

Phil Esten Challenge
University of Wisconsin - La Crosse
Veterans Memorial Stadium | La Crosse, WI

Heptathlon: #5 Women Long Jump

• • Friday 4/18/2025 - 10:15 AM • •

Pos Name	Yr School	Seed
<u>Flight 1 of 2 Finals</u>		
1 Ziemke, Marley	FR Eau Claire	4.89m
2 Lamers, Brooklyn	FR Eau Claire	4.93m
3 Perry, Rachel	SO Stevens Point	4.51m
4 Eaton, Annabelle	FR Eau Claire	4.63m
5 Dimaze, Bel	FR Superior	4.70m
6 Cannon, Maria	FR Stevens Point	4.49m
7 Toivonen, Riley	FR Superior	4.19m
8 Shamion, Jordan	SR Stevens Point	4.89m

Flight 2 of 2 Finals

1 Booker, Emilee	SR Eau Claire	5.63m
2 Cole, Lexi	SR Stout	5.08m
3 Hansen, Becca	SO Stout	5.37m
4 Poppe, Avery	FR Viterbo	5.59m
5 Gruen, Emma	SR Eau Claire	5.27m
6 Hook, Catie	FR Eau Claire	5.08m
7 Scheuerell, Alexys	SR La Crosse	5.36m
8 Thoreson, Madeline	FR La Crosse	5.32m
9 Dimler, Lauren	JR Eau Claire	5.40m
10 Grosse, Amber	JR La Crosse	5.44m

Heptathlon: #6 Women Javelin Throw

• • Friday 4/18/2025 - 11:05 AM • •

Pos Name	Yr School	Seed
<u>Flight 1 of 1 Finals</u>		
1 Hansen, Becca	SO Stout	25.72m
2 Scheuerell, Alexys	SR La Crosse	29.18m
3 Lamers, Brooklyn	FR Eau Claire	21.42m
4 Eaton, Annabelle	FR Eau Claire	25.31m
5 Gruen, Emma	SR Eau Claire	33.62m
6 Poppe, Avery	FR Viterbo	23.70m
7 Dimaze, Bel	FR Superior	20.67m
8 Toivonen, Riley	FR Superior	21.86m
9 Thoreson, Madeline	FR La Crosse	27.45m
10 Shamion, Jordan	SR Stevens Point	36.09m
11 Perry, Rachel	SO Stevens Point	24.39m
12 Cole, Lexi	SR Stout	36.54m
13 Cannon, Maria	FR Stevens Point	22.06m
14 Booker, Emilee	SR Eau Claire	30.13m
15 Ziemke, Marley	FR Eau Claire	24.17m
16 Hook, Catie	FR Eau Claire	30.28m
17 Dimler, Lauren	JR Eau Claire	26.84m
18 Grosse, Amber	JR La Crosse	35.41m

Heptathlon: #7 Women 800 Meter Run

• • Friday 4/18/2025 - 12:15 PM • •

Seeded following Hep Javelin

Name	Yr School	Seed
1 Booker, Emilee	SR Eau Claire	2:22.97
2 Eaton, Annabelle	FR Eau Claire	2:23.75
3 Lamers, Brooklyn	FR Eau Claire	2:25.87
4 Dimler, Lauren	JR Eau Claire	2:28.17
5 Gruen, Emma	SR Eau Claire	2:28.45
6 Perry, Rachel	SO Stevens Point	2:30.28

7 Hansen, Becca	SO Stout	2:30.80
8 Shamion, Jordan	SR Stevens Point	2:31.27
9 Grosse, Amber	JR La Crosse	2:32.90
10 Scheuerell, Alexys	SR La Crosse	2:33.47
11 Cole, Lexi	SR Stout	2:35.79
12 Poppe, Avery	FR Viterbo	2:37.37
13 Thoreson, Madeline	FR La Crosse	2:37.86
14 Hook, Catie	FR Eau Claire	2:38.32
15 Ziemke, Marley	FR Eau Claire	2:45.50
16 Cannon, Maria	FR Stevens Point	3:00.07
17 Dimaze, Bel	FR Superior	3:10.16
18 Toivonen, Riley	FR Superior	3:36.32

Decathlon: #6 Men 110 Meter Hurdles

• • Friday 4/18/2025 - 10:30 AM • •

Ln Name	Yr School	Seed
<u>Section 1 of 4 Finals</u>		
2 Wilson, Max	FR Stevens Point	NT
4 Powell, Cody	FR Stout	19.27
6 Court, Bryce	FR Stevens Point	NT
8 Olson, Ben	JR Viterbo	19.69
<u>Section 2 of 4 Finals</u>		
2 Jensen, Joseph	SR La Crosse	16.89
4 Seaberg, Nolan	JR La Crosse	16.95
6 Johnson, Parker	JR Stevens Point	18.84
8 Ridge, Gavin	SO Stevens Point	17.14
<u>Section 3 of 4 Finals</u>		
2 Stolte, Jace	FR Eau Claire	16.55
4 Dick, Brandon	SR Stout	16.29
6 Boyette, Josh	SO Stout	16.71
8 Campbell, Jack	JR Eau Claire	16.61
<u>Section 4 of 4 Finals</u>		
2 Foland, Max	SR Eau Claire	15.43
4 Reeve, Jamie	FR Eau Claire	16.18
6 Stegeman, Mitch	SR Eau Claire	15.14
8 Yanke, Bryant	JR La Crosse	15.10

Decathlon: #7 Men Discus Throw

• • Friday 4/18/2025 - 11:15 AM • •

Pos Name	Yr School	Seed
<u>Flight 1 of 1 Finals</u>		
1 Reeve, Jamie	FR Eau Claire	ND
2 Dick, Brandon	SR Stout	39.56m
3 Foland, Max	SR Eau Claire	36.22m
4 Wilson, Max	FR Stevens Point	23.74m
5 Jensen, Joseph	SR La Crosse	32.92m
6 Powell, Cody	FR Stout	ND
7 Stegeman, Mitch	SR Eau Claire	39.67m
8 Ridge, Gavin	SO Stevens Point	28.30m
9 Olson, Ben	JR Viterbo	36.63m
10 Boyette, Josh	SO Stout	31.72m
11 Campbell, Jack	JR Eau Claire	31.05m
12 Johnson, Parker	JR Stevens Point	31.45m
13 Seaberg, Nolan	JR La Crosse	31.95m
14 Court, Bryce	FR Stevens Point	21.41m
15 Yanke, Bryant	JR La Crosse	30.37m
16 Stolte, Jace	FR Eau Claire	ND

Decathlon: #8 Men Pole Vault

• • Friday 4/18/2025 - 12:30 PM • •

Pos Name	Yr School	Seed
<u>Flight 1 of 2 Finals</u>		
1 Olson, Ben	JR Viterbo	2.72m
2 Johnson, Parker	JR Stevens Point	3.27m
3 Wilson, Max	FR Stevens Point	2.40m
4 Stolte, Jace	FR Eau Claire	3.51m
5 Campbell, Jack	JR Eau Claire	3.60m
6 Powell, Cody	FR Stout	3.40m
7 Ridge, Gavin	SO Stevens Point	3.57m
8 Court, Bryce	FR Stevens Point	3.01m

Flight 2 of 2 Finals

1 Dick, Brandon	SR Stout	3.80m
2 Seaberg, Nolan	JR La Crosse	3.68m
3 Yanke, Bryant	JR La Crosse	4.11m
4 Reeve, Jamie	FR Eau Claire	3.75m
5 Boyette, Josh	SO Stout	4.20m
6 Jensen, Joseph	SR La Crosse	4.59m
7 Foland, Max	SR Eau Claire	4.00m
8 Stegeman, Mitch	SR Eau Claire	5.01m

Decathlon: #9 Men Javelin Throw

• • Friday 4/18/2025 - 2:30 PM • •

Pos Name	Yr School	Seed
<u>Flight 1 of 1 Finals</u>		
1 Ridge, Gavin	SO Stevens Point	45.25m
2 Stegeman, Mitch	SR Eau Claire	54.82m
3 Seaberg, Nolan	JR La Crosse	47.17m
4 Yanke, Bryant	JR La Crosse	35.30m
5 Wilson, Max	FR Stevens Point	31.99m
6 Court, Bryce	FR Stevens Point	35.05m
7 Boyette, Josh	SO Stout	43.35m
8 Jensen, Joseph	SR La Crosse	40.95m
9 Campbell, Jack	JR Eau Claire	43.46m
10 Dick, Brandon	SR Stout	49.00m
11 Foland, Max	SR Eau Claire	51.13m
12 Olson, Ben	JR Viterbo	39.70m
13 Powell, Cody	FR Stout	ND
14 Stolte, Jace	FR Eau Claire	38.71m
15 Johnson, Parker	JR Stevens Point	29.88m
16 Reeve, Jamie	FR Eau Claire	45.54m

Decathlon: #10 Men 1500 Meter Run

• • Friday 4/18/2025 - 3:55 PM • •

Seeded following Dec Javelin

Name	Yr School	Seed
1 Jensen, Joseph	SR La Crosse	4:29.01
2 Dick, Brandon	SR Stout	4:32.72
3 Stegeman, Mitch	SR Eau Claire	4:39.40
4 Foland, Max	SR Eau Claire	4:42.05
5 Seaberg, Nolan	JR La Crosse	4:54.11
6 Yanke, Bryant	JR La Crosse	4:58.53
7 Campbell, Jack	JR Eau Claire	5:02.56
8 Johnson, Parker	JR Stevens Point	5:03.23
9 Boyette, Josh	SO Stout	5:39.74
10 Olson, Ben	JR Viterbo	NT

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Event 42 ... (Decathlon: #10 Men 1500 Meter Run)

11	Reeve, Jamie	FR	Eau Claire	NT
12	Stolte, Jace	FR	Eau Claire	NT
13	Wilson, Max	FR	Stevens Point	NT
14	Ridge, Gavin	SO	Stevens Point	NT
15	Powell, Cody	FR	Stout	NT
16	Court, Bryce	FR	Stevens Point	NT

Women 4x100 Meter Relay

• • Friday 4/18/2025 - 2:05 PM • •

D3 Record: 45.60 (2023) Loras
H Creasy, M Edwards, S Lambrie, G Noland
Facility: 45.95 (2023) UW-La Crosse
B Seitz, L Jarrett, E Lawrence, E Dawidowich

Ln	Team	Relay	Seed
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Section 1 of 1 Finals

