwaukee |
| 4  | Mukwonago                                 | 14 | Wauwatosa West                 |
| 5  | Wauk<br>West Boys/Brookfield East (girls) | 15 | Homestead                      |
| 6  | Nathan Hale                               | 16 | Menomonee Falls                |
| 7  | Wisconsin Lutheran                        | 17 | West Bend East                 |
| 8  | Nicolet                                   | 18 | Kaukauna                       |
| 9  | Kenosha Indian Trail                      | 19 | Appleton East                  |
| 10 | Wauwatosa East                            | 20 | DSHA                           |

**Entries:** We would like all freshmen boys to be entered into the freshmen boys race, but email coach Mach if special circumstances (need to complete team scoring). This is a unique and fun opportunity for many new runners to race competitively up front.

Varsity= 8 max. The 8th runner will not displace. JV/Frosh = unlimited.

All races are 5k distance.

**Online Registration:**

**Entries due by Wednesday, August 31st at 12:00 noon. There is a \$50 charge for late entries**

Please do not enter athletes that you know will not be competing, there is a \$2 fee per bib so we want to avoid excess costs.

**Check in:** Pick up timing bibs from PT Timing upon arrival by the finish line. The bibs are disposable so don't need to return after.

**T-Shirts/Concessions:** Please advise your runners concessions are available, and dri-fit meet t-shirts are for sale for \$15. School names are listed on the back.

**Questions:** Email Dan Machmueller [machxc@gmail.com](mailto:machxc@gmail.com) or Coach Courtney Frederick [frederickc@wawmsd.org](mailto:frederickc@wawmsd.org)