

## 46th Annual Jim Duncan Invitational - 4/14/2023

**Drake Stadium**  
**Drake University - Des Moines, IA**  
**Results - Friday**

**Event 37 Men Shot Put**

Name	Yr	School	Finals
<b>Finals</b>			
1	Elijah Barnes	SR Iowa	18.04m
1	Dominick Etherington	SR South Dakota	17.96m
2	Quintin Lyons	JR Iowa	17.51m
4	Mykolas Salominas	SR St. Ambrose	16.78m
5	Wyatt Seagren	SO South Dakota	16.27m
6	Tommy Kucera	JR Minnesota St	15.96m
7	Chase Snyder	FR Minot State	15.89m
8	Jonah Wilson	JR St. Ambrose	15.68m
9	Jacob Morris	JR Truman	15.51m
10	Niles Siefken	SR Grand View	14.61m
11	Alec Seifert	SR St. Ambrose	14.58m
12	Brogan Seier	FR South Dakota	14.37m
13	Eli Bicek	JR Minnesota-Du	13.57m

**Event 17 Women Shot Put**

Name	Yr	School	Finals
<b>Finals</b>			
1	Kat Moody	JR Iowa	16.78m
2	Chandler Haight	JR Drake	15.66m
3	Jamie Kofron	JR Iowa	14.69m
4	Ianna Roach	JR Iowa	14.43m
5	Emma Callahan	FR Iowa	13.88m
6	Ellie Weltha	SR Truman	13.86m
7	Sarah Byrd	FR Northern Iow	13.84m
8	Annah Miller	JR St. Ambrose	13.55m
9	Allison Flanscha	JR Northern Iow	13.11m
10	Mony Johnson	FR Minnesota St	13.08m
11	Amanda Pettersson	FR South Dakota	12.97m
12	Meghan Hettinga	SR South Dakota	12.96m
13	Paige Haakenson	SO South Dakota	12.30m
14	Molly Venteicher	SO Southwestern	12.26m
---	Madison Green	JR Grand View	FOUL
---	Abbi Stafslie-Dumale	SR Minnesota St	FOUL

**Event 18 Women Discus Throw**

Name	Yr	School	Finals
<b>Finals</b>			
1	Kat Moody	JR Iowa	54.32m
2	Chandler Haight	JR Drake	47.69m
3	Jamie Kofron	JR Iowa	47.21m
4	Madison Green	JR Grand View	47.17m
5	Annah Miller	JR St. Ambrose	47.03m
6	True Thorne	JR South Dakota	44.62m
7	Ellie Weltha	SR Truman	42.12m
8	Phoebe Burt	SO William Penn	40.01m
9	Alivia Bauer	JR Iowa	38.85m
10	Ilyiah Moore	JR Grand View	37.53m
11	Marianne Robin	SR South Dakota	37.31m
12	Ava Conrad	SO Grand View	35.41m
13	April Czarnecki	SR Grand View	34.82m
14	Amanda Pettersson	FR South Dakota	34.32m

15	Meghan Hettinga	SR South Dakota	31.54m
---	Emma Joens	NA Unat-Norther	FOUL

**Event 38 Men Discus Throw**

Name	Yr	School	Finals
<b>Finals</b>			
1	Jordan Johnson	JR Iowa	59.27m
2	Adam Phillips	SO Drake	56.19m
3	Jacob Morris	JR Truman	55.73m
4	Ethan Fischer	FR South Dakota	52.83m
5	Sam Carpenter	FR Drake	52.70m
6	Wyatt Seagren	SO South Dakota	52.44m
7	Austin Jentz	JR Drake	51.69m
8	Sebastian Swistak	JR Northern Iow	49.39m
9	Niles Siefken	SR Grand View	49.07m
10	Mykolas Salominas	SR St. Ambrose	46.83m
11	Chase Snyder	FR Minot State	44.66m
12	Noah Jessup	FR South Dakota	44.47m
13	Justice Miller	SO Grand View	44.19m
14	Carson Lienau	FR Northern Iow	44.01m
15	Eli Bicek	JR Minnesota-Du	42.20m
16	Jonah Wilson	JR St. Ambrose	37.95m

**Event 16 Women Triple Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1	Annie Wendt	SR South Dakota	11.96m 1.9
2	Emma Smith	JR South Dakota	11.21m 6.9
3	Sydney Mouw	JR South Dakota	10.87m 4.7
4	Jaci Newman	SO Minnesota St	10.70m 3.0
5	Shae Campbell	JR South Dakota	10.60m 1.1
6	Cameron Brinkman	JR South Dakota	10.53m +0.0
7	Molly Kahl	SO Minnesota St	10.39m 1.7
8	Emily Jones	SO Minnesota-Du	10.18m 2.2
9	Caitlin Skellenger	FR Minnesota St	10.13m 2.6
10	Alexis Andersen	FR St. Ambrose	9.92m 3.9
11	Kenzy Kellum	JR Minot State	9.32m 2.5
---	Liliana Olsen	SR St. Ambrose	FOUL

**Event 36 Men Triple Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1	Lorenzo Jones	JR Minnesota St	15.11m 2.7
2	Will Heydt	FR Minnesota-Du	13.85m 2.9
3	Camden Combs	FR Minnesota St	13.71m 1.8
4	Connor Clayton	SR Augustana (S	13.53m 2.5
5	Anthony Borom	FR Minnesota St	13.40m 3.6
6	Matthew Sebersson	SO North Iowa A	12.92m 3.5
7	Abu Kemokai	FR Southwestern	11.85m 1.9
8	Joseph Vollmer	FR St. Ambrose	11.66m 2.7
---	Keagan Anderson	JR St. Ambrose	FOUL
---	Rayvon Wright	SO Iowa Central	FOUL

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**Event 14 Women Pole Vault****Progressions:**

Name	Yr	School	Finals
<b>Finals</b>			
1		Jacqueline Williams	Unattached 3.95m
2	SO	Paige Bauer	Minnesota St 3.65m
3	SR	Isabelle Holtzen	Northern Iow 3.50m
3	SO	Alivia Silvestri	Northern Iow 3.50m
5	FR	Ryleigh Warden	St. Ambrose 3.20m
6	FR	Libby Lommel	Minnesota-Du 3.05m
6	FR	Jenna Sikel	Minnesota St 3.05m
8	SO	Logan Kuskie	Minnesota St 3.05m
8	JR	Micah Zaemisch	Minnesota St 3.05m
10	FR	Kate Surwillo	St. Ambrose 2.90m
10	SO	Sabrina Segar	Minnesota-Du 2.90m
12	SR	Greta Johnson	South Dakota 2.90m
---	SO	Madyson Johnstone	Minnesota St NH
---	SR	Tara Ryan	St. Ambrose NH

