

2022 LANCER INVITATIONAL September 21st 2022

Wednesday, September 21, 2022

St. John's Northwestern Academies

1101 N Genesee Street

Delafield, WI

Time Schedule:

- 2:45 Tour Course- Packet Pick up on the East side of the track by red rappel tower
- 3:00 Coaches meeting
- 3:30 Co-Ed MS
- 4:00 Co-Ed JV Race
- 4:45 Girl's Varsity
- 5:30 Boy's Varsity

Entries for Meet

- <u>Meet Entries:</u> ALL MEET ENTRIES and SCORING ARE HANDLED by PT Timing, LLC (<u>https://www.pttiming.com/</u>) and done on the in <u>wi.milesplit.com</u> site for this meet.
 - ENTRIES ARE DUE on Monday, Sept 19 at 11:59 AM

of Runners:

Varsity Races- 7 runners for Boys and 7 runners for Girls JV- Unlimited number of runners MS-Unlimited Runners

Teams: Audubon, Chesterton Academy of Milwaukee, DASH, Fall River, Heritage Christian, Jefferson, Kenosha St. Joseph, Kenosha Christian Life, Lake Country Classical Academy, Living Word Lutheran, Messmer, Palmyra-Eagle

Prairie, Saint Anthony, Saint Thomas More, Sheboygan Lutheran, St. Augustine Prep, SWCHA, Trinity Academy, University Lake

Course: Course for Varsity/ JV will be 3.1 miles consisting of grass, slight hills, hardball road and gravel
Course for MS is 1.5 miles

Parking and Bus Drop off and Team Camp: Please park along St Johns road East of the obstacle course.

- DO NOT CONTACT St. John's or Jon Schmidt if you MISS the entry deadline. It is your responsibility to enter your team on the in wi.milesplit.com website.or to contact pttiming.com
- ***Be prepared when picking up packets at the meet as EVERY athlete will have disposable transponder bibs to check for any errors or change. These can be picked up in the information/scoring pavilion. Any unused bibs can be returned to the information area.

*** Final instructions will be in the packets the day of the race and can be picked up at the scoring pavilion where T-shirts and concessions are being sold.

- There will be an athletic trainer on site, close to the finish line. Be sure to remind your athletes to bring their inhalers, bee sting medication and insect repellant.
- Boys and Girls Awards: (Individual Awards will be placed in envelopes and can be picked up by coaches at the scoring/information area) These will be available approximately 15 minutes after the completion of the last race by gender.

Ind. Varsity: 1-7 medals for each race

JV: 1-5 medals MS: 1-5 Medals

Team Varsity Plaque: 1st place for boys and girls

Fees: Contacts were sent out through rschool \$150 per gender attending. Make checks payable to St. John's Athletics.

Concessions will be available- Gatorade, water and snacks Bathrooms are located near concessions stand

We look forward to seeing you on race day!!!

SJNA Coaches: Theresa Klosinski

Questions?

Jon Schmidt 262-646-7149

Email: jschmidt@sjnacademies.org

