

Dear Coach:

The 40th annual **South Milwaukee Rocket Invitational Cross Country Meet** is set to go on Saturday, September 12, 2020.

Teams involved in this years meet are – Cudahy, Lake Country Lutheran, Oak Creek, South Milwaukee, Wauwatosa West, Wisconsin Lutheran

The meet will take place on the Oak Creek Parkway located across the street from the high school. The course is mostly on the Parkway and bike path. Spikes should not be worn. All athletes will compete at 5,000 meters

ALL MEET ENTRIES ARE HANDLED by PT Timing, LLC. All entries will be submitted on the www.pttiming.com website. 1. Click “Upcoming” Events 2. Click on South Milwaukee Invite. Follow the directions and fill in your teams name and athletes names. You will be asked to declare your Varsity runners but, meet day changes will be allowed. See below. (This is a manual process that will require you to enter each athlete’s name. You do NOT have to enter the athletes’ names again if another meet uses the PT Timing service later in the season.)

ENTRIES ARE DUE ON THURSDAY, SEPTEMBER 10 AT NOON 12:00 PM

A \$50.00 Late fee will be assessed to all schools that submit entries AFTER the deadline

DO NOT CONTACT South Milwaukee or Stan Druckrey if you MISS the entry deadline. It is your responsibility to enter your team on the www.pttiming.com website.

Varsity and JV. COACHES WILL NEED TO DECLARE THEIR VARSITY RUNNERS. **The Varsity team can consist of 8 or LESS runners.** The following runners will then be declared JV. You will be asked to declare your Varsity athletes on the entry page of PT Timing. You will be allowed to ‘switch’ Varsity and JV athletes on meet day.

Timing: The races will be timed by PT Timing, LLC. We will be using disposable bib tags with the chips attached. The athletes can keep their bib.

Entries: please do not enter athletes who you know will not be competing. Every athlete that is entered on the pttiming website will be assigned a bib. This cost a \$1.50 per athlete whether he/she competes or not. Last year it cost over \$120.00 for athletes that did not run.

Awards: Awards will be based on the overall finish of all runners. Team plaques for the winning overall team. Medals to the top 10 individuals on Varsity & JV. Awards will be mailed to the school. We will score each triangular separately and also overall score for all teams participating.

Buses should park in the high school parking lot.

It is very important that you remind your parents and fans that there are no spectators allowed.

Meet Officials: John Miller Frank Furdek, Dennis Meyer, Mark Hoffman

Meet Time Schedule:

Triangular A (South Milwaukee, Cudahy, Wisconsin Lutheran)

9:00 am – Girls Varsity

9:05 am – Girls JV

9:50 am – Boys Varsity

9:55 am – Boys JV

Triangular B (Wauwatosa West, Oak Creek, Lake Country Lutheran)

10:45 am – Girls Varsity

10:50 am – Girls JV

11:35 am – Boys Varsity

11:40 am – Boys JV

Meet Protocol is as follows:

1. Arrive at meet site no earlier than hour and 30 minutes before your race.
2. Coaches & non competitors wear mask at all times.
3. Athletes should wear mask until the start of their and as soon as they can after they finish.
4. 2 spectators per athlete.
5. After race, runners proceed immediately to their camp site.
6. Teams should leave meet site as soon as possible after their races are completed.
Do cool down procedure at a different site.
7. No water will be provided to athletes after race.
8. Bathrooms located west side of high school by green house – Door 12

Good luck this year and see you on the 12th.

Stan Druckrey

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