**Event 34 Men Pole Vault****Progressions:**

Name	Yr	School	Finals
<b>Finals</b>			
1	SO	Brendan Safley	Northern Iow 5.06m
2	JR	Alex Berg	Minnesota St 4.80m
3	FR	Joshua Mottet	St. Ambrose 4.50m
4	SO	Jed Hansen	Minnesota St 4.50m
5	FR	Austin Frank	Minnesota St 4.50m
6	SO	Brody Klein	Central Coll 4.35m
7	FR	Keaten Griffen	William Penn 4.20m
8	SO	Lucas Heitz	Central Coll 4.05m
9	JR	Kelly Hoskins	Truman 4.05m
10	FR	Justin Bowers	St. Ambrose 3.90m
---	JR	Isaac Mojica	St. Ambrose NH
---	JR	Aaron Sobush	Northern Iow NH
---	FR	Baden Bastian	Minnesota-Du NH
---	JR	Nate Long	St. Ambrose NH

**Event 33 Men High Jump****Progressions:**

Name	Yr	School	Finals
<b>Finals</b>			
1	SO	Aiden Buendorf	Minnesota St 2.09m
2	SO	Sam Beatty	Central Coll 2.00m
3	FR	Fabian Steene	North Iowa A 1.95m
4	FR	Jaden Johnson	Minnesota-Du 1.95m
5	SO	Jacob Ziebarth	Minnesota St 1.90m
6	FR	Jory Peters	Minnesota St 1.90m
7	SR	Caleb Cowles	Minnesota St 1.85m
8	FR	Jayton Poole	Grand View 1.85m
8	JR	Ethan Peters	Northern Iow 1.85m
8	SO	Rayvon Wright	Iowa Central 1.85m
11	FR	Brody Lovell	Northern Iow 1.85m
12	FR	Matthew Benedict	Hawkeye CC 1.85m

13	SO	Luke Oberleitner	Minnesota-Du 1.80m
14	FR	Nathan Black	Grand View 1.75m

**Event 13 Women High Jump****Progressions:**

Name	Yr	School	Finals
<b>Finals</b>			
1	JR	Rylie Todd	Northern Iow 1.67m
2	FR	Katy Stephens	Northern Iow 1.67m
3	FR	Jade Hunter	Iowa 1.67m
4	FR	Ella Meeuwssen	Iowa 1.67m
5	FR	Jordan Stoddard	South Dakota 1.64m
6	SO	Olivia Solis	Minnesota St 1.64m
7	SR	Teya Langston	Minnesota St 1.64m
8	FR	Hadley Carlson	South Dakota 1.60m
9	JR	Bryn London	Minnesota-Du 1.55m
10	SO	Kylee Sallee	Augustana (S 1.55m
11	JR	Morgan Johnk	Northern Iow 1.50m
12	SO	Emily Jones	Minnesota-Du 1.45m

**Event 11 Women 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1	Iowa	46.29
	1) Mytika Mayberry SO	2) Brynley McDermott SO
	3) Julia Pattison FR	4) Katie Petersen JR
2	Augustana (S.D.)	47.30
	1) Lauren Merkley FR	2) Ella Heinitz SO
	3) Lily Juhnke FR	4) Nyanas Kur SO
3	Drake	47.97
	1) Zofia Landowska SO	2) Savannah Ming SO
	3) Rutendo Mafuta SR	4) Joann Nguyen JR
4	Minnesota-Duluth	48.21
	1) Megan Gilles JR	2) Jordan Grell FR
	3) Kate Fitzgerald FR	4) Emily Anderson FR
5	Grand View	50.19
	1) Erika Canada SR	2) Anna Paul SO
	3) Karima Koko SO	4) Neomi Sidique JR

**Event 31 Men 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1	Iowa Central CC	41.18
	1) D'Quan Williams FR	2) Kumunule Gbaley SO
	3) Lawren Mitchell FR	4) Sean Folarin SO
2	Augustana (S.D.)	41.42
	1) Luke Berends SO	2) Andrew Martens SO
	3) Trent DeCook FR	4) Gavin Fischer SO
3	St. Ambrose	41.50
	1) Austin Kalar JR	2) Will Reemtsma SR
	3) Nikolas Norton FR	4) Yemi Ward FR
4	Southwestern CC	42.24
	1) Devon Marshall FR	2) Justin Cunningham SO
	3) Ben Olson FR	4) Robert Norton SO

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<b>Finals ... (Event 31 Men 4x100 Meter Relay)</b>			
<b>Team</b>	<b>Relay</b>	<b>Finals</b>	
5 Minnesota-Duluth		42.33	
	1) Josh Miley JR	2) Nicholas Westphal SO	
	3) Cole Brisbois FR	4) Bennett Nelson FR	
6 Drake		42.83	
	1) Mac Pursell JR	2) Hayden Cross FR	
	3) Will Skinner JR	4) Caleb Lerus SO	
7 St. Ambrose	B	43.81	
	1) Brandon Connors FR	2) Jeremiah Crawford FR	
	3) Donte Sibley FR	4) Andrew Olenek SR	
8 North Iowa Area CC		43.82	
	1) Perez Hemmings SO	2) Bruce Huggins FR	
	3) Mohammad Sanyang FR	4) Parker Mchone FR	
--- Grand View		DNF	
	1) Fabian Brown SO	2) Chantz Minear JR	
	3) Mason Thompson SO	4) Leo Desequeira SR	