3	STM2	Saint Mary's	48.69
	Young, Zari FR	Munson, McKenzie JR	
	Torres, Melissa FR	Munson, Samantha JR	
4	WIST	Winona State	47.93
	Steinbach, Sasha FR	Casella, Caitlyn FR	
	Saydee, Danielle SO	Wissbroecker, MacKenzie FR	
5	UWLC	La Crosse	46.06
	Miller, Jenna JR	McGlothlen, Katie SO	
	Molling, Taylor SO	Evans, Maya JR	
6	UWST	Stout	47.81
	Driscoll, Jenna SR	Gamache, Lilly SO	
	Irel, Esme SO	Zastrow, Hannah SR	
7	VITE	Viterbo	48.22
	Chvatal, Lillia SO	Wingo, Olivia SR	
	Poppe, Avery FR	Hyatt, Braylee SO	

Men 5000 Meter Run

• • Friday 4/18/2025 - 2:10 PM • •

D3 Record: 13:47.41 (2023) Alex Phillip - John Carroll
Facility: 13:52.43 (2006) Andrew Carlson - Team USA/ASICS

Ln	Name	Yr	School	Seed
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Section 1 of 1 Finals

1	Finney, Evan	SO	Saint Mary's	17:04.03
2	Burmeister, Alexander	FR	Stout	15:46.51
3	Lortscher, Clark	FR	Jamestown	15:42.00
4	Nelson, Jack	FR	Eau Claire	15:27.10
5	Schneider, Grant	SR	Saint Mary's	16:35.65
6	Campbell, Cole	SO	Jamestown	15:42.84
7	Vandermeer, Ethan	FR	Stevens Point	15:52.61
8	Fitzgerald, Isaiah	SO	Saint Mary's	16:00.30
9	Murray, Daniel	FR	Eau Claire	NT
10	Gabay, Connor	SO	Stout	16:11.79
11	Krueger, Joshua	SR	MSOE	16:08.61
12	Bonilla, Grayson	SR	Minot State	16:19.53
13	Batz, Jared	SO	MSOE	16:08.82
14	Chartrand, Alex	FR	Stout	15:48.76
15	Zuzzio, Zach	FR	MSOE	15:37.71
16	Bremmer, Cole	FR	Eau Claire	15:35.56
17	Fimreite, Mitchell	SO	Unattached	15:55.00
18	Quintana, Joe	FR	Eau Claire	NT
19	McNally, Kyle	SO	Eau Claire	16:17.34
20	Symons, Drew	FR	Unattached	16:24.00
21	Alyassir, Ryan	JR	MSOE	15:10.35

Women 5000 Meter Run

• • Friday 4/18/2025 - 2:30 PM • •

D3 Record: 15:37.00 (2023) Kassie Parker - Loras
Facility: 16:31.17 (2013) Christy Cazzola - UW-Oshkosh

Ln	Name	Yr	School	Seed
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Section 1 of 1 Finals

1	Junig, Noelle	SO	Unattached	18:00.00
2	Kwaterski, Ella	JR	MSOE	19:30.80
3	Klobe, Kendra	SR	Saint Mary's	19:26.39
4	Lehman, Madison	FR	Eau Claire	NT
5	Peterson, Elsie	FR	Eau Claire	NT
6	Berndt, Samantha	FR	Viterbo	21:02.23
7	Culp, Violette	FR	Eau Claire	NT

Men 110 Meter Hurdles

• • Friday 4/18/2025 - 3:00 PM • •

D3 Record: 13.72 (2021) Taylor Rooney - Gustavus Adolphus
Facility: 13.56 (2017) Nate Pozolinski - UW-Milwaukee

9 Advance: Top 1 Each Heat plus Next 6 Best Times

Ln	Name	Yr	School	Seed
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Heat 1 of 3 Prelims

2	Hass, Keenan	SO	Viterbo	15.61
3	Zachgo, Hayden	SR	Stout	16.09
4	Ferguson, Brandon	SO	Viterbo	15.32
5	Edland, Dylan	SR	Stout	15.29
6	Johnson, Lukas	SR	La Crosse	14.56
7	Casey, Thomas	SO	Stout	14.49
8	Schwarz, Jack	SO	MSOE	16.68
9	Madsen, Jake	FR	Eau Claire	15.53

Heat 2 of 3 Prelims

2	Smith, Avin	SO	Viterbo	15.66
3	Zachgo, Nolan	JR	Stout	15.53
4	Martin, Kaden	SR	Stout	14.46
5	Meyer, Mason	FR	Stout	15.40
6	Postler, Blake	FR	Eau Claire	14.61
7	Sorenson, Sam	SO	MSOE	15.26
8	Key, Eli	FR	Stout	18.70
9	Cole, Tom	SR	Stevens Point	15.83

Heat 3 of 3 Prelims

2	Vertin, Travis	FR	Stevens Point	15.72
3	Kempe, Ben	FR	Stevens Point	15.44
4	Driscoll, Malachy	FR	Stout	15.21
5	Botz, Tyler	FR	Eau Claire	15.41
6	Montgomery, Devon		Unattached	13.82
7	Geerts, Daniel	FR	MSOE	15.21
8	Ladage, Zak	SO	Ripon	15.83

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» **Women 100 Meter Hurdles**

• • Friday 4/18/2025 - 3:15 PM • •

D3 Record: 13.60 (1998) Bridget Cochran - Chrisopher Newport
Facility: 13.65 (2023) Birgen Nelson - Gustavus

10 Advance: Top 1 Each Heat plus Next 8 Best Times

Ln	Name	Yr	School	Seed
Heat 1 of 2 Prelims				
1	Dick, Michaela	SO	Eau Claire	15.91
2	Richter, Stella	FR	Winona State	15.34
3	Faber, Camille	SO	Eau Claire	15.19
4	Reichenberger, Hanna	SR	Winona State	13.94
5	Navin, Olivia	FR	La Crosse	14.93
6	Ludwig, Emily	SO	Viterbo	14.54
7	Raths, Kaylie	JR	Stout	14.89
8	Dressnandt, Emma	FR	Stout	19.45
9	Reisen, McKailey	FR	Eau Claire	15.85

Heat 2 of 2 Prelims

1	Princl, Melanie	FR	Stevens Point	15.46
2	Kassulke, Madelyn	JR	Viterbo	16.90
3	Johnson, Emma	SR	Viterbo	14.99
4	Scott, Regan	FR	La Crosse	15.02
5	Eckerman, Brie	SO	La Crosse	14.66
6	Zastrow, Hannah	SR	Stout	13.65
7	Roberts, Lilly	JR	Stout	14.58
8	Zastrow, Leah	JR	Stout	16.24
9	Liebers, Megan	SO	Stout	15.44

» **Men 100 Meter Dash**

• • Friday 4/18/2025 - 3:25 PM • •

D3 Record: 10.09 (2024) Sam Blaskowski - UW-La Crosse
Facility: 10.12 (2015) Thurgood Dennis - UW-Eau Claire

10 Advance: Top 1 Each Heat plus Next 6 Best Times

Ln	Name	Yr	School	Seed
Heat 1 of 4 Prelims				
1	Groskopf, Aiden	FR	Eau Claire	11.39
2	Tordsen, Jake		Unattached	NT
3	John, James	FR	Stout	10.98
4	Foland, Max	SR	Eau Claire	10.96
5	Maurud, Evan	FR	La Crosse	10.72
6	Odom, Nick	SO	Eau Claire	10.72
7	Vold, Andrew	JR	Stevens Point	11.22
8	Folkert, Nathan	SO	Saint Mary's	12.51
9	Zeresenay, Sam	SO	Stout	11.46
10	Williams, Darnell	SR	Viterbo	11.24

Heat 2 of 4 Prelims

1	Palma, Richard	SR	Viterbo	11.80
2	Trudgeon, Thomas	FR	Stevens Point	11.38
3	Piontek, Sam	SO	Eau Claire	10.71
4	Cramer, Ryan	FR	Saint Mary's	10.96
5	Wurster, Jake	FR	Stevens Point	11.13
6	Smith, Ryder	JR	La Crosse	10.74
7	Schulz, Jackson	FR	Eau Claire	10.99
8	Cisewski, Antonio	SR	Saint Mary's	11.46
9	Fischer, Bryson	FR	Viterbo	11.28

Heat 3 of 4 Prelims

1	Oberdas, Evan	FR	Stout	11.75
2	Yanke, Logan	FR	Unattached	11.50
3	Wolter, Charlie	SR	Eau Claire	10.99
4	Luebke, Nicholas	JR	Eau Claire	10.96
5	Kritsberg, Ben	JR	Saint Mary's	11.11
6	Vance, Luke	SR	La Crosse	10.75
7	Ploekelman, Evan	SR	MSOE	10.52
8	Derringer, Carson	FR	Stout	11.30
9	Nennig, Camden	JR	MSOE	11.37

Heat 4 of 4 Prelims

1	Grams, Jonny	SO	Stout	11.33
2	Jung, Jinwoo	SO	Saint Mary's	11.31
3	Hemmrigh-Hartman, Ly	FR	La Crosse	10.81
4	Edland, Dylan	SR	Stout	11.10
5	Adamson, Oliver	SR	Saint Mary's	10.81
6	Dutton, Brady		Unattached	11.09
7	Klechefski, Stefan	SR	Eau Claire	10.36
8	Hardy, Kijuan	SO	Saint Mary's	11.65
9	Borkovetz, Kaden	FR	Stout	11.70

» **Women 100 Meter Dash**

• • Friday 4/18/2025 - 3:35 PM • •

D3 Record: 11.49 (2023) Michelle Kwafo - Coast Guard
Facility: 11.38 (2011) Dezerea Bryant - Milw. Bradley Tech HS

10 Advance: Top 1 Each Heat plus Next 6 Best Times

Ln	Name	Yr	School	Seed
Heat 1 of 4 Prelims				
1	Munson, McKenzie	JR	Saint Mary's	13.03
2	Pergande, Jillian	FR	Viterbo	13.81
3	Kakes, Allyson	SO	Eau Claire	12.18
4	Huber, Libby	SO	Eau Claire	12.66
5	Saydee, Danielle	SO	Winona State	12.49
6	Molling, Taylor	SO	La Crosse	12.16
7	Schueler, Hope	SO	Eau Claire	12.42
8	Sippel, Emma	FR	La Crosse	12.67
9	Kubichka, Rachael	SO	Saint Mary's	13.09
10	Gerdes, Emma	SO	Saint Mary's	14.05

