

UW-La Crosse Indoor Final Qualifier - 3/8/2025

Hetzel Fieldhouse | UW-La Crosse

Women 60 Meter Dash

D3 Record: 7.29 (2025) Lauren Jarrett - La Crosse

Facility: 7.34 (2025) Lauren Jarrett - La Crosse

Meet: 7.68 (2024) Emma Seipel - Loras

Name	Yr	School	H#	Result
Preliminaries				
1 Busker, Alyssa	SR	Elmhurst	1	M 7.57Q
2 Marshall, Lauren	SR	Elmhurst	3	M 7.58Q
3 Zak, Makenna	JR	La Crosse	2	M 7.66Q
4 Mitchell, Dakota	FR	Whitewater	1	M 7.62q
5 Yang, Julie	FR	La Crosse	1	M 7.65q
6 Hayes, Riana	JR	North Park	1	7.69q
7 Huerta, Kelly	FR	Whitewater	3	7.73q
8 Reiland, Anika	SO	La Crosse	2	7.75q
9 Novak, Lindsey	SR	North Central IL	3	7.76
10 Molling, Taylor	SO	La Crosse	2	7.78
11 Lindberg, Meja	SO	North Park	3	7.79
12 Young, Zari	FR	Saint Mary's	3	7.80
13 Carlson, Kate	SR	Gustavus	1	7.81 7.801
14 Stennett, Cici	FR	Whitewater	3	7.81 7.802
15 Schueller, Hope	SO	Eau Claire	2	7.82
16 Glaz, Andrea	SR	Oshkosh	2	7.91
17 Crespo, Sophia	SO	Eau Claire	1	7.94
18 Huber, Libby	SO	Eau Claire	2	8.00
19 Schwarz, Hannah	SR	Elmhurst	3	8.07
20 Costa, Mariana	SR	North Park	3	8.10

Women 60 Meter Dash

D3 Record: 7.29 (2025) Lauren Jarrett - La Crosse

Facility: 7.34 (2025) Lauren Jarrett - La Crosse

Meet: 7.68 (2024) Emma Seipel - Loras

Name	Yr	School	Result
Finals			
1 Busker, Alyssa	SR	Elmhurst	7.52 M
2 Zak, Makenna	JR	La Crosse	7.63 M
3 Mitchell, Dakota	FR	Whitewater	7.65 M ^{7.644}
4 Yang, Julie	FR	La Crosse	7.65 M ^{7.647}
5 Marshall, Lauren	SR	Elmhurst	7.66 M
6 Hayes, Riana	JR	North Park	7.68 M
7 Huerta, Kelly	FR	Whitewater	7.69
8 Reiland, Anika	SO	La Crosse	7.82

Women 200 Meter Dash

D3 Record: 24.28 (2018) Wadeline Jonathas - UMass Boston

Facility: 24.26 (2025) Lauren Jarrett - La Crosse

Meet: 24.96 (2024) Megan Garaets - Gustavus

Name	Yr	School	H#	Result
Finals				
1 Busker, Alyssa	SR	Elmhurst	1	24.49 M
2 Garaets, Megan	SR	Gustavus	1	24.85 M
3 Hayes, Riana	JR	North Park	3	24.94 M
4 Ring, Thea	JR	North Park	4	25.03
5 Marshall, Lauren	SR	Elmhurst	2	25.04
6 Carlson, Kate	SR	Gustavus	3	25.07
7 Huerta, Kelly	FR	Whitewater	5	25.22

8 Mitchell, Dakota	FR	Whitewater	4	25.28
9 Reiland, Anika	SO	La Crosse	2	25.34
10 Crespo, Sophia	SO	Eau Claire	2	25.60
11 Woods, Carmela	SO	Elmhurst	6	25.61
12 Stennett, Cici	FR	Whitewater	1	25.71
13 Pouska, Danielle	JR	Whitewater	6	25.75
14 Schueller, Hope	SO	Eau Claire	5	25.81
15 Bilodeau, Hannah	JR	Whitewater	4	25.87
16 Huber, Libby	SO	Eau Claire	5	25.98
17 Schwarz, Hannah	SR	Elmhurst	6	26.23

Women 400 Meter Dash

D3 Record: 54.42 (2018) Wadeline Jonathas - UMass Boston

Facility: 54.33 (2023) Shereen Vallabouy - Winona State

Meet: 1:00.21 (2024) Layla Hughes - Loras

Name	Yr	School	Result
Finals			
1 Woods, Carmela	SO	Elmhurst	57.49 M
--- Schwarz, Hannah	SR	Elmhurst	DNF

