Brookfield East FROSH/SOPH SPARTAN TRACK INVITE 2025

Thursday May 1, 2025 - Pole Vault - 3:30pm All other Field events - 4:00pm Running events 4:30pm

LOCATION: Brookfield East High School, 3305 N. Lilly Road (the school is located on the corner of Lilly Road and Burleigh).

TEAMS: Arrowhead, Brookfield Central, Brookfield East, Catholic Memorial, Marquette, Menomonee Falls, Pius XI

ENTRIES: Three (3) entries per individual event, with the exception of the **3200m run**, where two **(2)** entries will be allowed. One (1) relay team per relay event. **Freshmen and Sophomore competitors only**.

COACHES MEETING: Coaches meeting will be held at 3:40pm. Scratch/replace can be made at the meeting

AWARDS: Medals 1-3 place. May be picked up upon completion of meet in the press box.

ENTRY PROCEDURES:

- Step 1: Register online at <u>www.pttiming.com/</u>
- Step 2: Submit entries by going to <u>www.pttiming.com/</u>. Click on Schedule and find the Frosh/Soph Spartan Invitational. Final entries are due by <u>Tuesday</u>, <u>April 29 @ NOON</u>.
- PLEASE INCLUDE A MARK FOR EACH ATHLETE IN EACH EVENT

IMPORTANT TO KNOW FOR ENTRIES:

- **RELAY NAMES:** Please enter all relay names
- WHEELCHAIR ATHLETES: If you plan to enter a Wheelchair Athlete, please e-mail school, name, grade and events to www.pttiming.com

SPIKES: Spikes may be worn on all runways, approach areas, and the track itself. The tip of the spike should extend no more than 3/16ths of an inch from the sole of the shoe.

SCORING: <u>Freshmen and sophomores will be scored together</u>. There will be 8 places scored for all events. (10-8-6-5-4-3-2-1) All events are run as finals, including the sprints and hurdles. "Hundredths" will be used to break ties even by athletes running in different sections.

STARTING HEIGHTS: Pole Vault starts at 3:30pm

- High Jump will be determined by 8th seed minus 2 heights (2 in. increments thereafter)
- Pole Vault will be 7'0", 8'0", 9'0", 10'0" **PV will begin at 3:30pm**

High jump and pole vault will be conducted as 5 Alive. Pole Vault starting height will be determined by 8th seed minus 2 heights.

SHOT PUT/DISCUS: 4 throws (no finals) These two events will run concurrently in three or four flights

LONG/TRIPLE JUMP: 4 jumps (no finals) The long and triple jumps will be run concurrently with an "open pit" format. Both pits will be open until 6:00pm.. They can Piggyback their 1st and 2nd and 3rd and 4th jumps.

CONCESSIONS: Concessions will be available

Dylan Golla-Head Coach, Boys Track gollad@elmbrookschools.org (C) 262-853-1882 (W) 262-781-3500