<b>Event 5 Women 1500 Meter Run</b>			
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1 Emi Trost		Minnesota Di	4:39.31
2 Sydney Schaffer	JR	Northern Iow	4:41.80
3 Katherine Lawson	FR	Unattached	4:45.71
4 Ella Popenhagen	SO	Northern Iow	4:46.54
5 Peyton Steffen	FR	Central Coll	4:47.89
6 Abby Ryon	JR	Iowa	4:48.30
7 Sara Goodenbour	SO	Central Coll	4:50.92
8 Ellie Twedt	JR	Iowa	4:55.02
9 Abby Riley	JR	Northern Iow	4:55.22
10 Josie Bond	SO	Minnesota-Du	4:56.23
11 Madysen Klebenow	JR	Drake	4:56.73
12 Addy Parrott	SO	Central Coll	4:58.88
13 Liberty Leis	SO	Grand View	5:01.37
14 Aleah Tenpas	FR	Unattached	5:03.44
15 Kadense Dooley	FR	South Dakota	5:04.46
16 Lydia Lehmbeck	SO	Truman	5:07.84
17 Kira Almsberger	FR	Minnesota-Du	5:08.12
18 Allie Simpson	SO	Southeastern	5:09.87
19 Claire Edmondson	JR	Unattached	5:10.09
20 Kalin Rotzoll	FR	Grand View	5:14.80
21 Paige White	JR	Minnesota St	5:15.77
22 Elizabeth Hele	SR	William Penn	5:23.18
23 Reese Howard	SR	Truman	5:24.43
24 Olivia Anderson	FR	Minnesota St	5:24.75
25 Bryce Gidel	JR	Iowa	5:25.77
26 Alexandra Bragg	SR	Minnesota-Du	5:27.26
27 Madelin Bruessel	SO	Minnesota St	5:31.44
28 Brooklyn Moehle	FR	Southeastern	5:38.79
29 Emma Ward	JR	Minnesota St	5:40.61
30 Emma Schultz	FR	Truman	5:42.99
31 Rileigh Fortune	SO	St. Ambrose	5:48.00
32 Maddie Tieskotter	FR	Hawkeye CC	5:58.70
33 Jayne Eilderts	JR	St. Ambrose	6:26.21
34 Rylee McCrery	JR	St. Ambrose	6:41.41

<b>Event 25 Men 1500 Meter Run</b>				
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>	
<b>Finals</b>				
1 Juan Trasobares	FR	Drake	3:54.59	
2 Adam Sylvia	SO	Central Coll	3:55.76	
3 Keveroy Venson	NA	Unat-Indian	3:56.87	
4 Aidan Simon	FR	Drake	3:58.14	
5 Owen Dickenson	JR	Minnesota-Du	4:00.02	
6 Noah Jorgenson	SO	Central Coll	4:00.83	
7 Nathan Notgrass	JR	South Dakota	4:01.41	
8 Chase Knoche	SO	Northern Iow	4:01.90	
9 Chase Oates	FR	Southwestern	4:03.03	
10 Evan AuBuchon	SO	Truman	4:03.28	
11 Bryson Canton	FR	North Iowa A	4:06.72	
12 David Holesinger	SO	Northern Iow	4:08.60	
13 Brandon Williams	SO	William Penn	4:09.07	
14 Leif Larsen	SO	Minnesota St	4:09.96	
15 Gavin Hill	FR	Truman	4:10.13	
16 Ben DeValk	SO	Central Coll	4:10.69	
17 Mikey Kvaal	JR	Minnesota-Du	4:10.87	
18 Ahren Davis	SR	Grand View	4:11.16	
19 Caden Speikers	JR	Minnesota St	4:11.30	
20 Caeden Johnson	FR	Unattached	4:11.46	
21 Jonah Heckenberg	SO	William Penn	4:12.03	
22 Andrew Boyum	FR	Iowa Central	4:12.56	
23 Casey McMahan	SO	Minot State	4:13.76	
24 Tyler Lee	FR	Minnesota St	4:14.60	
25 Ryan Gustafson	FR	Truman	4:14.84	
26 Vasant Fong	SO	Drake	4:15.15	
27 Cooper Greenslade	FR	Unattached	4:16.66	
28 Chris Miserendino	FR	St. Ambrose	4:16.80	
29 Nathan Boleyn	SO	St. Ambrose	4:17.08	
30 Yoni Neyshtadt	FR	Minot State	4:19.32	
31 Jacob Vais	FR	North Iowa A	4:20.26	
32 Ethan Varvelo	SO	William Penn	4:21.94	
33 Sam Kallaos	FR	Truman	4:22.46	
34 Alfred Kiptoo	SO	North Iowa A	4:22.85	
35 Jake Lewis	SO	Iowa Central	4:22.91	
36 Isaac Hartman	SO	Unattached	4:26.12	
37 Vlad Starrett	FR	North Iowa A	4:26.96	
38 Brooks Julian	FR	Southeastern	4:27.85	
39 Kevin Chaney	FR	St. Ambrose	4:30.49	
40 Matthew Todd	FR	Minot State	4:42.48	
41 Kory Sweeney	FR	Hawkeye CC	4:44.91	
42 Gavin Stalzer	FR	Iowa Central	4:51.90	
43 Bryce Grissom	FR	Hawkeye CC	5:08.06	

<b>Event 9 Women 100 Meter Hurdles</b>				
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>	
<b>Finals</b>				
1 Lyric Brennen	SO	Minnesota St	15.50	-4.3
2 Kelly Proesch	SO	Northern Iow	15.65	-4.3
3 Jade Jackson	SO	Iowa Central	16.01	-3.8
4 Darci Wiseman	FR	Northern Iow	16.01	-6.8

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**Finals ... (Event 9 Women 100 Meter Hurdles)**

Name	Yr	School	Finals
5 Miranda Lauvstad	FR	Minnesota St	16.02 -4.3
6 Abigail Frey	FR	Iowa Central	16.20 -3.8
7 Bryn London	JR	Minnesota-Du	16.27 -3.8
8 Cora Andersen	JR	Minnesota St	16.27 -3.8
9 Lydia Berns-Schweingrube	JR	Northern Iow	16.41 -3.8
10 Kylee Sallee	SO	Augustana (S	16.58 -3.8
11 Katy Stephens	FR	Northern Iow	16.91 -6.8
12 Emmaline Nau		Unattached	17.19 -6.8
13 Lillian Orf	FR	Minnesota St	17.25 -4.2
14 Mya Moore	JR	Grand View	17.38 -4.3
15 Kallie Mincks	FR	Hawkeye CC	17.39 -4.2
16 Amanda Lietz	JR	Northern Iow	17.55 -4.2
17 Layla Harris	SO	William Penn	17.78 -6.8
18 Tara Backhaus	FR	North Iowa A	17.86 -4.2
19 Jacqi Rae	JR	Minnesota-Du	18.18 -4.2
20 Cassidy Boord	JR	Truman	18.20 -4.2
21 Carlie Hoppe	SO	Hawkeye CC	18.47 -4.2
22 Melanie Marks	FR	Minnesota St	19.77 -4.2
--- Ana Ashworth	FR	Minnesota St	DNF -3.8
--- Alexa Post	FR	Minnesota St	DNF -3.8