Women 800 Meter Run

D3 Record: 2:04.13 (2024) Emma Kelley - Washington University

Facility: 2:12.21 (2024) Maddie Hannan - La Crosse

Meet: 2:12.21 (2024) Maddie Hannan - La Crosse

Name	Yr	School	H#	Result
Finals				
1 Hinz, Gwen	JR	La Crosse	2	2:12.80
2 Thomas, Alli	FR	La Crosse	2	2:12.89
3 Cortes, Jenny	JR	Ripon	2	2:15.77
4 Jex, Lauren	JR	Eau Claire	1	2:17.37
5 Stenzel, Olivia	JR	Oshkosh	2	2:17.42
6 Stockton, Kylie	JR	La Crosse	1	2:18.89
7 Westra, Mila	FR	Lawrence	2	2:19.52
8 Morrell, Paige	SO	Eau Claire	1	2:21.83
9 Belany, Rebecca	FR	La Crosse	1	2:24.16
--- Rabe, Sierra		Unattached	2	DNF
--- Hannan, Maddie		Unattached	1	DNF
--- Madigan, Cyna	SR	Oshkosh	2	DNF

Women 1 Mile Run

D3 Record: 4:40.53 (2022) Ella Baran - Johns Hopkins

Facility: 4:49.52 (2025) Kaylee Beyer - Unattached

Meet: 5:08.45 (2024) Paige Allemann - Stevens Point

Name	Yr	School	Result
Finals			
1 Immer, Becca	SO	La Crosse	5:05.28 M
2 Sato, Bryn	SO	La Crosse	5:13.80
3 Mathis, Ryana	FR	La Crosse	5:20.83
4 Ship, Olivia	SR	St. Norbert	5:22.19
5 Kliesner, Aleya	FR	La Crosse	5:24.62
6 Martensen, Hanna	FR	La Crosse	5:26.56

UW-La Crosse Indoor Final Qualifier - 3/8/2025

Hetzel Fieldhouse | UW-La Crosse

Women 3000 Meter Run

D3 Record: 9:13.32 (2022) Ella Baran - Johns Hopkins

Facility: 9:17.12 (2024) Kaylee Beyer - Winona State

Name	Yr	School	Result
Finals			
1 Wees, Natalie	FR	La Crosse	10:41.33
2 Martensen, Hanna	FR	La Crosse	11:16.14
3 Ginder, Mackenzie	SO	La Crosse	11:17.15

Women 5000 Meter Run

D3 Record: 15:57.80 (2023) Fiona Smith - St. Benedict

Name	Yr	School	Result
Finals			
1 McIntyre, Madelynn	SR	La Crosse	16:59.94
2 Duchac, Lucy	SO	La Crosse	17:03.29
3 Luebke, Brooklyn	SO	La Crosse	17:14.77
--- Reiser, Mallory	FR	La Crosse	DNF
--- Beyer, Kaylee		Unattached	DNF
--- Schwartz, Elizabeth	SO	La Crosse	DNF

Women 60 Meter Hurdles

D3 Record: 8.33 (2023) Birgen Nelson - Gustavus Adolphus

Facility: 8.25 (2024) Natalie Block - Milwaukee

Meet: 8.50 (2024) Hannah Zastrow - Stout

Name	Yr	School	H#	Result
Preliminaries				
1 Zastrow, Hannah	SR	Stout	1	8.66Q
2 Booker, Emilee	SR	Eau Claire	2	8.79Q
3 Zemke, Megan	FR	La Crosse	2	8.89q
4 Grady, Tiana	SO	Elmhurst	1	8.91q
5 Rath, Kaylie	SR	Stout	2	8.93q
6 Ring, Thea	JR	North Park	2	9.01q
7 Scott, Regan	FR	La Crosse	1	9.02q
8 Nadeau, Nakala	SR	Elmhurst	2	9.03q
9 Greaves, Brooke	FR	Elmhurst	1	9.12
10 Gruen, Emma	SR	Eau Claire	2	9.24
11 Roberts, Lilly	JR	Stout	1	9.42
12 Cole, Lexi	SR	Stout	1	9.77

