



2023 DUKANE CONFERENCE CROSS COUNTRY CHAMPIONSHIPS
LAKE PARK HIGH SCHOOL- EAST CAMPUS
ROSELLE, ILLINOIS

The Lake Park High School staff welcomes you to the DuKane Conference Cross Country Championships. We hope your experience in this meet will be rewarding and enjoyable. The following information is being sent to acquaint you with procedures for the day.

Please read all of the information closely and follow all directions included in this packet. Thank-you.

DATE: Saturday, October 14, 2023

STARTING TIME: Open Boys Race will begin at 9:00 A.M.

LOCATION: Lake Park High School – East Campus
600 S. Medinah Road
Roselle (between Irving Park and Lake Street)

RACE SCHEDULE

Level	Distance	Time	Entries
Open Boys	3.0	9:00AM	Unlimited
Open Girls	3.0	9:30AM	Unlimited
Varsity Boys	3.0	10:00AM	7
Varsity Girls	3.0	10:30AM	7
Frosh/Soph Boys	3.0	11:00AM	Unlimited
Frosh/Soph Girls	3.0	11:30AM	Unlimited

PACKET PICK-UP: Coaches should report to the **tent located at the south end of the stadium** upon arrival to pick up team packets and timing bibs.

BUS DROP-OFF: Instruct bus drivers to proceed south of the school to Foster Avenue. Go west on Foster half a mile to the Jubilee Church. Turn right into the church lot and proceed north to the gate that allows access to the Lake Park athletic fields. Drop-off and pick up will be done here.

BUSES MAY NOT PARK IN THE JUBILEE CHURCH LOT.

Busses will be directed to the Drivers Ed Range located on the south side of the school building for parking.

2023 STARTING BOX ASSIGNMENTS: **Link:** [Starting Box Assignments](#) - All Races

ENTRY INFORMATION: Entries will be completed via Athletic.net
Entry Deadline: Wednesday, October 11 at 11:59 PM

AWARDS/RESULTS: Medals awarded for places 1-15 at the varsity level

Ribbons awarded for places 1-15 at all other levels

Varsity team championship DKC plaques

Top ten (10) place winners in each race will receive their awards in an awards ceremony held after completion of the final race. Remaining individual awards available for pick up at the check in tent after the awards ceremony. Ceremony is weather permitting and may be canceled due to rain.

Live meet results will be available the day of the meet. Links and QR codes will be provided. Hard copy results will be posted once verified on the bulletin board near the concessions stand.

DRESSING: Participants must dress at home. Restroom facilities will be provided in the cogeneration building and track stadium concession stands. Runners will wear timing bibs attached to their torso.

CONCESSION STAND: The stadium concessions stand will be open throughout the meet and is provided by volunteers of the Lake Park Athletic Booster Club.

Hospitality will be provided to coaches and meet officials in the check-in tent.

MEET SPIRIT WEAR: An online meet spirit wear store is available and will close at **11:59 PM on Wednesday, October 12**. Pre-orders will be boxed by school and available for pick up at the concession stand upon arrival

Link: [2023 DKC XC Spirit Wear Online Store](#)

Limited long sleeve meet t-shirts will be available for purchase the day of the meet. Cash or personal check only. Please direct your athletes and fans to use the online store to be sure they get the items and sizes they desire.

COURSE: **Link:** [3 Mile Course Map Link](#)

TEAM CAMPS : Teams will set up camps outside the stadium proper and varsity softball field outfield.

Teams should come prepared to be outside for a cross country event regardless of conditions. The building will not be available due to a girls volleyball tournament hosted by Lake Park on Saturday.

SPECTATOR PARKING: Spectators can park in the Jubilee church lot, and in the lots located on the south and east sides of the school. No parking permitted behind the school.

MEET OFFICIALS:

Jim Effinger #11027

Mike Harland #23599

Keith Jacobi #12121

FINISH LINE & SCORING:

1. Give the assigned bib to each runner (This will be based on the master list provided for your team).
2. An open finish line system will be used.
3. Instruct your runners to simply run past the finish line. The computer chip will automatically record their place and time.
4. There will be no finish chute, so instruct your runners to exit the finish area quickly when they have finished.
5. Bibs are disposable and will not be collected. Athletes may keep their bibs as a souvenir or dispose of them in the nearest garbage can.

We look forward to hosting this conference championship event, and please contact us if you have any questions.

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