**Event 19 Women Hammer Throw**

Name	Yr	School	Finals
1 Nia Britt		Unattached	64.64m
2 Amanda Howe	SR	Iowa	63.46m
3 Centaine Noom-Duckwort	SO	Drake	56.16m
4 Madison Green	JR	Grand View	53.82m
5 Alivia Bauer	JR	Iowa	49.74m
6 Marianne Robin	SR	South Dakota	49.18m
7 Wisdom Williams	FR	Unattached	47.67m
8 Chinemerem Iwuagwu	FR	Drake	47.22m
9 Iliyah Moore	JR	Grand View	44.25m
10 Mackenzie Peterson	FR	Minnesota St	43.79m
11 April Czarnecki	SR	Grand View	43.28m
12 Kayce Gielski	SR	Minnesota-Du	43.20m
13 Colette Argiro	JR	St. Thomas (	42.84m
14 Ava Conrad	SO	Grand View	41.92m
15 Emma Potratz	SO	St. Thomas (	38.42m
--- Abbi Stafliien-Dumale	SR	Minnesota St	FOUL

**Event 39 Men Hammer Throw**

Name	Yr	School	Finals
1 Anthony Barmes	SO	Drake	70.53m
2 Ethan Marshall	JR	Drake	63.89m
3 Sean Smith	FR	Iowa	60.62m
4 Hunter Wallster	SO	South Dakota	59.22m
5 Jacob Morris	JR	Truman	58.74m
6 Adam Phillips	SO	Drake	58.64m
7 Jacob Baier	SO	Northern Iow	58.01m
8 Austin Jentz	JR	Drake	57.74m
9 Austin Busch	FR	Unattached	53.75m

10 Eli Bicek	JR	Minnesota-Du	50.68m
11 Dominick Etherington	SR	South Dakota	49.59m
12 Tommy Kucera	JR	Minnesota St	49.44m
13 Jasper Stottlemyer	SR	William Penn	48.93m
14 Calob Jones	SR	South Dakota	46.56m
15 Zachary Shaner	SO	Minnesota St	44.58m
16 Sam Carpenter	FR	Drake	42.25m

**Event 40 Men Javelin Throw**

Name	Yr	School	Finals
1 Mike Stein	FR	Iowa	65.01m
2 Ryan Williams	SR	Iowa	54.82m
3 Hayden Long	FR	Truman	53.53m
4 Justice Miller	SO	Grand View	49.80m
5 Conrad Schroeder	SO	Southwestern	48.29m
6 Luke Pavlat	JR	Central Coll	47.11m
7 Nicholas Westphal	SO	Minnesota-Du	45.55m
8 Colin Buch	FR	Northern Iow	43.72m
9 Ibrahim-Checkron Azariah	SR	Unattached	42.19m
10 Jacob Large	SR	Grand View	41.08m
11 Braxton Stewart	FR	Minnesota St	39.29m
12 Kyle Kucera	SR	Minnesota-Du	36.06m
13 Jonathon Hackett	FR	Southwestern	28.60m

**Event 20 Women Javelin Throw**

Name	Yr	School	Finals
1 Elizabeth Korczak	FR	Iowa	47.86m
2 Quinn Albertson	SR	Truman	40.75m
3 Natalie Telep	SR	Truman	39.23m
4 Jaylynn Martin	SR	Truman	37.40m
5 Molly Venteicher	SO	Southwestern	35.37m
6 Brianna Osterson	SO	Southwestern	34.25m
7 Kennedy Hawk	SO	Minnesota-Du	32.50m
8 Emma Decker	JR	Northern Iow	31.68m
9 Ryleigh Warden	FR	St. Ambrose	31.64m
10 Anna Paul	SO	Grand View	27.26m
11 Carlie Hoppe	SO	Hawkeye CC	26.70m
12 Taylor McCreedy	SO	Iowa Central	26.60m
13 Alexis Penning	FR	Grand View	21.58m

**Event 15 Women Long Jump**

Name	Yr	School	Finals
1 Jordan Stoddard	FR	South Dakota	5.70m 3.2
2 Kylee Sallee	SO	Augustana (S	5.69m 5.1
3 Annie Wendt	SR	South Dakota	5.67m 4.3
4 Kary Petricka	SO	Minnesota St	5.66m 3.1
5 Miranda Lauvstad	FR	Minnesota St	5.46m 1.9
6 Lindsey Root	SO	Minnesota-Du	5.41m 4.0
7 Jacqi Rae	JR	Minnesota-Du	5.32m 3.1
8 Lexie Johnson	JR	St. Ambrose	5.27m 2.3
9 Shae Campbell	JR	South Dakota	5.25m 2.9
10 Ayana Brown	JR	Drake	5.25m 4.8

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**Finals ... (Event 15 Women Long Jump)**

Name	Yr	School	Finals
11 Zofia Landowska	SO	Drake	5.06m 2.8
12 Jaci Newman	SO	Minnesota St	5.03m 5.2
13 Mia Shipley	SO	Drake	4.69m 1.4

**Event 35 Men Long Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Naishaun Jernigan	JR	Minnesota St	7.19m 3.4
2 Camden Combs	FR	Minnesota St	6.94m 5.2
3 Reece Shannon	SR	Minnesota St	6.74m 2.1
4 Ben Olson	FR	Southwestern	6.65m 2.4
5 Reid Pakkebieer	SO	Central Coll	6.64m 2.9
6 Fabian Steene	FR	North Iowa A	6.39m 3.0
7 Bennett Nelson	FR	Minnesota-Du	6.39m 0.4
8 Gannon O'Hara	FR	Hawkeye CC	6.31m 2.0
9 Trey Albert	JR	Grand View	6.20m 3.9
10 Will Heydt	FR	Minnesota-Du	6.18m 2.4
11 Matthew Seberson	SO	North Iowa A	6.07m 2.0
12 Walker Sobolik	SO	North Iowa A	6.01m NWI
13 Nathan Black	FR	Grand View	5.95m 2.9
14 Cooper Nichols	FR	Minnesota-Du	5.94m NWI