Women 60 Meter Hurdles

D3 Record: 8.33 (2023) Birgen Nelson - Gustavus Adolphus

Facility: 8.25 (2024) Natalie Block - Milwaukee

Meet: 8.50 (2024) Hannah Zastrow - Stout

Name	Yr	School	Result
Finals			
1 Zastrow, Hannah	SR	Stout	8.64
2 Booker, Emilee	SR	Eau Claire	8.82
3 Zemke, Megan	FR	La Crosse	8.84
4 Rath, Kaylie	SR	Stout	8.93
5 Nadeau, Nakala	SR	Elmhurst	8.98 8.974
6 Ring, Thea	JR	North Park	8.98 8.980
7 Grady, Tiana	SO	Elmhurst	9.01
8 Scott, Regan	FR	La Crosse	9.09

Women 4x400 Meter Relay

D3 Record: 3:44.84 (2023) Rochester — M O'Connell, K Isaac, M Bell, S Bansbach

Facility: 3:50.95 (2023) Winona State — R Feit, K Beyer, B Schyvinck, S Vallabouy

Meet: 3:52.31 (2024) Bethel — A Sealock, H Gregg, A Swenson, S Sulungaine

Team	Relay	Result
Finals		
1 Wis.-Eau Claire		3:51.71 M
	1) Grabarski, Kylee JR	2) Kruse, McKenzie FR
	3) Kakes, Allyson SO	4) Cinnamo, Mya SO
2 Wis.-Oshkosh		3:53.10
	1) Baker, Addie FR	2) Stenzel, Olivia JR
	3) Madigan, Cyna SR	4) LaVoi, Maddy SO
3 St. Norbert		3:58.44
	1) Crossman, Madi SO	2) Maranell, Eden SO
	3) Smith, Katie SO	4) Gramblicka, Madison FR

Women High Jump

D3 Record: 1.83m (1999) Nyhla Rothwell - Wilmington

Facility: 1.72m (2025) Sara Hoskins - Loras

Meet: 1.66m (2024) Sara Hoskins - Loras

Name	Yr	School	Result
Finals			
1 Todd, Macie	SR	La Crosse	1.72m F 5-07.75
2 Gatts, Jaden	SO	Dubuque	1.69m M 5-06.50
3 Zastrow, Hannah	SR	Stout	1.64m 5-04.50
4 Bertrang, Laura	SO	Eau Claire	1.64m 5-04.50
5 Crowder, Gracie	SO	Wheaton	1.59m 5-02.50
6 Williams, Emily	SR	Eau Claire	1.59m 5-02.50
7 Williamson, Ella	SR	Eau Claire	1.59m 5-02.50
8 Friese, Mady	JR	La Crosse	1.54m 5-00.50
9 Draheim, Alyssa	SO	Eau Claire	1.54m 5-00.50
9 Greaves, Brooke	FR	Elmhurst	1.54m 5-00.50
11 Reisen, McKailey	FR	Eau Claire	1.49m 4-10.50

Women Pole Vault

D3 Record: 4.28m (2018) Katherine Pitman - Ithaca

Facility: 4.09m (2025) Gracie Holland - Whitewater

Meet: 3.78m (2024) Haley Blagdon - Eau Claire

Name	Yr	School	Result
Finals			
1 De Leo Lopez, Araceli	JR	La Crosse	4.00m M 13-01.50
2 Zastrow, Leah	JR	Stout	3.85m M 12-07.50
3 Habberstad, Maddy	SO	La Crosse	3.80m M 12-05.50
4 Shafron, Emily	JR	La Crosse	3.65m 11-11.75
4 Gunderson, Annika	JR	River Falls	3.65m 11-11.75
4 Stell, Brenna	SO	McMurry	3.65m 11-11.75
7 VanCalster, Amanda	FR	La Crosse	3.65m 11-11.75
8 Blagdon, Haley	SR	Eau Claire	3.65m 11-11.75
9 Bergeron, Jackie	FR	La Crosse	3.50m 11-05.75
10 Ahlberg, Jaylyn	JR	St. Benedict	3.50m 11-05.75
10 Patterson, Gabby	FR	La Crosse	3.50m 11-05.75
10 Harvey, Marisa	SO	La Crosse	3.50m 11-05.75

UW-La Crosse Indoor Final Qualifier - 3/8/2025

Hetzel Fieldhouse | UW-La Crosse

Finals ... (Women Pole Vault)

Name	Yr	School	Result
13 Wintermute, Nina	SO	Eau Claire	J3.50m 11-05.75
14 Pearson, Emily	SO	Bethel	3.35m 10-11.75
15 Morrison, Nina	SR	La Crosse	J3.35m 10-11.75
15 Klocke, Kalli Jo	SR	River Falls	J3.35m 10-11.75
17 Biggs, Abigail	FR	River Falls	3.20m 10-06.00
17 Ford, Taylor	FR	La Crosse	3.20m 10-06.00
19 Kaping, Raina	SO	Bethel	J3.20m 10-06.00
19 Johnson, Emma	FR	Eau Claire	J3.20m 10-06.00