Heat 2 of 4 Prelims

1	Evans, Maya	JR	La Crosse	12.70
2	Robinson, Rhianna	FR	Viterbo	13.59
3	Casella, Caitlyn	FR	Winona State	12.23
4	Miller, Jenna	JR	La Crosse	12.63
5	Steinbach, Sasha	FR	Winona State	12.15
6	Chvatal, Lillia	SO	Viterbo	12.52
7	McLeod, Kaylee	SO	Viterbo	12.41
8	Kleiman, Nevaeh	FR	Stout	14.26
9	Dettmers, Chloe	SR	Stevens Point	13.16
10	Fisher, Madi	FR	Stevens Point	12.93

Heat 3 of 4 Prelims

1	Kakes, Kylie	FR	Eau Claire	13.48
2	Marr, Megan	SO	Winona State	13.30
3	Hyatt, Braylee	SO	Viterbo	12.23
4	Durango, Makayla	SO	Stout	12.13
5	Irel, Esme	SO	Stout	12.55
6	Birch, Karissa	FR	Winona State	12.60
7	Wissbroecker, MacKen	FR	Winona State	12.33
8	Sedlacek, McKenna	FR	La Crosse	NT
9	Torres, Melissa	FR	Saint Mary's	12.87
10	Munson, Samantha	JR	Saint Mary's	12.71

Heat 4 of 4 Prelims

1	Iverson, Amanda	SR	Eau Claire	12.82
2	Teynor, Lainey	JR	Viterbo	13.37
3	McGlothlen, Katie	SO	La Crosse	12.59
4	Lukas, Courtney	JR	Winona State	12.25
5	Gamache, Lilly	SO	Stout	12.31
6	Young, Zari	FR	Saint Mary's	12.11
7	Therault, Adyn	JR	Stevens Point	12.57
8	McDaniel, Gillian	JR	MSOE	12.82
9	Geers, Mackenzie	SO	Viterbo	13.42

» **Men 400 Meter Dash**

• • Friday 4/18/2025 - 3:50 PM • •

D3 Record: 44.66 (2004) Andrew Rock - UW-La Crosse
Facility: 45.73 (2003) Andrew Rock - UW-La Crosse

Ln	Name	Yr	School	Seed
Section 1 of 3 Finals				
3	Groshek, Tanner	JR	Viterbo	55.54
4	Bradley, Tyler	FR	MSOE	55.06
5	Koch, Brady	SO	Stevens Point	53.79
6	Kearns, Robert	SO	MSOE	53.97
7	Mostowik, Alex	FR	MSOE	55.46
8	Sehnert, Colby	JR	MSOE	55.81
Section 2 of 3 Finals				
1	Hoel, Dalton	SO	Eau Claire	52.60
2	Scott, Logan	SO	Stout	51.98
3	Burant, Daniel	SR	MSOE	51.81
4	Boudreau, Quincy	FR	Eau Claire	51.31
5	Leist, Aiden	JR	Stevens Point	50.81
6	Paton, Eddie	SO	Saint Mary's	51.04
7	Johnson, Brady	SR	Saint Mary's	51.65
8	Ilde, Zackery	JR	Stout	51.97
9	Clements, Alex	FR	Stevens Point	52.10
10	Vincetich, Tyler	JR	Stevens Point	53.43

Section 3 of 3 Finals

1	Schreiber, Jack	SO	Eau Claire	50.22
2	Dugan, Ethan	FR	La Crosse	49.58
3	Cull, Harrison	SO	Eau Claire	49.44
4	Williams, Devin	SO	La Crosse	49.13
5	Mead, Mason	JR	Stevens Point	48.66
6	Bunders, Seth	FR	Ripon	49.06
7	Eickhoff, Jacob	SO	Eau Claire	49.37
8	Raatz, Nathan	SR	Carroll	49.50
9	Davies, Jacob	SR	Ripon	49.71
10	Foland, Max	SR	Eau Claire	50.44

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» **Women 400 Meter Dash**

• • Friday 4/18/2025 - 4:00 PM • •

D3 Record: 52.81 (2017) Wadeline Jonathas - UMass Boston
Facility: 53.34 (2023) Shereen Vallabouy - Winona State

Ln	Name	Yr	School	Seed
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Section 1 of 3 Finals

4	Kuhlman, Reese	FR	Winona State	1:05.16
5	Schmidt, Emma	SO	Stevens Point	1:03.55
6	Boehnlein, Maddy	JR	Stevens Point	1:03.88

Section 2 of 3 Finals

2	Moon, Elise	JR	La Crosse	1:02.06
3	Teynor, Lainey	JR	Viterbo	1:01.67
4	Deschand, Jaimie	JR	Stevens Point	1:00.54
5	Kern, Grace	SO	La Crosse	59.69
6	Jillson, Ellie	SR	La Crosse	1:00.30
7	Smith, Kya	JR	Stevens Point	1:00.78
8	Olson, Julia	FR	Stevens Point	1:01.87
9	Lauinger, Emilia	FR	Eau Claire	1:02.55

Section 3 of 3 Finals

1	Jex, Lauren	JR	Eau Claire	59.59
2	Tvedt, Corrina	SO	Stout	59.18
3	Vogele, Anetha	SR	Stevens Point	58.60
4	Grubbs, Sarah	SO	La Crosse	58.40
5	Larson, Alyssa	JR	Winona State	57.33
6	Rengo, Emily	JR	Concordia-Moor.	57.42
7	Keleher, Ashley	SR	La Crosse	58.56
8	Hecker, Maddie	SO	La Crosse	58.60
9	Thomson, Jocelyn	FR	La Crosse	59.53
10	Birch, Karissa	FR	Winona State	59.64

» **Men 400 Meter Hurdles**

• • Friday 4/18/2025 - 4:40 PM • •

D3 Record: 48.64 (1977) Edwin Moses - Morehouse
Facility: 50.20 (2003) Derek Toshner - UW-La Crosse

Ln	Name	Yr	School	Seed
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Section 1 of 2 Finals

1	Key, Eli	FR	Stout	NT
2	Gabik, Thor	SO	Stevens Point	1:00.80
3	Vertin, Travis	FR	Stevens Point	1:00.04
4	Zachgo, Hayden	SR	Stout	59.25
5	Zinn, Adam	SR	Stevens Point	58.22
6	Schwarz, Jack	SO	MSOE	58.46
7	Rosas, Noah	SR	Stevens Point	59.60
8	Meyer, Mason	FR	Stout	1:00.18
9	Schultz, Brady	FR	Stevens Point	1:04.20

Section 2 of 2 Finals

1	Garcia-Heinrich, Will	FR	Stevens Point	57.00
2	Zachgo, Nolan	JR	Stout	55.65
3	Geerts, Daniel	FR	MSOE	55.41
4	Berger, Daylan	JR	Eau Claire	55.16
5	Hart, Ayden	SO	La Crosse	53.77
6	Nyquist, Zach	FR	La Crosse	53.81
7	Postler, Blake	FR	Eau Claire	55.20
8	Phillips, Austin	SO	Stevens Point	55.63
9	Smith, Avin	SO	Viterbo	56.44
10	Haling, Talon	FR	Stevens Point	57.58

» **Women 400 Meter Hurdles**

• • Friday 4/18/2025 - 4:50 PM • •

D3 Record: 57.85 (2024) Ren Brown - Chicago
Facility: 59.31 (2013) Heather Gearity - Montclair State

Ln	Name	Yr	School	Seed
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Section 1 of 3 Finals

3	Kassulke, Madelyn	JR	Viterbo	1:14.72
4	Brey, Lexi	FR	Stevens Point	1:13.34
5	Armstrong, Addison	FR	Eau Claire	1:12.13
6	Ryskoski, Ariana	FR	Winona State	1:13.10
7	Edwards, Metadel	FR	Stevens Point	1:14.50
8	Czerneski, Kendra	JR	Viterbo	1:16.18

Section 2 of 3 Finals

1	Korynta, Sophia	FR	Eau Claire	1:10.83
2	Oden, Emma	FR	Winona State	1:08.99
3	Richter, Stella	FR	Winona State	1:08.22
4	Schnelle, Morgan	SO	La Crosse	1:06.85
5	Carattini, Malina	SO	Stevens Point	1:05.84
6	Otto, Andie	FR	La Crosse	1:06.25
7	Ludwig, Emily	SO	Viterbo	1:07.61
8	Johnston, Megan	SO	Stout	1:08.85
9	Anderson, Allison	JR	La Crosse	1:09.73
10	Nerothin, Elida	FR	Stevens Point	1:11.24

Section 3 of 3 Finals

1	Faber, Camille	SO	Eau Claire	1:05.73
2	Finn, Bridget	SR	Ripon	1:04.26
3	Raths, Kaylie	JR	Stout	1:03.63
4	Roberts, Lilly	JR	Stout	1:02.46
5	Feit, Regan	SR	Winona State	1:00.89
6	Bartelt, Ashley	SR	Stevens Point	1:01.68
7	McNeal, Gretchen	JR	La Crosse	1:03.21
8	Dick, Michaela	SO	Eau Claire	1:04.10
9	Sullivan, Ava	SO	La Crosse	1:05.00
10	Liebers, Megan	SO	Stout	1:05.76

» **Men 800 Meter Run**

• • Friday 4/18/2025 - 5:05 PM • •

D3 Record: 1:47.34 (2006) Nick Symmonds - Willamette
Facility: 1:48.26 (1997) Karl Paranya - Haverford

Ln	Name	Yr	School	Seed
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Section 1 of 3 Finals

1	Beise, Micah	FR	Viterbo	2:07.07
2	Jumbeck, Lance	JR	MSOE	2:07.19
3	Kloss, Cade	SR	Saint Mary's	2:03.74
4	Olmschenk, Zander	FR	Saint Mary's	2:02.27
5	Finney, Evan	SO	Saint Mary's	2:14.69
6	Shaw, Erik	FR	Saint Mary's	2:10.24
7	Deibert, Tucker	FR	Unattached	2:04.00

Section 2 of 3 Finals

1	Fisher, Westin	FR	Stout	2:00.21
2	Krause, Bennett	FR	Stevens Point	1:58.57
3	Schulte, Nick	SO	Stout	2:00.94
4	Kundert, Noah	FR	Eau Claire	1:59.39
5	Hirschboeck, Joey	FR	Unattached	2:00.00
6	Ruei, Goi	FR	Saint Mary's	2:00.12
7	Rompfrey, Adisun	SO	Ripon	1:57.97
8	Froats, Quinn	FR	Eau Claire	2:02.05
9	Prinsens, Ryan	FR	Unattached	2:00.00
10	Quintana, Joe	FR	Eau Claire	2:01.09