**Event 29 Men 110 Meter Hurdles**

Name	Yr	School	Finals
<b>Finals</b>			
1 Jamal Britt		Unattached	14.22 -5.4
2 Andrew Martens	SO	Augustana (S)	14.62 -1.4
3 Chantz Minear	JR	Grand View	14.87 -1.4
4 Lucas Heitz	SO	Central Coll	15.36 -1.4
5 Cyrus Ways	NA	Unat-Indian	15.37 -5.4
6 Justus Adams	SR	Minnesota St	15.41 -1.4
7 Reid Pakkebieer	SO	Central Coll	15.42 -1.4
8 Mason Thompson	SO	Grand View	15.62 -3.8
9 Zack Butcher	JR	Northern Iow	15.72 -3.8
10 Renald Pierre	JR	Minnesota St	15.79 -1.4
11 Noah Sheridan	FR	Hawkeye CC	15.82 -3.8
12 Grant Miller	FR	Central Coll	15.82 -1.4
13 Nathan Trujillo- Aragon	SO	Minot State	15.87 -5.4
14 Lucas Woodside	SO	Southeastern	15.96 -3.8
15 Gavin Smith	FR	Central Coll	15.97 -2.4
16 Sam Blomberg	FR	Minnesota-Du	16.03 -2.4
17 Hunter Manock	SO	Northern Iow	16.11 -3.8
18 Owen Petersohn	FR	Minnesota St	16.13 -3.8
19 Drew Bartels	SO	Northern Iow	16.19 -1.4
20 Nolan Clayberg	FR	Hawkeye CC	16.25 -3.8
21 Andrew Law	SO	South Dakota	16.37 -2.4
22 Parker Mchone	FR	North Iowa A	16.80 -2.4
23 Kenny Cutler	FR	Hawkeye CC	16.85 -2.4
24 Spencer Thomas	JR	Grand View	16.91 -3.8
25 Jacob Large	SR	Grand View	17.01 -2.4
26 Colin Buch	FR	Northern Iow	17.44 -5.4
27 Travis Brace	FR	Hawkeye CC	17.90 -5.4
28 Leighton Fergel	FR	Minot State	18.14 -5.4

29 Kyle Kucera SR Minnesota-Du 19.60 -2.4

**Event 3 Women 400 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Jaiya Patillo		Unattached	54.96
2 Rose Gaye	SR	Minnesota St	56.74
3 Mitzi Evans	FR	Unattached	57.10
4 Gabbi Butler	JR	St. Ambrose	57.15
5 Gabby Cortez		Unattached	57.42
6 Rachel Boelke	JR	Minnesota-Du	57.90
7 Grace Hambel	FR	Minnesota St	58.38
8 Elizabeth Schmidt	SO	Minnesota St	58.54
9 Emily Rystrom	SO	South Dakota	58.75
10 Iris Hertting	SR	Drake	59.24
11 Sophia Jungling	SO	Northern Iow	59.38
12 Jordan Gallentine	SO	Hawkeye CC	59.62
13 Dyashia Colvin	SR	Minnesota St	59.66
14 Jessica Boekelheide	FR	South Dakota	59.67
15 Alayna Pipkin	SR	Truman	59.70
16 Raina Baker	FR	Truman	59.76
17 Megan Jansett	SR	St. Ambrose	59.89
18 Amaiya Barnes	SO	Minnesota St	1:00.60
19 Kate Fitzgerald	FR	Minnesota-Du	1:00.84
20 Neomi Sidique	JR	Grand View	1:02.55
21 Kendall Dascher	JR	Truman	1:02.79
22 Emily Beckmann	SR	Minnesota St	1:03.25
23 Summer Krebsbach	FR	Minot State	1:04.03
24 Jadie Knecht	JR	St. Ambrose	1:04.20
25 Alise Simon	FR	William Penn	1:04.27
26 Audrey Neuerburg-Chapm	SO	Minnesota-Du	1:04.48
27 Katyrra Peck	FR	North Iowa A	1:04.99
28 Carissa Mackey	FR	Southeastern	1:05.22
29 Aiyanna Campbell	SO	William Penn	1:05.59
30 Victoria Perales	FR	Grand View	1:06.78
31 Karima Koko	SO	Grand View	1:07.61
--- Caroline Benfeldt-Sorensen	FR	Northern Iow	DNF

**Event 23 Men 400 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Rob Iron Shell	SR	Sioux City T	47.59
2 Blake Osborn	SO	Hawkeye CC	49.00
3 Marvin Dure	SO	Minnesota St	49.64
4 Devontae Daley	FR	Minot State	49.73
5 Everett Steward	SO	Iowa	50.11
6 Kudra Nzibariza	SO	South Dakota	50.41
7 Brigham Daniel	SO	Hawkeye CC	50.73
8 Sean Knockel	FR	Hawkeye CC	50.85
9 Leo Desequeira	SR	Grand View	50.91
10 Kyler Bade	SO	Minnesota St	51.08
11 Kaden Miller	FR	Hawkeye CC	51.12
12 Thomas Rosengren	FR	Minnesota St	51.20
13 Jonathon Hackett	FR	Southwestern	51.26
14 Robert Norton	SO	Southwestern	51.41

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**Finals ... (Event 23 Men 400 Meter Dash)**

Name	Yr	School	Finals
15 Sal Capaldo	FR	Unattached	51.47
16 Anthony Bradley	SO	Drake	51.53
17 Jed Dooyema	JR	Augustana (S	51.56
18 Jeron Shaw	FR	Hawkeye CC	51.64
19 Dyer Jarabek	JR	Drake	51.67
20 Damian Nino	SO	Minot State	51.74
21 Deylin Chandler	SO	Drake	51.77
22 Alexander Croston	SO	Minnesota-Du	51.91
23 Colter Johnson	FR	Augustana (S	52.10
24 Hugo Massa	FR	North Iowa A	52.10
25 Ardadi Adum	FR	Grand View	52.13
26 Isaac Davis	JR	Grand View	52.36
27 Jaden Loveless	SO	William Penn	52.51
28 AJ Josephson	FR	South Dakota	52.80
29 Jaylan Brown	SO	Minot State	53.08
30 Bereket Loer	JR	Minnesota-Du	53.18
31 Braxton Stewart	FR	Minnesota St	53.25
32 Anthony Mootry II	FR	Drake	54.99
33 Walker Sobolik	SO	North Iowa A	55.05

