

# Flambeau Cross Country Invitational Meet

Date/Schedule Saturday, September 24, 2022

9:00 a.m. - Course Opens for Warm-ups  
10:00 p.m. - Coaches Meeting near the Finish Area  
10:30 a.m. - 5000m High School Girl's Race  
11:00 a.m. - 5000m High School Boy's Race  
11:30 p.m. - 2500m Middle School Race

REGISTRATION – PTTIMING - <https://pttiming.com/event.php?mid=1121&pt=schedule>

**Awards Ceremony** – After the conclusion of the Middle School race

**Location** Rock Rally Ground Glen Flora, W4335 Town Line Rd, Glen Flora, WI 54526

**Concessions:** Will be provided by the Flambeau Booster Club

**Entry Fee \$100** - Please make checks payable to: Flambeau School District

Please send checks to FHS / Attn: Todd Roehl Co-AD. / N4541 Cty. I Tony, WI 54563

**Entries- OPENS SEPT. 15<sup>TH</sup>** - Please submit your roster on Mile Split through PTtiming @ <https://pttiming.com/event.php?mid=1121&pt=schedule>

**Teams Competing:** Flambeau, Birchwood/Winter, Bruce, Cadott, Chequamegon, Clear Lake, New Auburn, Cornell, Lake Holcombe, Washburn, Drummond, Flambeau,

**Awards** Medals will be given to the Top 10 finishers in each race. Championship Trophy to the winning teams in High School races.

## **Parking-**

First Aid An athletic trainer should be on site

Weather If shelter needs to be taken due to lightning or other weather conditions, we will go into the buses.

**Rest Rooms** Available at the Restroom near the start/finish area

Course Description The course is run on Rock Rally Fairgrounds in Glen Flora, WI. It is mostly flat and spectator friendly.

**Team camps** should be set up behind the Restroom area.

Please have a coach from your team available to assist your athletes at the finish line if needed. There will NOT be workers there to assist runners as they finish.

NO PETS (WIAA Rule) - Anyone with a pet will be told to put their pet in their vehicle. Please inform your parents.

**Questions** Contact Todd Roehl @ [todd.roehl@flambeauschools.org](mailto:todd.roehl@flambeauschools.org)