Section 3 of 3 Finals

1	Nicholson, Lucas	SO	Oshkosh	1:53.38
2	Milhans, Andrew	FR	Unattached	1:56.71
3	Sayles, Jayden	FR	La Crosse	1:54.98
4	Guenther, Evan	JR	Eau Claire	1:55.89
5	Klaus, Owen	FR	La Crosse	1:53.09
6	Lobner, Blake	SO	Stevens Point	1:54.60
7	Heiman, Tyler		Unattached	1:56.00
8	Nosko, Tyler	JR	Stevens Point	1:54.17
9	Breed, Jett	SO	Oshkosh	1:57.45
10	Green, Silas	JR	Stout	1:53.32

» **Women 800 Meter Run**

• • Friday 4/18/2025 - 5:15 PM • •

D3 Record: 2:00.62 (2017) Emily Richards - Ohio Northern
Facility: 2:00.03 (2022) Roisin Willis - Stevens Point HS

Ln	Name	Yr	School	Seed
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Section 1 of 3 Finals

1	Goergen, Katherine	FR	Saint Mary's	2:40.95
2	Schwingamer, Lola	FR	Saint Mary's	2:41.29
3	Hermann, Mya	FR	Saint Mary's	NT
4	McMahon, Tessa	JR	Saint Mary's	NT
5	Weyer, Kallie	SO	Viterbo	2:40.50

Section 2 of 3 Finals

1	Raab, Ava	FR	Stevens Point	2:30.05
2	Butler, Hannah	JR	Viterbo	2:33.29
3	Meyer, Abbie	JR	Saint Mary's	2:37.19
4	Krahn, Olivia	SR	Stout	2:30.11
5	Nesvacil, Grace	SO	Stevens Point	2:32.31
6	Dorner, Alexis	FR	MSOE	2:29.05
7	Frosch, Megan	JR	Saint Mary's	2:32.30
8	Miranda, Ximena	FR	Stevens Point	2:36.38
9	Svick, Reagan	FR	Winona State	2:32.78
10	Hopkins, Margaret	SO	Stevens Point	2:30.92

Section 3 of 3 Finals

1	Wilson, Jessica	JR	La Crosse	2:19.49
2	Tieskoetter, Josie	FR	Winona State	2:27.85
3	Olmstead, Mallory	FR	La Crosse	2:23.15
4	Morrell, Paige	SO	Eau Claire	2:19.57
5	Nygaard, Kyla	JR	Concordia-Moor.	2:13.59
6	Anders, Jenna	SO	Winona State	2:17.61
7	Rabitz, Audrey	SO	Stevens Point	2:21.87
8	Belany, Rebecca	FR	La Crosse	2:21.08
9	Sauers, Kylee	JR	Stevens Point	2:28.27
10	Anderson, Jorie	FR	Stout	2:25.91

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» **Men 3000 Meter Steeplechase**

• • Friday 4/18/2025 - 5:30 PM • •

D3 Record: 8:31.89 (2024) Christian Patzka - UW-Whitewater
Facility: 8:43.93 (1986) James Gathje - St. John's

Ln	Name	Yr	School	Seed
Section 1 of 2 Finals				
1	Kuwaye, Christian	SR	Ripon	9:46.93
2	LiaBraaten, Lucas	JR	Hamline	9:53.13
3	Zenyuh, Cody	JR	MSOE	9:54.14
4	Pinion, Nolan	FR	MSOE	9:55.00
5	Braun, Jackson	SO	MSOE	9:56.85
6	Campbell, Cole	SO	Jamestown	10:02.28
7	Lortscher, Clark	FR	Jamestown	10:04.04
8	Belus, James	FR	Unattached	10:13.51
9	VerStrate, Troy	FR	Eau Claire	10:13.52
10	Jasmin, Camden	JR	Minot State	10:31.07
11	Schaber, Matthew	JR	MSOE	10:57.18
12	Richardson, Aaron	SO	Stevens Point	11:01.55
13	Ertman, Bryce	JR	Viterbo	13:00.08
14	Groshek, Tanner	JR	Viterbo	NT
15	Newton, Kyle	FR	Stout	NT
16	Nelson, Jack	FR	Eau Claire	NT

Section 2 of 2 Finals

1	Patzka, Christian	SR	Whitewater	8:38.55
2	Brown, Mason	SO	La Crosse	8:56.70
3	Shea, Mason	SR	Eau Claire	8:57.18
4	Schneider, Caden	JR	Platteville	8:57.92
5	Ritzke, Elias	SR	La Crosse	8:59.12
6	Fitzgerald, Ignatius	JR	St. Olaf	9:00.16
7	Vater, Chuck	FR	La Crosse	9:05.00
8	Chadwick, Trent	JR	Oshkosh	9:20.11
9	Peterson, Jesse	SR	Eau Claire	9:24.34
10	Barnes, Ian	JR	Eau Claire	9:26.98
11	Lundgren, Carl	SR	Eau Claire	9:28.40
12	Bratt, Keegan	SO	Whitewater	9:30.83
13	Layton, Owen	SO	La Crosse	9:35.00
14	Deboth, Casey	SR	Stout	9:41.42
15	McPeak, Samuel	SO	MSOE	9:43.64

» **Women 3000 Meter Steeplechase**

• • Friday 4/18/2025 - 5:55 PM • •

D3 Record: 9:57.39 (2019) Annie Rodenfels - Centre
Facility: 9:56.51 (2004) Rasa Michniovaite - Unattached

Ln	Name	Yr	School	Seed
Section 1 of 1 Finals				
1	Chadwick, Katelyn	SR	La Crosse	10:46.17
2	Immer, Becca	SO	La Crosse	11:01.26
3	Lammert, Brekkyn	SR	Stout	11:07.27
4	Voit, Ella	FR	Winona State	11:09.01
5	Higgins, Lily	SO	La Crosse	11:15.86
6	Johnson, Natalie	JR	Stevens Point	11:28.59
7	Zalewski, Julia	FR	La Crosse	11:30.00
8	Ginder, Mackenzie	SO	La Crosse	11:47.99
9	Pahl, Ella	JR	La Crosse	11:48.28
10	Martensen, Hanna	FR	La Crosse	11:49.83
11	Hoffman, Bryanna	SO	Stout	11:58.81
12	Damman, Paige	FR	La Crosse	12:07.13
13	Marquardt, Kassia	JR	Stevens Point	12:14.70
14	Malin, Makaela	FR	Stevens Point	12:14.80
15	Bley, Sabryn	SR	MSOE	12:37.55
16	Kapaun, Arlie	SO	Stout	NT

» **Men 200 Meter Dash**

• • Friday 4/18/2025 - 6:10 PM • •

D3 Record: 20.25 (2023) Cheickna Traore - Ramapo
Facility: 20.43 (2018) Kung fu Kenny - Rice Lake HS

Declarations OPEN following Women's 100m Dash Finals
Declarations CLOSE following Women's 800m Run
If you do not declare, you will NOT be seeded
NO EXCEPTIONS

	Name	Yr	School	Seed
1	McClowry, Colin	SR	Eau Claire	21.41
2	Jankuski, Connor	JR	Eau Claire	21.52
3	Schreiber, Jack	SO	Eau Claire	21.58
4	Cefalu, Jacoby	SR	Ripon	21.62
5	Adamson, Oliver	SR	Saint Mary's	21.94
6	Odom, Nick	SO	Eau Claire	21.94
7	Vance, Luke	SR	La Crosse	21.98
8	John, James	FR	Stout	22.02
9	Maurud, Evan	FR	La Crosse	22.03
10	Wolter, Charlie	SR	Eau Claire	22.12
11	Ploeckelman, Evan	SR	MSOE	22.13
12	Hemmrich-Hartman, Lyr	FR	La Crosse	22.22
13	Smith, Ryder	JR	La Crosse	22.32
14	Cramer, Ryan	FR	Saint Mary's	22.37
15	Pederson, Braedon	SO	Stout	22.49
16	Luebke, Nicholas	JR	Eau Claire	22.57
17	Raatz, Nathan	SR	Carroll	22.70
18	Dutton, Brady		Unattached	22.75
19	Zeresenay, Sam	SO	Stout	22.80
20	Groskopf, Aiden	FR	Eau Claire	22.86
21	Wurster, Jake	FR	Stevens Point	22.86
22	Kritsberg, Ben	JR	Saint Mary's	22.88
23	Derringer, Carson	FR	Stout	22.92
24	Cull, Harrison	SO	Eau Claire	22.96
25	Eickhoff, Jacob	SO	Eau Claire	23.05

26	Fischer, Bryson	FR	Viterbo	23.15
27	Williams, Darnell	SR	Viterbo	23.20
28	Vold, Andrew	JR	Stevens Point	23.23
29	Nennig, Camden	JR	MSOE	23.26
30	Burant, Daniel	SR	MSOE	23.27
31	Templeton, Patrick	FR	Unattached	23.30
32	Jung, Jinwoo	SO	Saint Mary's	23.40
33	Nelson, Jackson	FR	Stout	23.55
34	Ihde, Zackery	JR	Stout	23.58
35	Boudreau, Quincy	FR	Eau Claire	23.60
36	Koch, Brady	SO	Stevens Point	23.65
37	Trudgeon, Thomas	FR	Stevens Point	23.71
38	Hardy, Kijuan	SO	Saint Mary's	23.92
39	Oberdas, Evan	FR	Stout	23.95
40	Palma, Richard	SR	Viterbo	24.27
41	Folkert, Nathan	SO	Saint Mary's	25.89

» **Women 200 Meter Dash**

• • Friday 4/18/2025 - 6:25 PM • •

D3 Record: 23.29 (2018) Wadeline Jonathas - UMass Boston
Facility: 23.01 (2011) Dezerea Bryant - Milw. Bradley Tech HS

Declarations OPEN following Women's 100m Dash Finals
Declarations CLOSE following Women's 800m Run
If you do not declare, you will NOT be seeded
NO EXCEPTIONS