**Event 1 Women 100 Meter Dash**

Name	Yr	School	Finals
1 Nyanas Kur	SO	Augustana (S	12.16 -3.3
2 Savannah Ming	SO	Drake	12.36 -3.3
3 Mytika Mayberry	SO	Iowa	12.62 -3.3
4 Olivia Hubler	SR	Northern Iow	12.65 -0.6
5 Rutendo Mafuta	SR	Drake	12.66 -0.6
6 Lily Juhnke	FR	Augustana (S	12.67 -3.3
7 Eva Van De Mortel	SO	Northern Iow	12.69 -1.5
8 Queanna Taylor	FR	Iowa Central	12.71 -3.3
9 Lindsey Sires	SO	Northern Iow	12.82 -0.6
10 Caitlyn Jones	JR	Minnesota St	12.85 -3.3
11 Emily Anderson	FR	Minnesota-Du	12.89 -0.6
12 Erin Kerkhoff	JR	Northern Iow	12.92 -3.3
13 Auriona Kimbrough	JR	Northern Iow	12.95 -0.6
14 Ella Heinitz	SO	Augustana (S	12.98 -0.6
15 Zofia Landowska	SO	Drake	12.99 -3.3
16 Mia Shipley	SO	Drake	13.13 -1.5
17 Mercy Zelee	SO	Minnesota St	13.22 -1.5
18 Lauren Merkle	FR	Augustana (S	13.22 -3.3
19 Erika Canada	SR	Grand View	13.25 -3.3
20 Tiffany Kolb	FR	Minnesota St	13.25 -3.3
21 Teagan Ramboldt	FR	Minnesota St	13.30 -3.3
22 Paige Crippes	SO	St. Ambrose	13.40 -0.6
23 Ayana Brown	JR	Drake	13.71 -3.3

**Event 21 Men 100 Meter Dash**

Name	Yr	School	Finals
1 Justin Cunningham	SO	Southwestern	10.91 -4.2
2 Steven Marks	SO	Minnesota St	11.13 -4.2
3 Prince Nti	JR	Minnesota St	11.14 -4.2

4 Armando Colome	SO	Minnesota St	11.15 -4.2
5 D'Quan Williams	FR	Iowa Central	11.19 -3.1
6 Nicholas Sharma	JR	Minnesota St	11.23 -4.2
7 Yemi Ward	FR	St. Ambrose	11.25 -4.6
8 Titus Jackson	JR	Northern Iow	11.37 -3.1
9 Zhimarlas Johnson jr.	SO	Minnesota St	11.38 -4.2
10 Cole Brisbois	FR	Minnesota-Du	11.43 -3.1
11 Gavin Fischer	SO	Augustana (S	11.47 -4.2
12 Sean Folarin	SO	Iowa Central	11.47 -1.3
13 Ty Kadlec	FR	South Dakota	11.48 -3.1
14 Jon Shaner	SO	Minnesota St	11.52 -3.1
15 Daniel Attoh	JR	Minnesota St	11.55 -4.2
16 River Patterson	FR	Northern Iow	11.65 -1.3
17 Cooper Doolin	SO	Truman	11.66 -3.1
18 Trent DeCook	FR	Augustana (S	11.68 -1.3
19 Gannon O'Hara	FR	Hawkeye CC	11.72 -1.3
20 Carter Even	FR	Hawkeye CC	11.73 -4.6
21 Caden Plasier	FR	South Dakota	11.73 -4.6
22 Johnny Fisher	FR	William Penn	11.83 -1.3
23 Perez Hemmings	SO	North Iowa A	11.84 -1.3
24 Mac Pursell	JR	Drake	12.16 -4.6
25 Will Skinner	JR	Drake	12.20 -4.6
26 Ezekial Turner		Unattached	12.41 -4.6

**Event 4 Women 800 Meter Run**

Name	Yr	School	Finals
1 Francine Seidel	JR	Minnesota-Du	2:15.60
2 Caroline Sudbeck	JR	Augustana (S	2:16.19
3 Reagan Janzen		Lrc Nebraska	2:16.46
4 Haleigh Reindl	SR	Minnesota-Du	2:16.93
5 Paige Holub	SR	Northern Iow	2:18.32
6 Gracie Shannon	SO	Drake	2:19.85
7 Alaina Steele	JR	Minnesota-Du	2:22.13
8 Kaylin Lacher	FR	Northern Iow	2:22.28
9 Liv Freund	SO	Northern Iow	2:23.43
10 Marissa Ellenbecker	JR	Minnesota St	2:23.94
11 Kennedy Speer	FR	Minnesota St	2:24.25
12 Makayla Bishop	SO	Minnesota St	2:24.50
13 Nina Dawson	FR	South Dakota	2:25.07
14 Lily Johannes		Unattached	2:25.73
15 Kyleigh Foster	FR	St. Ambrose	2:30.83
16 Meghan Coulter	SO	Drake	2:31.27
17 Grace Schaefer	SO	Northern Iow	2:31.68
18 Maia Italia	SO	Drake	2:32.34
19 Faith Neeley	FR	Grand View	2:33.71
20 Molly Bies	SO	Truman	2:35.45
21 Vanessa Lee	SO	Drake	2:37.17
--- Claire Edmondson	JR	Unattached	DNF

**Event 24 Men 800 Meter Run**

Name	Yr	School	Finals
1 Ben Schmied	SR	Minnesota St	1:53.77
2 Carter Huyser	SR	Grand View	1:54.10

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**Finals ... (Event 24 Men 800 Meter Run)**

Name	Yr	School	Finals
3 Seth Simonson	SR	Drake	1:54.82
4 Yiech Pur Biel	SR	Drake	1:54.89
5 Kon Dut	NA	Unat-Norther	1:55.40
6 Jack Burns	JR	Drake	1:55.56
7 Isaiah Wittrock	SR	Grand View	1:56.78
8 Jayden Dickson	NA	Unat-Norther	1:56.90
9 Brett Wasick	FR	Unattached	1:57.68
10 Chase Mullenix	SO	Hawkeye CC	1:57.72
11 Adam Sylvia	SO	Central Coll	1:57.76
12 Nicolas Thompson	FR	Grand View	1:58.12
13 Jordan Gruenes	JR	Minnesota-Du	1:58.17
14 Derek Leicht	FR	Unattached	1:58.76
15 Finn Youberg	SO	Minnesota-Du	1:58.89
16 Andrew Moeller	JR	South Dakota	1:59.24
17 Eli Ward	JR	Unattached	1:59.49
18 Kal Lewis	JR	Unattached	2:00.95
19 Maquanet Collins	JR	Minnesota St	2:01.44
20 Karson Kleve	NA	Unat-Norther	2:02.28
21 Caeden Johnson	FR	Unattached	2:07.85

**Event 10 Women 400 Meter Hurdles**

Name	Yr	School	Finals
<b>Finals</b>			
1 Busiwa Asinga	SR	Drake	1:02.66
2 Madison Bunton	SO	Drake	1:03.42
3 Ellie Rickertsen	FR	Iowa	1:04.41
4 Anna Winterrowd	SO	Northern Iow	1:04.49
5 Laura Bogue	SO	South Dakota	1:04.90
6 Megan Gilles	JR	Minnesota-Du	1:04.94
7 Abby Hughes	FR	South Dakota	1:06.94
8 Abigail Frey	FR	Iowa Central	1:07.05
9 Millie Hill	SO	Northern Iow	1:07.41
10 Clare Basala	JR	Northern Iow	1:10.19
11 Emmaline Nau		Unattached	1:12.19
12 Audrey Gilmore	JR	Truman	1:12.92
13 Tiffany Woerdehoff	FR	Northern Iow	1:15.44
--- Emma Borowicz	SO	Minnesota St	DNF

