

UW Oshkosh Early Bird Invite
Saturday, December 10th, 2022
Kolf Sports Center

Entry Procedure: Entries will be done online *ONLY* – Please do not fax or call with entries.

[http: directathletics.com](http://directathletics.com)

Online entry procedure:

- Please use reasonable and/or fair entry marks. Can be used from TFRRS indoor season
- For freshman enter no time or provide fair indoor marks. (i.e. No outdoor 200m PR's)
- Enter 0.0 for any “no measure” or “no time” performances
- Additions/changes may not be made after **entries are closed**

Entry Fee:

\$300 for Men's team

\$300 for Women's team (or \$30 per student athlete, not to exceed \$300 per team/gender)

\$20 for unattached individuals

Cash or institutional check-payable to *UW Oshkosh Track & Field*; no personal checks

Entry Deadline: Wednesday, December 7th at 11:59PM

Weigh-in: All implements must be weighed prior to competition @ competition venue.

Illegal implements will be impounded – pick up after event ends.

Weigh-in time: 10:20am-11:20am

200m Declaration: All 200m runners must declare before start of MENS 800m.

Finals: Field events – 9 advance to finals; 60m/60 Hurdles – 8 advance to finals

Exhibition athletes, if competing, WILL NOT be eligible for Finals

Scoring: Individuals: 10-8-6-5-4-3-2-1

Relays: 10-8-6-5-4-3-2-1 (one relay per institution shall score)

Starting Heights: will be determined morning of the competition

*Please make sure your team camps are compact on the infield and out of the way of the competitive areas. **No spikes allowed on green tarp on infield.***

If you have any questions, please contact – Justin Kinseth at 929-424-7134 / kinsethj@uwosh.edu

****Please take note of our special collection drives to serve those in need during the Holiday Season.**

UWO Early Bird Invite

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TIME SCHEDULE

WE WILL START AT THE TIMES LISTED BELOW

WE WILL NOT RUN AHEAD

TRACK EVENTS:

11:30am 3000m Run
 60 Hurdle Prelim (women first, men second)
 60 Meter Prelim
 Mile Run
 400m Dash
 60m Hurdle Final (men first, women second)
 60 Meter Final
 (200m declaration BEFORE men's 800m start)
 800m Run
 200m Dash
 5000m Run
 4x400m Relay ***4:10pm projected/goal start time***

- Women will race first in all track events.

FIELD EVENTS:

11:30 Pole Vault Women THEN Men
11:30 Long Jump Women AND Men (two runways W inside pit/M outside pit)
 Triple Jump to start 20 minutes after completion of Long Jump
12:30 High Jump Women THEN Men
11:30 Women's SHOT and Men WEIGHT THROW
 Women's WEIGHT THROW After SHOT and Men's SHOT after WEIGHT
THROW

Throwing events will take place downstairs in Gym A and Gym B. All throwing events are contested on wooden rings. We will run 2 rings at once unless adjusted due to number of entries