	Name	Yr	School	Seed
1	Kakes, Allyson	SO	Eau Claire	24.73
2	Rengo, Emily	JR	Concordia-Moor.	25.10
3	Lukas, Courtney	JR	Winona State	25.15
4	Casella, Caitlyn	FR	Winona State	25.23
5	Molling, Taylor	SO	La Crosse	25.24
6	Saydee, Danielle	SO	Winona State	25.53
7	Larson, Alyssa	JR	Winona State	25.56
8	Schueller, Hope	SO	Eau Claire	25.57
9	Hecker, Maddie	SO	La Crosse	25.71
10	Hyatt, Braylee	SO	Viterbo	25.84
11	McGlothlen, Katie	SO	La Crosse	25.91
12	Cinnamo, Mya	SO	Eau Claire	25.92
13	Eckerman, Brie	SO	La Crosse	25.95
14	Miller, Jenna	JR	La Crosse	25.96
15	Huber, Libby	SO	Eau Claire	25.98
16	Durango, Makayla	SO	Stout	26.11
17	Fisher, Madi	FR	Stevens Point	26.16
18	Munson, Samantha	JR	Saint Mary's	26.22
19	Beadles, Brittany	SO	Winona State	26.25
20	Hoffa, Sidney	SO	Ripon	26.43
21	Hubka, Lani	SO	Winona State	26.61
22	Iverson, Amanda	SR	Eau Claire	26.74
23	Jillson, Ellie	SR	La Crosse	26.84
24	McDaniel, Gillian	JR	MSOE	26.88
25	McLeod, Kaylee	SO	Viterbo	26.93
26	Tvedt, Corrina	SO	Stout	27.18
27	Scott, Regan	FR	La Crosse	27.26
28	Torres, Melissa	FR	Saint Mary's	27.26
29	Navin, Olivia	FR	La Crosse	27.29
30	Marr, Megan	SO	Winona State	27.37
31	Kubichka, Rachael	SO	Saint Mary's	27.56
32	Engels, Morgan	FR	La Crosse	27.74

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Event 17 ... (Women 200 Meter Dash)

33	Ryskoski, Ariana	FR	Winona State	28.04
34	Dettmers, Chloe	SR	Stevens Point	28.28
35	Kuhlman, Reese	FR	Winona State	28.43
36	Gin, Xara	FR	Saint Mary's	28.47
37	Gerdes, Emma	SO	Saint Mary's	28.76
38	Kleiman, Nevaeh	FR	Stout	29.15
39	Dressnandt, Emma	FR	Stout	29.24

Men 1500 Meter Run

• • Friday 4/18/2025 - 6:40 PM • •

D3 Record: 3:40.06 (2023) Ryan Wilson - MIT
Facility: 3:44.25 (2019) Zach Lee - UW-Platteville

Pacer: Ben Cihasky, 2:02-2:03 @ 800

Ln	Name	Yr	School	Seed
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Section 1 of 3 Finals

1	Quintana, Joe	FR	Eau Claire	4:12.98
2	Deibert, Tucker	FR	Unattached	4:25.00
3	Valcich, Cameron	FR	Eau Claire	4:07.80
4	Bremmer, Cole	FR	Eau Claire	4:10.23
5	Nelson, Jack	FR	Eau Claire	4:10.49
6	East, Eric	SR	Stevens Point	4:09.58
7	Gabay, Connor	SO	Stout	4:19.25
8	Dorner, Jack	SO	MSOE	4:11.16
9	Malvey, Ryan	JR	MSOE	4:13.59
10	Burmeister, Alexander	FR	Stout	4:11.95
11	Bruckhart, Tate	SO	Stevens Point	4:21.50
12	Murray, Daniel	FR	Eau Claire	4:15.56
13	Cullen, Christopher	FR	Stevens Point	4:14.27
14	Finney, Evan	SO	Saint Mary's	4:28.81
15	Bilben, Nate	JR	Eau Claire	4:08.06
16	Fimreite, Mitchell	SO	Unattached	4:13.00
17	Aide, Mason	SO	Stout	4:07.58
18	Dahl, Lucas	FR	Jamestown	4:11.29
19	Chartrand, Alex	FR	Stout	4:20.24

Section 2 of 3 Finals

1	Nogalski, Chase	SO	MSOE	4:02.80
2	Donart, Luke	SR	MSOE	4:05.10
3	Litkey, Brett	SR	MSOE	4:02.72
4	Lasee, Xavier		Unattached	3:57.79
5	Massman, Brandon	JR	Whitewater	4:06.78
6	Layton, Kade		Unattached	4:01.00
7	Landt, Tommy	SR	Unattached	4:00.00
8	Midthun, Bennett	FR	Oshkosh	4:03.48
9	Lewandowski, Colin	JR	Whitewater	4:03.30
10	Nicholson, Lucas	SO	Oshkosh	4:02.14
11	Bratt, Landen	JR	Whitewater	4:03.36
12	Andreano, Matt	FR	Whitewater	4:00.66
13	Villanueva, Rainier	SR	Ripon	4:01.56
14	Weyer, Adam	SO	Unattached	4:01.00
15	Boudreau, Caleb	JR	Eau Claire	4:01.36
16	Griffiths, Huw	SO	Unattached	4:01.59
17	Eiden, Adam	SO	Stevens Point	4:00.12
18	Wong, Addison	JR	Eau Claire	4:05.38

Section 3 of 3 Finals

1	Krause, Justin	SR	Whitewater	3:46.67
2	Shaw, Adam	SR	MSOE	3:50.47
3	Goss, Brady	SO	Concordia-Moor.	3:51.66
4	Boone, Calvin	SR	St. Scholastica	3:49.00
5	Cihasky, Benjamin	FR	Stevens Point	3:50.00
6	Manning, Aidan	JR	La Crosse	3:50.27
7	Cullen, Cameron	JR	Oshkosh	3:57.00
8	Hartney, Sean	SR	St. Olaf	3:50.94
9	Lutz, Logan	SR	Stevens Point	3:57.61
10	Penzkover, Derek	SR	Stevens Point	3:48.62
11	Merklein, Nash	FR	La Crosse	3:54.18
12	Eves, Brock		Unattached	3:56.00
13	Potter, Steve	FR	Unattached	3:46.00
14	Verkerke, Sam	SR	Eau Claire	3:53.59
15	Wolfe, Christopher	JR	La Crosse	3:52.01

Women 1500 Meter Run

• • Friday 4/18/2025 - 6:55 PM • •

D3 Record: 4:13.69 (2021) Emily Pomainville - SUNY Geneseo
Facility: 4:17.22 (2013) Christy Cazzola - UW-Oshkosh

Ln	Name	Yr	School	Seed
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Section 1 of 3 Finals

1	Schell, Abigail	SO	Stevens Point	5:10.28
2	Lemke, Kayla	SR	Stout	5:32.55
3	Hemann, Caroline	SO	Winona State	5:07.33
4	Cox, Olivia	JR	Viterbo	6:49.88
5	Franklin, Olivia	SR	Stevens Point	5:21.59
6	Zapuchlak, Lydia	SO	Viterbo	6:31.56
7	Guenther, Lily	FR	Eau Claire	5:09.08
8	Ray, Libby	FR	Winona State	5:08.95
9	Sadlack, Cora	SO	Stout	5:22.89
10	Goergen, Katherine	FR	Saint Mary's	5:38.38
11	Lord, Ashlee	SO	Stevens Point	5:09.20
12	Petty, Lilly	FR	Jamestown	5:13.15
13	Goodmanson, Allyson	FR	Jamestown	5:09.52
14	Peterson, Elsie	FR	Eau Claire	5:12.40

Section 2 of 3 Finals

1	Anderson, Jorie	FR	Stout	5:06.26
2	Slavin, Mya	FR	Saint Mary's	4:53.05
3	Schulteis, Violet	FR	Winona State	5:05.00
4	Peterson, Saige	FR	Eau Claire	4:51.71
5	Heilman, Olivia	FR	La Crosse	4:52.93
6	Thomas, Vanessa	SR	Viterbo	4:59.47
7	Meyer, Karlie	SR	La Crosse	4:52.88
8	Jossie, Lindsey	JR	Stevens Point	4:51.42
9	Terwedo, Lexi	SO	Winona State	4:56.33
10	Kliesner, Aleya	FR	La Crosse	4:58.15
11	Wagner, Ryann	JR	Eau Claire	4:53.64
12	Burns, Kaleigh	FR	Unattached	5:05.00
13	Dockendorf, Mady	FR	Winona State	5:01.11
14	Reines, Hadley	JR	Stevens Point	5:01.19

Section 3 of 3 Finals

1	Fassbender, Paige	SR	Whitewater	4:49.37
2	Weissinger, Allison	SR	Eau Claire	4:50.37
3	Gerber, Tori	SR	Viterbo	4:46.85
4	Stockton, Kylie	JR	La Crosse	4:48.96
5	Harke, Sam	SO	Winona State	4:39.75
6	De La Cerda, Ari	SR	Whitewater	4:38.80
7	Erb, Katie	JR	Whitewater	4:42.42
8	Talabac, Mara	JR	Winona State	4:49.23
9	Mathis, Ryana	FR	La Crosse	4:45.25
10	Cortes, Jenny	JR	Ripon	4:40.07
11	Geisness, Libby	SR	Oshkosh	4:36.00
12	Lehman, Amelia	SR	Oshkosh	4:27.88
13	Anderson, Kylie	JR	Winona State	4:39.22
14	Sato, Bryn	JR	La Crosse	4:50.55

Men 4x400 Meter Relay

• • Friday 4/18/2025 - 7:15 PM • •

D3 Record: 3:07.24 (2023) Mount Union
J Storm, T Gill, J Knoch, M McBride
Facility: 3:08.04 (2004) UW-La Crosse
J Deterville, T Marcinek, E Svestka, A Rock

Ln	Team	Relay	Seed
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Section 1 of 1 Finals

2	UWSP	Stevens Point B	3:19.65
	Zinn, Adam SR	Clements, Alex FR	
	Leist, Aiden JR	Haling, Talon FR	
3	UNA	Unattached	NT
	Milhans, Andrew FR	Prinsen, Ryan FR	
	Hirschboeck, Joey FR	Heiman, Tyler	
4	UWST	Stout	3:21.42
	Nelson, Jackson FR	Scott, Logan SO	
	Schulte, Nick SO	Fisher, Westin FR	
5	UWEC	Eau Claire	3:10.73
	Berger, Daylan JR	Guenther, Evan JR	
	Kundert, Noah FR	Froats, Quinn FR	
6	UWSP	Stevens Point	3:19.65
	Garcia-Heinrich, Will FR	Mead, Mason JR	
	Kempe, Ben FR	Krause, Bennett FR	
7	RIPO	Ripon	3:26.99
	Bunders, Seth FR	Davies, Jacob SR	
	Cefalu, Jacoby SR	Rompney, Adisun SO	
8	MLSE	MSOE	3:30.66
	Geerts, Daniel FR	Kearns, Robert SO	
	Schwarz, Jack SO	Burant, Daniel SR	

