

Brad Plueger – Activities Director

TOMAH ATHLETICS CROSS COUNTRY

Deb Reid – Athletics Secretary

Address -- 901 Lincoln Avenue, Tomah, WI 54660

Phone -- (608) 374-7976 Brad Plueger-Activities Director

Boys & Girls Head Coach – Kate Schanhofer; Ass't Coach – Jon Wolff

E-mail: kateschanhofer@tomah.education or bradplueger@tomah.education

Dear Coach:

On Tuesday, October 3, 2023, we will host the Jesse Parker Timberwolf Cross Country Classic at Steinhoff Soccer Complex. Jesse was an avid runner for Tomah Cross Country and Track and Field. He was tragically killed in auto accident on July 4, 2009. This is a small way for us to honor his memory.

ABSOLUTELY NO DOGS at the course as per WIAA and Tomah Area School District Policies.

We will have one race for the Girls and one for the Boys. The top 5 will be used for scoring purposes.

Location: The address is 1801 Bow Street, Tomah WI 54660

Time Schedule:

- 3:00 Course opens for preview and inspection.
- 4:00 Boys 5000
- 4:40 Girls 5000 (time approximate)
- 5:30 Time approximate for Awards

Teams Entered:

- | | |
|---------------|----------|
| 1. Hillsboro | 5. Tomah |
| 2. Necedah | |
| 3. New Lisbon | |
| 4. Royall | |

Entry Form: Make your entries at _____ with a deadline set for **NOON on Sunday, October 1st.**
NO ENTRY ADDITIONS ALLOWED ON MEET DAY. Enter everyone on your roster, scratches are easy to delete.

Awards: Medals 1-10 and trophy to the winning team.

Check In: Report to the finish line to pick up your team packet.

Course: The course is nearly all grass. The course will cross an asphalt cart path several times (about 10 feet wide).

Concessions: No concessions.

Meet Results: Will be available after the conclusion of the meet @ www.pttiming.com

Entry Fee: Fee is \$150 (this covers boys and girls.) Checks should be made payable to Tomah High School and mailed to 901 Lincoln Ave, Tomah, WI 54660 Attn: Activities Dept.

Sincerely,
Brad Plueger-AD, Kate Schanhofer– Boys & Girls Head Coach

Tomah HS XC Course

First 1600 Meters: **Blue Arrows**

Second 1600 Meters: **Yellow Arrows**

Last 1800 Meters: **Red Arrows**