**Event 30 Men 400 Meter Hurdles**

Name	Yr	School	Finals
<b>Finals</b>			
1 Will Reemtsma	SR	St. Ambrose	52.03
2 Cyrus Ways	NA	Unat-Indian	53.47
3 Nathan Trujillo- Aragon	SO	Minot State	54.55
4 Tyler Miller	SR	Grand View	55.04
5 Bill Mukhtar	SO	Northern Iow	55.10
6 Josiah Kliment	FR	North Iowa A	55.52
7 Isaac Vaske	SO	Northern Iow	55.85
8 Noah Sheridan	FR	Hawkeye CC	55.86
9 Jack Raverty	FR	Minnesota St	56.38
10 Owen Petersohn	FR	Minnesota St	56.70
11 Chance Swenson	FR	Minnesota St	57.15
12 Brody Lovell	FR	Northern Iow	57.30

13 Alex Hastings	FR	Iowa Central	57.68
14 Grant Rickertsen	SO	Northern Iow	57.89
15 Kenny Cutler	FR	Hawkeye CC	58.11
16 Chantz Minear	JR	Grand View	58.36

**Event 2 Women 200 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Emily Vos	SR	Northern Iow	24.59 -1.2
2 Julia Pattison	FR	Iowa	24.79 -1.2
3 Norah D'Almeida	FR	Minnesota St	25.52 -1.7
4 Tyler Gray	JR	Northern Iow	25.69 -1.7
5 Laney Fitzpatrick	SO	Unattached	25.73 -1.2
6 Lily Juhnke	FR	Augustana (S	25.73 -1.2
7 Gabby Cortez		Unattached	25.82 -1.2
8 Olivia Hubler	SR	Northern Iow	25.86 -1.7
9 Auriona Kimbrough	JR	Northern Iow	25.97 -1.7
10 Queanna Taylor	FR	Iowa Central	25.98 -1.6
11 Erin Kerkhoff	JR	Northern Iow	25.98 -4.1
12 Eva Van De Mortel	SO	Northern Iow	26.26 -2.5
13 Lindsey Sires	SO	Northern Iow	26.33 -1.6
14 Gabbi Butler	JR	St. Ambrose	26.46 -1.6
15 Darci Wiseman	FR	Northern Iow	26.53 -1.6
16 Jessica Boekelheide	FR	South Dakota	26.61 -2.5
17 Mytika Mayberry	SO	Iowa	26.61 -1.7
18 Mitzi Evans	FR	Unattached	26.68 -1.2
19 Joann Nguyen	JR	Drake	26.78 -2.5
20 Emily Rystrom	SO	South Dakota	26.87 -4.1
21 Lexie Johnson	JR	St. Ambrose	26.90 -1.6
22 Caitlyn Jones	JR	Minnesota St	27.09 -4.1
23 Teagan Ramboldt	FR	Minnesota St	27.15 -4.1
24 Raina Baker	FR	Truman	27.15 -2.5
25 Dyashia Colvin	SR	Minnesota St	27.54 -4.1
26 Neomi Sidique	JR	Grand View	27.73 -4.1
27 Mattie Janssen	SO	Hawkeye CC	28.05 -4.1
28 Paige Crippes	SO	St. Ambrose	28.23 -1.6

**Event 22 Men 200 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Kumunule Gbaley	SO	Iowa Central	21.96 -2.0
2 Justin Cunningham	SO	Southwestern	22.04 -2.1
3 Kudra Nzibariza	SO	South Dakota	22.49 -2.1
4 Kaden Emanuel	NA	Unat-Norther	22.74 -2.1
5 Trent DeCook	FR	Augustana (S	22.74 -2.1
6 Lucas Woodside	SO	Southeastern	22.76 -3.5
7 River Patterson	FR	Northern Iow	22.97 -2.1
8 Fabian Brown	SO	Grand View	23.19 -3.5
9 Ty Kadlec	FR	South Dakota	23.24 -2.1
10 Jon Shaner	SO	Minnesota St	23.27 -3.9
11 Johnny Fisher	FR	William Penn	23.30 -2.1
12 Jeron Shaw	FR	Hawkeye CC	23.32 -2.0
13 Brock Unger	FR	Minnesota St	23.34 -3.5
14 Renald Pierre	JR	Minnesota St	23.41 -3.9
15 Drew Bartels	SO	Northern Iow	23.50 -3.5

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**Finals ... (Event 22 Men 200 Meter Dash)**

Name	Yr	School	Finals
16 Anthony Bradley	SO	Drake	23.63 -3.5
17 Ted Rogers	JR	Minnesota-Du	23.64 -3.5
18 Hunter Manock	SO	Northern Iow	23.67 -3.5
19 Damian Nino	SO	Minot State	23.68 -3.5
20 Caden Plasier	FR	South Dakota	23.83 -3.9
21 Will Skinner	JR	Drake	23.97 -3.9
22 Dyer Jarabek	JR	Drake	24.34 -3.5
23 Anthony Mootry II	FR	Drake	24.54 -3.5
24 Zhimarlas Johnson jr.	SO	Minnesota St	24.61 -2.1
25 Ibrahim-Checkron Azariah	SR	Unattached	24.79 -3.5
26 Mac Pursell	JR	Drake	24.92 -3.9

**Event 7 Women 5000 Meter Run**

Name	Yr	School	Finals
1 Emma Hoins	SO	Northern Iow	17:47.19
2 Rowan Boulter	FR	Unattached	17:58.73
3 Lauryn Renier	JR	Minnesota-Du	18:20.98
4 Mia Rampton	SR	Northern Iow	18:23.33
5 Breanna Mathes	FR	Truman	18:46.50
6 Eve Anderson	SO	Minnesota-Du	18:52.22
7 Bridget Henne	JR	South Dakota	19:00.99
8 Kaitlin Knape	SO	Unattached	19:07.12
9 Madison Matzek	FR	Minnesota St	19:14.85
10 Cora Stimpson	SO	Truman	19:17.69
11 Isabelle Schaffer	JR	Northern Iow	19:19.47
12 Alexi MacDonald	FR	Minnesota St	19:53.10
13 Lauren Klein	SO	Northern Iow	20:05.72
14 Alison Zigler	JR	Minnesota St	20:20.42
15 McKenna Ledgerwood	FR	Truman	20:30.45
--- Ellie Rathe	FR	Unattached	DNF
--- Allison Hein	FR	St. Ambrose	DNF
--- Kenzie Kaperka	SO	Iowa Central	DNF