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» Women 4x400 Meter Relay

• • Friday 4/18/2025 - 7:20 PM • •

D3 Record: 3:34.32 (2023) Wheaton (Mass.)
T Donoghue, V Smith, J Bromell, A James
Facility: 3:42.15 (2018) Nebraska Wesleyan
A Frazier, E Jones, A Rolfes, K Jones

Ln	Team	Relay	Seed
Section 1 of 1 Finals			
2	UWSP	Stevens Point B	4:15.00
	Deschand, Jaimie JR	Lord, Ashlee SO	
	Jossie, Lindsey JR	Hopkins, Margaret SO	
3	VITE	Viterbo	4:09.78
	Teko-Folly, Pearla SO	Teynor, Lainey JR	
	Pergande, Jillian FR	Geers, Mackenzie SO	
4	UWEC	Eau Claire	4:02.00
	Jex, Lauren JR	Morrell, Paige SO	
	Cinnamo, Mya SO	Krueger, Jillian FR	
5	UWLC	La Crosse	3:56.53
	Keleher, Ashley SR	Thomson, Jocelyn FR	
	Grubbs, Sarah SO	Otto, Andie FR	
6	UWSP	Stevens Point	3:57.32
	Smith, Kya JR	Theriault, Adyn JR	
	Olson, Julia FR	Rabitz, Audrey SO	
7	UWLC	La Crosse B	4:05.50
	Schnelle, Morgan SO	Anderson, Allison JR	
	Kern, Grace SO	McNeal, Gretchen JR	
8	UWLC	La Crosse C	4:10.00
	Moon, Elise JR	Belany, Rebecca FR	
	Olmstead, Mallory FR	Wilson, Jessica JR	

» Men 10000 Meter Run

• • Friday 4/18/2025 - 7:25 PM • •

D3 Record: 28:31.60 (2023) Alex Phillip - John Carroll
Facility: 29:18.92 (2017) Ian LaMere - UW-Platteville

Pacer: Max Fore, 14:50 @ 5K, then 71s through 4+ miles

Heat 1: 725

Heat 2: 840

Ln	Name	Yr	School	Seed
Section 1 of 2 Finals				
1	Moore, Nathan	FR	Wartburg	31:55.00
2	Lewis, Brady	SO	Oshkosh	31:50.00
3	Thaler, Andrew	FR	Eau Claire	31:53.62
4	Steiniger, Griffin	SR	Unattached	31:20.00
5	Coulter, Derek	SO	Wartburg	31:33.53
6	Schouten, Isaac	FR	Eau Claire	33:35.86
7	Noreen, Cam	JR	Wartburg	31:55.00
8	Garcia, Mitch	SO	Unattached	31:30.00
9	Krueger, Joshua	SR	MSOE	33:34.25
10	Traeder, Eli	SR	Oshkosh	31:35.00
11	Cook, Cooper	FR	Wartburg	31:54.78
12	Trandahl, Nels	SR	Stout	31:29.82
13	Zuzzio, Zach	FR	MSOE	32:51.08
14	Poock, Andrew	SR	Wartburg	32:27.29
15	Van Antwerp, Julian	SO	Stout	31:34.75
16	Stitzer, Nick	SO	Stout	31:35.00
17	Tome, Bryce	SR	Milwaukee	31:42.00
18	Batz, Jared	SO	MSOE	34:59.14
19	Schleutermann, Aidan	SR	Stevens Point	31:50.00
20	Hanson, Colin	SO	Stout	31:25.00
21	Boyle, Cullen	SO	Milwaukee	31:46.00
22	Wendl, Nickolas	SO	Unattached	31:30.00
23	Adams, Joseph	JR	Stevens Point	33:03.32
24	Sanderfoot, Austin	SR	Carroll	31:29.93
25	Dax, Kolby	JR	MSOE	32:06.10
26	Taylor, Alec	JR	Unattached	31:44.00
27	Thill, John	JR	Oshkosh	32:03.00
28	Menefee, Thomas		Unattached	31:30.00
29	Feltz, Cooper	JR	Eau Claire	31:41.56
30	Bonilla, Grayson	SR	Minot State	33:50.00
31	Kurth, Malachi	FR	Stevens Point	31:51.00

Section 2 of 2 Finals

1	Dewall, Lars	SR	St. Scholastica	30:16.33
2	Anderson, Dan	SO	Whitewater	30:13.19
3	Svienty, Emerald	SR	North Central	29:06.60
4	Buchanan, Ayden	FR	Wartburg	31:09.00
5	Bourne, Isaac	JR	Loras	30:05.45
6	Stangel, Ben	JR	La Crosse	30:18.13
7	Larson, Eli	JR	Wartburg	30:05.12
8	Lance, Tyler		Unattached	31:11.02
9	Horstman, Alex	JR	Wartburg	30:36.91
10	Turlington, Kevin	JR	St. Olaf	29:45.00
11	Goodenbour, Michael	SR	Wartburg	30:17.99
12	Fassbender, David		Unattached	30:00.00
13	Fore, Max		Unattached	30:00.00
14	Marszalek, Elijah	JR	Stout	30:10.00
15	Jett, Matthew	SR	North Central	30:32.57
16	Lee, Patrick	JR	MSOE	30:42.88
17	Allen, Chris	SR	Whitewater	30:54.00
18	Murphy, Logan	SO	Stevens Point	30:00.16
19	Seeber, Matt	SR	Ripon	31:08.06
20	Witvliet, Luke	JR	Calvin	29:41.70
21	Fricke, Dawson	SO	Wartburg	31:08.02
22	Curulewski, Jacob	JR	Carthage	30:40.03
23	Johnson, Tucker	JR	Whitewater	31:15.74
24	Gottner, Xander	SR	MSOE	30:00.00
25	Freng, Joe	JR	Oshkosh	30:41.82
26	Rininger, Ryan	JR	Stevens Point	31:19.00
27	Ecker, David		Unattached	29:59.00
28	Skemp, Andrew	SR	St. Olaf	29:48.00
29	Hesse-Withbroe, Jack	JR	Eau Claire	30:30.73
30	Hoopes, Paul	SR	Wartburg	30:53.88

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Women 10000 Meter Run

• • Friday 4/18/2025 - 8:00 PM • •

D3 Record: 32:36.22 (2023) Kassie Parker - Loras
Facility: 34:52.87 (1986) Julia Kirtland - Macalester

Heat 1: 8:00

Heat 2: 9:15

Ln	Name	Yr	School	Seed
Section 1 of 2 Finals				
1	Tapajna, Abby	JR	Hamline	41:34.21
2	Kramer, Karle	JR	Wartburg	38:57.02
3	Beirne, Tia	SO	Eau Claire	40:12.54
4	Ottosen, Leah	FR	Eau Claire	40:25.17
5	Bussiere, Taylor	FR	La Crosse	39:10.00
6	Salimes, Jessi	FR	Stout	40:25.00
7	England, Arabella	FR	St. Olaf	40:36.00
8	Gleason, Cate	SR	St. Olaf	39:40.88
9	Klobe, Kendra	SR	Saint Mary's	42:11.84
10	Whipps, Kayleigh		Unattached	39:09.00
11	Wood, Abby	FR	St. Scholastica	40:40.00
12	Fisher, Emily	FR	Stout	40:25.00
13	Harrison, Nicole	SR	Stout	39:41.68
14	Engel, Morgan	JR	Wartburg	39:10.19
15	Kwaterski, Ella	JR	MSOE	42:21.83
16	Kortman, Cath	SR	Calvin	39:00.00
17	Van Der Wegen, Allison	SO	Oshkosh	39:15.00
18	Smith, Emery	JR	Minot State	39:05.86
19	Olson, Brooke	SO	Jamestown	40:41.00
20	Butz, Andrea	SR	Unattached	40:30.00
21	Weider, Elizabeth	FR	St. Olaf	41:38.00
22	Tallackson, Jennifer	SR	Jamestown	42:09.08
23	Vander Kooi, Kirsten	SO	Jamestown	41:19.05
24	Meister, Judith	SO	Stevens Point	39:41.00
25	Wedwick, Abbey	SR	Whitewater	39:19.50
26	Molitor, Isabelle	FR	Stevens Point	40:30.00

Section 2 of 2 Finals

1	Berger, Joley	FR	Ripon	37:21.00
2	Schwartz, Elizabeth	SO	La Crosse	37:10.00
3	Allard, Gabby	SO	Ripon	37:58.00
4	Maas, Lydia	FR	Wartburg	37:30.00
5	Zopel, Eileen	SO	La Crosse	38:20.00
6	Bochmann, Sydney	FR	Wartburg	38:14.00
7	Faris, Katie		Unattached	38:30.00
8	Sainz De Rozas, Ainara	JR	Concordia WI	35:50.56
9	Zimmerman, Reagan	JR	Eau Claire	37:11.51
10	Lasiowski, Claudia	SO	Stout	37:00.00
11	Behr, Keeley	JR	Eau Claire	36:40.57
12	Luebke, Brooklyn	JR	La Crosse	36:51.65
13	Ahrens, Emma	SO	Concordia WI	37:01.00
14	Reiser, Mallory	SO	La Crosse	36:19.65
15	Larsen, Aliya	JR	Carleton	36:48.00
16	Flyte, Mikayla	SR	Ripon	36:15.03
17	Donohue, Olivia	SR	Stout	37:00.00
18	Bargender, Kassie	SR	Eau Claire	38:45.45
19	Gallagher, Anna	SO	Milwaukee	37:30.00
20	Felton, Mckayla	SR	Stout	37:03.00
21	Feitl, Gwen	JR	Oshkosh	38:20.00
22	Palmer, Madeline	JR	Winona State	37:00.27
23	Booth, Teghan	SR	Simpson	35:23.22
24	Beirne, Libby	SO	Eau Claire	38:47.10
25	Vance, Ava	FR	Wartburg	38:22.00
26	Angus, Abbey	FR	Wartburg	39:01.53

Men Pole Vault

• • Friday 4/18/2025 - 3:00 PM • •

D3 Record: 5.60m (2018) Luke Winder - North Central
Facility: 5.40m (2018) Dan Evers - Monmouth