Women Long Jump

D3 Record: 6.41m (2013) Melissa Norville - Illinois College
 Facility: 6.01m (2025) MacKenzie Wissbroecker - Winona State
 Meet: 5.70m (2024) Jenna Driscoll - Stout

Name	Yr	School	Result
Finals			
1 Driscoll, Jenna	SR	Stout	5.67m 18-07.25
2 Miller, Jenna	JR	La Crosse	5.66m 18-07.00
3 Geraets, Megan	SR	Gustavus	5.64m 18-06.00
4 Evans, Maya	JR	La Crosse	J5.64m 18-06.00
5 Davies, Ashley	SO	La Crosse	5.63m 18-05.75
6 Marshall, Lauren	SR	Elmhurst	5.54m 18-02.25
7 Foley, Ava	JR	La Crosse	5.49m 18-00.25
8 Halverson, Rachel	FR	La Crosse	5.45m 17-10.75
9 Liptak, Corrin	SO	La Crosse	5.40m 17-08.75
10 Blum, Josie	SO	La Crosse	5.26m 17-03.25
11 Farquharson, Sabriya	SO	St. Benedict	5.11m 16-09.25
12 Carr, Vanessa	JR	Elmhurst	5.10m 16-08.75
13 Williams, Kirkland	FR	Oshkosh	5.08m 16-08.00

Women Triple Jump

D3 Record: 13.18m (2023) Victoria Kadiri - Johns Hopkins
 Facility: 11.95m (2023) Miah Keller - La Crosse
 Meet: 11.75m (2024) Eden Maranell - St. Norbert

Name	Yr	School	Result
Finals			
1 Kronberg, Mackenzey	JR	La Crosse	11.72m 38-05.50
2 Selmer, Chloe	FR	Elmhurst	11.67m 38-03.50
3 Maranell, Eden	SO	St. Norbert	11.64m 38-02.25
4 Evans, Maya	JR	La Crosse	11.35m 37-03.00
5 Thaler, Anna	FR	Eau Claire	11.31m 37-01.25
6 Hernes, Ellie	JR	Bethel	11.25m 36-11.00
7 Farquharson, Sabriya	SO	St. Benedict	11.18m 36-08.25
8 Jaenicke, Isabelle	FR	Stout	11.16m 36-07.50
9 Blaskowski, Emily	SO	La Crosse	10.77m 35-04.00
10 Carr, Vanessa	JR	Elmhurst	10.49m 34-05.00

Women Shot Put

D3 Record: 17.05m (2006) Robyn Jarocki - Oshkosh
 Facility: 14.68m (2023) Skye Digman - La Crosse
 Meet: 13.50m (2024) Ella Puls - La Crosse

Name	Yr	School	Result
Finals			
1 Reiser, Chloe	SO	Dubuque	14.73m F 48-04.00
2 Vander Sanden, Madih	SO	La Crosse	13.46m 44-02.00

3 Wellsmith, Lincoln	JR	Stout	13.21m 43-04.25
4 Anders, Nai'lah	SO	Dubuque	13.17m 43-02.50
5 Roden, Jadyne	FR	La Crosse	13.04m 42-09.50
6 Moseler, Addy	FR	La Crosse	12.68m 41-07.25
7 Behnke, Kayla	JR	Eau Claire	12.50m 41-00.25
8 Jackman, Sydney	SR	Saint Mary's	12.01m 39-05.00
9 Jones, Teagan	SR	Eau Claire	11.42m 37-05.75

Women Weight Throw

D3 Record: 20.98m (2006) Roybn Jarocki - Oshkosh
 Facility: 19.44m (2023) Skye Digman - La Crosse
 Meet: 17.91m (2024) Teagan Jones - Eau Claire

Name	Yr	School	Result
Finals			
1 Behnke, Kayla	JR	Eau Claire	19.21m M 63-00.25
2 Jones, Teagan	SR	Eau Claire	17.75m 58-03.00
3 Brainer, Lexi	SR	Hamline	16.94m 55-07.00
4 Puls, Ella	JR	La Crosse	16.02m 52-06.75
5 Koenings, Aubree	SO	Stout	15.60m 51-02.25
6 Thurston, Kendall	SO	Eau Claire	15.42m 50-07.25
7 Meyer, Ashtyn	SO	Eau Claire	14.51m 47-07.25
--- Speratos, Anna	JR	Bethel	FOUL