**Event 27 Men 5000 Meter Run**

Name	Yr	School	Finals
1 Ian Geisler	SO	Iowa	14:52.54
2 Brayden Burnett	FR	Unattached	15:08.17
3 Chris Pahnke	SR	Drake	15:13.14
4 Brady Griebel	SO	Northern Iow	15:15.24
5 Connor Visnic	JR	Drake	15:23.58
6 Max Finley	FR	William Penn	15:28.48
7 Caleb Shumaker	SO	Northern Iow	15:31.40
8 Tyler Lance		Runablaze Io	15:40.70
9 Nate Harbert	FR	Unattached	16:07.23
10 Ander Julian	FR	Iowa Central	16:07.92
11 Ryan Harness	JR	Truman	16:11.86
12 Nikolai Schmanski	JR	Minnesota St	16:20.67
13 Zach Niederklopper	FR	Hawkeye CC	16:43.90
14 Isaiah Nebbe	SO	Iowa Central	16:46.82
15 Zack Anderson	FR	Minnesota-Du	16:50.31
16 Max Fuller	FR	Truman	17:04.66

--- Nathaniel Brandt	FR	Minnesota-Du	DNF
--- Juan Trasobares	FR	Drake	DNF
--- Leif Klarqvist		Unattached	DNF
--- Will Dowda	SO	St. Ambrose	DNF

**Event 12 Women 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Northern Iowa		3:50.21
1) Clare Basala JR	2) Liv Freund SO	
3) Tyler Gray JR	4) Millie Hill SO	
2 Drake		3:53.69
1) Busiwa Asinga SR	2) Iris Hertting SR	
3) Madison Bunton SO	4) Joann Nguyen JR	
3 Augustana (S.D.)		3:54.85
1) Caroline Sudbeck JR	2) Ella Heinitz SO	
3) Nyanas Kur SO	4) Kylee Sallee SO	
4 Minnesota State		3:56.38
1) Rose Gaye SR	2) Elizabeth Schmidt SO	
3) Grace Hambel FR	4) Emma Borowicz SO	
5 Minnesota-Duluth		4:02.70
1) Kate Fitzgerald FR	2) Megan Gilles JR	
3) Haleigh Reindl SR	4) Rachel Boelke JR	
6 Drake	B	4:23.59
1) Gracie Shannon SO	2) Vanessa Lee SO	
3) Meghan Coulter SO	4) Maia Italia SO	
7 Truman		4:27.87
1) Molly Bies SO	2) Lydia Lehmbeck SO	
3) Reese Howard SR	4) Alayna Pipkin SR	

**Event 32 Men 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Hawkeye CC		3:16.91
1) Sean Knockel FR	2) Brigham Daniel SO	
3) Chase Mullenix SO	4) Blake Osborn SO	
2 Minnesota State		3:17.41
1) Thomas Rosengren FR	2) Marvin Dure SO	
3) Kyler Bade SO	4) Jack Raverty FR	
3 Augustana (S.D.)		3:17.96
1) Colter Johnson FR	2) Andrew Martens SO	
3) Jed Dooyema JR	4) Gavin Fischer SO	
4 Northern Iowa	B	3:18.03
1) Micaiah Ellis FR	2) Titus Jackson JR	
3) Chase Knoche SO	4) Bill Mukhtar SO	
5 Drake		3:18.64
1) Joseph Kruse SR	2) Hayden Cross FR	
3) Seth Simonson SR	4) Caleb Lerus SO	
6 Grand View		3:22.31
1) Leo Desequeira SR	2) Isaac Davis JR	
3) Tyler Miller SR	4) Chantz Minear JR	
7 Southwestern CC		3:23.76
1) Ben Olson FR	2) Jonathon Hackett FR	
3) Gage Godsey FR	4) Robert Norton SO	



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Team	Relay	Finals
8 Minnesota-Duluth		3:24.05
1) Ted Rogers JR	2) Bennett Nelson FR	
3) Alexander Croston SO	4) Bereket Loer JR	
9 North Iowa Area CC		3:30.68
1) Bruce Huggins FR	2) Hugo Massa FR	
3) Dylan Novak FR	4) Bryson Canton FR	
10 Truman		3:31.72
--- Northern Iowa		DNF
1) Drew Bartels SO	2) Dylan Darsidan FR	
3) David Holesinger SO	4) Brody Lovell FR	

**Event 6 Women 3000 Meter Steeplechase**

Name	Yr	School	Finals
<b>Finals</b>			
1 Caroline McMartin	SO	Central Coll	10:43.95
2 Megan Johnson	SO	Central Coll	10:57.73
3 Morgan Lawson	SR	Grand View	11:13.33
4 Taylor McCreedy	SO	Iowa Central	11:17.45
5 Aisha Ramone	FR	Southeastern	11:23.04
6 Malorie Schmoll	JR	South Dakota	11:49.36
7 Layken Bytnar	SO	Central Coll	12:06.63
8 Anna Palodichuk	JR	Minnesota-Du	12:10.09
9 Kate Hoogensen	SO	Central Coll	12:17.62
10 Kati Schoeneberg	SO	Truman	12:24.79
11 Katie McConkey	SO	Minnesota-Du	13:20.00
--- Emma Gordon	SR	Iowa	DNF

**Event 26 Men 3000 Meter Steeplechase**

Name	Yr	School	Finals
<b>Finals</b>			
1 Caleb Silver	SO	Central Coll	9:16.20
2 Brendan Cain	SO	Drake	9:26.14
3 Sam Mickelson	SR	Unattached	9:31.42
4 D'Artagnon Beaver	SO	Hawkeye CC	9:36.69
5 Adam Bohm	SO	Minnesota St	9:41.75
6 Carter Owen	JR	Minnesota St	9:47.81
7 Cooper Greenslade	FR	Unattached	9:50.43
8 Derek Webster	SO	Central Coll	9:50.58
9 Cutler Owens	JR	Central Coll	9:54.59
10 Bryson Canton	FR	North Iowa A	10:05.00
11 Jacob Gutzman	FR	Truman	10:37.67
12 Brayán Silva	JR	Grand View	10:37.98
13 Trent Sivola	SR	Grand View	11:01.19