Pos	Name	Yr	School	Seed
Flight 1 of 1 Finals				
1	Zell, Jonathon	SR	La Crosse	4.87m
2	Knox, Sam	SO	Stout	4.92m
3	Lange, Gaven	JR	La Crosse	4.74m
4	Boyle, Connor	FR	La Crosse	4.93m
5	Fischer, Bryson	FR	Viterbo	4.05m
6	Wagner, Alex	FR	La Crosse	4.90m
7	Bembenek, Zach	FR	Stevens Point	4.29m
8	O'Brien, Cameron	SO	MSOE	4.19m
9	Thompson, Brady	SO	Stout	4.28m
10	Krystosek, Braden	SO	Stout	4.75m
11	Lewis, Kolby		Unattached	5.03m
12	Decker, Caden	JR	Stevens Point	4.41m
13	Skellenger, Ben	FR	Eau Claire	4.31m
14	Missiaen, Paul	FR	Eau Claire	4.31m
15	Brissette, Ethan	FR	La Crosse	4.45m
16	Bradway, Brayden	SO	Viterbo	4.40m
17	Marks, Logan	SR	MSOE	4.45m
18	Tumminaro, Andrew	SO	La Crosse	5.01m
19	Fujino, Gavin	FR	Stevens Point	4.74m
20	Moore, Caleb	JR	La Crosse	4.85m
21	Kiefer, Thomas	SO	MSOE	4.50m

Women Pole Vault

• • Friday 4/18/2025 - 4:00 PM • •

D3 Record: 4.31m (2018) Katherine Pitman - Ithaca
Facility: 4.22m (2009) Rianna Galleart - Unattached

Pos	Name	Yr	School	Seed
Flight 1 of 1 Finals				
1	Jacoby, Kelly		Unattached	3.90m
2	Kearney, Shannon	SO	Stevens Point	3.03m
3	Champion, Mack	SO	Stout	3.47m
4	Shafron, Emily	JR	La Crosse	3.68m
5	Weiss, Natalee	FR	Stevens Point	3.18m
6	De Leo Lopez, Araceli	JR	La Crosse	4.00m
7	Ford, Taylor	FR	La Crosse	3.39m
8	Zastrow, Leah	JR	Stout	3.97m
9	Bergeron, Jackie	FR	La Crosse	3.66m
10	Johnson, Emma	FR	Eau Claire	3.38m
11	Keck, Izzy	SO	Viterbo	3.61m
12	Patterson, Gabby	FR	La Crosse	3.51m
13	Morrison, Nina	SR	La Crosse	3.54m
14	Weishoff, Abi	JR	Stout	3.48m
15	Allemann, Brooke	SR	Stevens Point	3.06m
16	Wingo, Olivia	SR	Viterbo	4.02m
17	Sorensen, Raegan	JR	Stout	3.60m
18	VanCalster, Amanda	FR	La Crosse	3.68m
19	Johnson, Emma	SR	Viterbo	3.75m
20	Horgan, Sloan	SO	Stout	3.06m
21	Armstrong, Addison	FR	Eau Claire	3.21m
22	Lepkowski, Graysen	FR	Eau Claire	3.34m
23	Harvey, Marisa	SO	La Crosse	3.68m
24	Anderson, Alexis	JR	Stout	2.75m
25	Gin, Xara	FR	Saint Mary's	3.30m
26	Habberstad, Maddy	SO	La Crosse	4.01m
27	Ludwig, Emily	SO	Viterbo	3.35m
28	Gustafson, Lina	FR	Stout	3.52m
29	Locke, Rachael	JR	Stevens Point	3.06m

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» **Men High Jump**

• • Friday 4/18/2025 - 3:00 PM • •

D3 Record: 2.24m (1985) Kym Orr - Fredonia
Facility: 2.21m (2014) Wally Ellenson - Minnesota

Pos	Name	Yr	School	Seed
<u>Flight 1 of 1 Finals</u>				
1	Roe, Brad	JR	Eau Claire	1.96m
2	Kroeger, Ethan	FR	Stout	1.81m
3	Flood Elyafi, Noah	JR	Stout	1.95m
4	Rydzewski, Reid	FR	Stevens Point	1.95m
5	Eldredge, Mitchell	SO	La Crosse	1.98m
6	Welte, Kaedon	SR	Stevens Point	1.93m
7	Marken, Dominic	SR	Viterbo	1.92m
8	Ploederl, Casey	JR	Stevens Point	2.06m
9	Whitney, Caleb	SO	Stout	1.98m
10	Gartmann, Phil	SO	Stevens Point	1.93m
11	Fisher, Ben	SR	Ripon	2.07m
12	Etheridge, Makhi	JR	Stevens Point	1.81m
13	Davis, Lawson	SO	Stout	2.05m
14	Webb, Conrad	FR	Eau Claire	1.92m
15	Orlikowski, Leo	FR	Eau Claire	1.85m
16	Binstock, Matthew	JR	Stout	1.96m
17	Rupakus, Ethan	SO	Stout	1.95m
18	Paulson, Jimmy	FR	MSOE	1.76m
19	Bradway, Brayden	SO	Viterbo	1.79m

» **Women High Jump**

• • Friday 4/18/2025 - 5:00 PM • •

D3 Record: 1.83m (2013) Liz Evans - Rose-Hulman
Facility: 1.80m (1986) Michele Reidl - UW-Stevens Point

Pos	Name	Yr	School	Seed
<u>Flight 1 of 1 Finals</u>				
1	Bender, Izzy	FR	La Crosse	1.60m
2	Bertrang, Laura	SO	Eau Claire	1.71m
3	Finn, Bridget	SR	Ripon	1.63m
4	Draheim, Alyssa	SO	Eau Claire	1.59m
5	Reisen, McKailey	FR	Eau Claire	1.62m
6	Untz, Delaney	FR	Winona State	1.52m
7	Zirbel, Madeline	JR	Stevens Point	1.64m
8	Teko-Folly, Pearla	SO	Viterbo	1.59m
9	Miller, Kaylee	FR	Stevens Point	1.54m
10	Michaelson, Claire	JR	Stout	1.54m
11	Williams, Emily	SR	Eau Claire	1.63m
12	Sobotta, Megan	JR	Viterbo	1.44m
13	Mohling, Mari	JR	Winona State	1.60m
14	Bunke, Shae	FR	Stout	1.43m
15	Zastrow, Hannah	SR	Stout	1.69m
16	Todd, Macie	SR	La Crosse	1.72m
17	Lacey, Hannah	JR	La Crosse	1.54m
18	Wingo, Olivia	SR	Viterbo	1.61m
19	Karau, Janessa	FR	Stevens Point	1.50m
20	Williamson, Ella	SR	Eau Claire	1.64m
21	Friese, Mady	JR	La Crosse	1.56m

» **Men Long Jump**

• • Friday 4/18/2025 - 4:30 PM • •

D3 Record: 7.96m (1996) Shawn Watson - Mount Union
Facility: 7.92m (2018) George Alexandris - Montclair State

Pos	Name	Yr	School	Seed
<u>Flight 1 of 2 Finals</u>				
1	Marken, Dominic	SR	Viterbo	6.24m
2	Nennig, Camden	JR	MSOE	6.42m
3	Borkovetz, Kaden	FR	Stout	6.30m
4	Porcelli, Lucas	JR	Eau Claire	6.44m
5	Conard, Kyle	SR	MSOE	5.80m
6	Whitney, Caleb	SO	Stout	6.26m
7	Longfors, Nathan	FR	Saint Mary's	6.07m
8	Pederson, Braedon	SO	Stout	6.38m
9	Grams, Jonny	SO	Stout	6.36m
10	Binstock, Matthew	JR	Stout	6.34m
11	Powell, Nathaniel	SR	Viterbo	5.52m
<u>Flight 2 of 2 Finals</u>				
1	Torsen, Jake		Unattached	7.15m
2	Espinosa, Amado	SO	Stevens Point	6.56m
3	Davis, Lawson	SO	Stout	6.51m
4	Hermes, Andrew	SR	Unattached	7.13m
5	Foland, Max	SR	Eau Claire	6.86m
6	Cisewski, Antonio	SR	Saint Mary's	6.60m
7	Roeber, Jack	SR	Stout	7.40m
8	Tuchscherer, Nick	FR	Stevens Point	6.84m
9	Sargeant, Gavin	FR	La Crosse	6.64m
10	Flood Elyafi, Noah	JR	Stout	6.84m
11	Jefferson, Sebastian	JR	La Crosse	7.28m

» **Women Long Jump**

• • Friday 4/18/2025 - 4:30 PM • •

D3 Record: 6.49m (2012) Skye Morrison - Wartburg
Facility: 6.22m (2013) Melissa Norville - Illinois College

Pos	Name	Yr	School	Seed
<u>Flight 1 of 2 Finals</u>				
1	McDaniel, Gillian	JR	MSOE	5.34m
2	Dostal, Ameryn	FR	Saint Mary's	4.55m
3	Block, LaRissa	SR	Stout	4.91m
4	Brown, Grace	SO	Eau Claire	5.08m
5	Kent, Hailie	JR	La Crosse	5.30m
6	Schultz, Alexis	SO	Stevens Point	4.06m
7	Hoffa, Sidney	SO	Ripon	5.32m
8	Jacobson, Mayzee	SO	Eau Claire	4.85m
9	Kakes, Kylie	FR	Eau Claire	4.71m
<u>Flight 2 of 2 Finals</u>				
1	Liptak, Corrin	SO	La Crosse	5.43m
2	Taylor, Lindsey	SO	Stevens Point	5.36m
3	Thaler, Anna	FR	Eau Claire	5.40m
4	Theriault, Adyn	JR	Stevens Point	5.38m
5	Blum, Josie	SO	La Crosse	5.52m
6	Halverson, Rachel	FR	La Crosse	5.56m
7	Chvatal, Lillia	SO	Viterbo	5.41m
8	Jaenicke, Isabelle	FR	Stout	5.35m
9	Driscoll, Jenna	SR	Stout	5.70m

» **Men Triple Jump**

• • Friday 4/18/2025 - 3:00 PM • •

D3 Record: 16.58m (1989) Jan Cado - North Central
Facility: 15.89m (2018) Luther Newburn - Benedictine

Pos	Name	Yr	School	Seed
<u>Flight 1 of 1 Finals</u>				
1	Conard, Kyle	SR	MSOE	12.46m
2	Smith, Kansas	SO	Stevens Point	13.61m
3	Walker, Dameco	SR	Ripon	15.00m
4	Gjovik, Jack	SO	Stevens Point	13.97m
5	Longfors, Nathan	FR	Saint Mary's	12.81m
6	Paulson, Jimmy	FR	MSOE	12.90m

