



# Omro Foxes Athletics & Activities

455 Fox Trail, Omro, WI 54963 | Phone #: (920)303-2300 Ext. 2107

## 2023 Flyway Cross-Country Conference Championship

**Location:** Omro High School by the football field

**Teams (9 Teams):** Omro, Cambellsport, Laconia, WLA, St. Lawrence Seminary, North Fond du Lac/Oakfield, Lomira, St. Mary's Springs, Mayville

### Race Day Schedule:

Middle School Race(2 miles):	4:00
Boys Varsity (5k):	4:30
Girls Varsity (5k):	5:00
Awards on Football Field:	Immediately following the final race (Approximately 5:30)

**Entries:** Online entries open at the beginning of the day, on October 3rd. Entries must be completed by 11:59am Central Time, by October 10th. If a coach misses the deadline, they should inform jtoma@omro.k12.wi.us AND info@pttiming.com. The violating team may incur a \$200 Late Entry Fee (at PT Timing's discretion) to have the entry deadline extended.

**Results:** Results will be posted on PT Timing.

### Lane Assignments:

Middle School	High School
1. WLA	1. WLA
2. Laconia	2. Laconia
3. St. Mary's Springs	3. St. Mary's Springs
4. Omro	4. Omro
5. Lomira	5. Lomira
6. Mayville	6. Mayville
7. Campbellsport	7. St. Lawrence Seminary
	8. North Fond du Lac/Oakfield
	9. Campbellsport

### Important Information:

1. The course is mostly a grassy, flat course that will cross a few roads. I would recommend spikes.
2. Bathrooms will be available outside near the football and soccer fields.
3. Concessions will be available this year
4. NO ATHLETES or COACHES are permitted to enter the school at any time.
5. Team camps can be set up along the outside of the Football Field Fence

### Jury of Appeals:

WIAA Starter, Omro Coach and two coaches: Lomira Girls Coach, Laconia Boys Coach

### Awards:

- Boys and Girls Varsity Races:
  - Places 1-8 1st Team All-Conference
  - Places 9-16 2nd Team All-Conference
  - Places 17-24 Honorable Mention
  - Conference Championship Trophy for the winning team in each gender
- Boys and Girls Middle School Races:

- Medals awarded to the top 8 finishers in each gender

Any Questions Please Contact:

Jordan Sanchez - Head CC Coach

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Jon Tomaszewski - AD

Email: [jtoma@omro.k12.wi.us](mailto:jtoma@omro.k12.wi.us)

### Course Map