» **Women Triple Jump**

• • Friday 4/18/2025 - 3:00 PM • •

D3 Record: 13.43m (2024) Victoria Kadiri - Johns Hopkins
Facility: 13.78m (2008) Shani Marks - Unattached

Pos	Name	Yr	School	Seed
<u>Flight 1 of 1 Finals</u>				
1	Hackel, Jaden	FR	La Crosse	11.00m
2	Jacobson, Mayzee	SO	Eau Claire	10.28m
3	Teko-Folly, Pearla	SO	Viterbo	11.09m
4	Robinson, Rhianna	FR	Viterbo	10.97m
5	Korynta, Sophia	FR	Eau Claire	10.24m
6	Speckan, Annabelle	SO	Eau Claire	10.27m
7	Foley, Ava	JR	La Crosse	10.82m
8	Amundson, Ally	JR	Stout	10.95m
9	Thaler, Anna	FR	Eau Claire	11.53m
10	Dostal, Ameryn	FR	Saint Mary's	10.43m
11	Brown, Grace	SO	Eau Claire	10.74m
12	Reichenberger, Hanna	SR	Winona State	12.34m
13	Jaenicke, Isabelle	FR	Stout	11.16m

» **Men Javelin Throw**

• • Friday 4/18/2025 - 6:30 PM • •

D3 Record: 75.55m (2013) Tim VanLiew - Rutgers-Camden
Facility: 75.54m (2013) Tim VanLiew - Rutgers-Camden

Pos	Name	Yr	School	Seed
<u>Flight 1 of 1 Finals</u>				
1	Barth, Mason		Unattached	56.54m
2	Holderby, Gabe	JR	Viterbo	59.65m
3	Beyers, Maxwell	JR	Stevens Point	45.27m
4	BohlMantilla, Marcus	SO	Stout	49.78m
5	Powell, Nathaniel	SR	Viterbo	40.36m
6	Zachgo, Hayden	SR	Stout	44.90m
7	Karau, Nate		Unattached	55.27m
8	Lawrence, Nate	SO	La Crosse	54.54m
9	Borgerding, Braden	SO	Stout	44.02m
10	Smith, Avin	SO	Viterbo	48.26m
11	Mestnik, Tommy	SR	Eau Claire	57.67m
12	Krystosek, Braden	SO	Stout	46.16m
13	Cole, Tom	SR	Stevens Point	49.80m
14	Ferguson, Brandon	SO	Viterbo	43.69m
15	Staryszak, Anthony	SR	La Crosse	48.11m

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» **Women Javelin Throw**

• • Friday 4/18/2025 - 1:00 PM • •

D3 Record: 55.99m (2002) Christina Scherwin - Moravian
Facility: 47.60m (2014) Beth Stam - George Fox

Pos	Name	Yr	School	Seed
Flight 1 of 2 Finals				
1	Ostrowski, Rebecca	SR	Stevens Point	24.92m
2	Scott, Regan	FR	La Crosse	28.08m
3	Stiehl, Mikayla	SO	Stout	23.85m
4	Davies, Ashley	SO	La Crosse	24.20m
5	Kemstra, Jessica	SR	Eau Claire	33.29m
6	Grogan, Grace	JR	Viterbo	26.11m
7	Krich, Kendall	SR	MSOE	26.68m
8	Rubenzler, Isabel	FR	Viterbo	30.20m
9	Deschand, Jaimie	JR	Stevens Point	30.54m

Flight 2 of 2 Finals

1	Bertrang, Laura	SO	Eau Claire	39.82m
2	McGrath, Martina	SR	Viterbo	35.20m
3	Taylor, Lindsey	SO	Stevens Point	34.85m
4	Puls, Ella	SO	La Crosse	38.19m
5	Williams, Emily	SR	Eau Claire	36.21m
6	Hackenmueller, Noelle	JR	La Crosse	36.37m
7	Horgan, Sloan	SO	Stout	34.44m
8	Moehn, Mariah	SR	Stevens Point	33.51m
9	Sorensen, Raegan	JR	Stout	35.60m

» **Men Hammer Throw**

• • Friday 4/18/2025 - 6:30 PM • •

D3 Record: 69.64m (2011) Eric Flores - Cal Lutheran
Facility: 68.55m (2008) Kevin Becker - Unattached

Pos	Name	Yr	School	Seed
Flight 1 of 3 Finals				
1	Lanoux, Joey	JR	Stout	37.79m
2	Johnson, Curtis	FR	Eau Claire	30.73m
3	Tate, William	SO	MSOE	39.35m
4	Kuhlow, Jake	SO	Stevens Point	41.94m
5	Hampel, Matthew	SR	MSOE	41.31m
6	Rocha-Bonilla, Agustin	SR	MSOE	42.02m
7	Casper, Garrett	SR	Stevens Point	38.23m
8	Gruszynski, Marcus	FR	La Crosse	38.33m
9	Upson, Michael	FR	Stevens Point	30.25m
10	Isham-Her, Teagan	FR	Stevens Point	35.07m
11	Dietel, Jacob	FR	Stout	39.98m
12	Baker, John	FR	Stout	38.72m

Flight 2 of 3 Finals

1	Rottier, Garrett	FR	Eau Claire	43.45m
2	Lebal, Dalton	SR	Stevens Point	47.80m
3	Robaidek, Carter	SO	Stout	45.42m
4	Wrasman, Ethan	JR	MSOE	45.90m
5	Nolan, Scott	SO	Stout	48.23m
6	Vosberg, Matt	SR	Stevens Point	44.11m
7	Johnson, Soren	JR	Eau Claire	49.18m
8	Davis, Spencer	SR	MSOE	47.97m
9	Borgerding, Braden	SO	Stout	48.40m
10	Beck, Adam	JR	Eau Claire	48.22m
11	Kraus, Isaac	SR	Stout	46.72m

Flight 3 of 3 Finals

1	Ekoue, Yakob	SR	Eau Claire	59.27m
2	Stankiewicz, Gage	JR	Eau Claire	51.17m
3	Metzger, Maverick	SO	Stout	49.57m
4	Thier, Collin	SO	Stevens Point	50.06m
5	Rennhack, Austin	SR	Stevens Point	51.74m
6	McConnell, Jacob	JR	Stevens Point	54.96m
7	Marsh, Jack	SO	Stevens Point	51.60m
8	Jackson, Matthew	SR	La Crosse	53.50m
9	Strouf, Adam	SR	Eau Claire	52.15m
10	Fowler, Jesse	JR	Stout	55.19m
11	Broome, Will	JR	Eau Claire	53.56m

» **Women Hammer Throw**

• • Friday 4/18/2025 - 4:00 PM • •

D3 Record: 64.03m (2017) Whitney Simmons - UT Tyler
Facility: 63.35m (2007) Robyn Jarocki - Unattached

Pos	Name	Yr	School	Seed
Flight 1 of 3 Finals				
1	Meyer, Ashtyn	SO	Eau Claire	37.19m
2	Wiedmeyer, Kaylie	SO	Viterbo	ND
3	Delene, Lydia	FR	La Crosse	35.58m
4	Rudrud, Abigail	SO	Stevens Point	39.17m
5	Stiehl, Mikayla	SO	Stout	33.93m
6	Herman, Makayla	FR	La Crosse	33.11m
7	Bloch, Dana	SO	Stout	29.07m
8	Graf, Shayna	FR	La Crosse	34.89m
9	Pemberton, Chloe	FR	Stout	24.33m
10	Schulz, Taylor	JR	Stevens Point	32.69m
11	Bushre, Allison	FR	La Crosse	34.10m
12	Moseler, Addy	FR	La Crosse	36.28m
13	Missall, Julia	FR	La Crosse	35.58m

Flight 2 of 3 Finals

1	Wawrzyn, Katrina	JR	MSOE	42.60m
2	Baumann, Brooke	JR	Stout	43.74m
3	Wellsmith, Lincoln	JR	Stout	40.13m
4	Schmidt, Grace	FR	Stout	40.50m
5	Alderman, Jessa	JR	MSOE	44.73m
6	Harriman, Bella	JR	Stevens Point	42.53m
7	Zimney, Alexa	SO	La Crosse	40.29m
8	Lund, Danielle	FR	Stevens Point	42.81m
9	Steinagel, Brenna	JR	Stevens Point	42.58m
10	Webster, Ava	JR	Eau Claire	39.98m
11	Jacklin, Josephine	JR	MSOE	44.94m
12	Schneider, Payton	SR	Stout	43.34m

Flight 3 of 3 Finals

1	Corn, Lupe	SR	Stevens Point	45.75m
2	Roden, Jadyn	FR	La Crosse	46.87m
3	Puls, Ella	SO	La Crosse	46.22m
4	Behnke, Kayla	JR	Eau Claire	54.52m
5	Crum, Kylie	JR	MSOE	48.42m
6	Koenings, Aubree	SO	Stout	51.97m
7	Thurston, Kendall	SO	Eau Claire	47.25m
8	Vander Sanden, Madilyr	SO	La Crosse	48.43m
9	Brainer, Lexi	SR	Hamline	50.80m
10	Leoni, Sam	SR	Stout	46.33m
11	Retzlaff, Amelia	SR	Stevens Point	47.15m
12	Jones, Teagan	SR	Eau Claire	62.48m

» **Men Discus Throw**

• • Friday 4/18/2025 - 4:00 PM • •

D3 Record: 62.00m (2013) Carter Comito - Whitworth
Facility: 60.38m (2013) Carter Comito - Whitworth

Pos	Name	Yr	School	Seed
Flight 1 of 3 Finals				
1	Wrasman, Ethan	JR	MSOE	37.62m
2	Dietel, Jacob	FR	Stout	36.92m
3	Kuhlow, Jake	SO	Stevens Point	35.53m
4	Lebal, Dalton	SR	Stevens Point	38.20m
5	Rottier, Garrett	FR	Eau Claire	33.30m
6	Johnson, Curtis	FR	Eau Claire	33.13m
7	Lanoux, Joey	JR	Stout	36.84m
8	Goodwin, Hudson	JR	Eau Claire	34.96m
9	Rocha-Bonilla, Agustin	SR	MSOE	36.19m
10	Hampel, Matthew	SR	MSOE	33.60m
11	Gardner, Jake	FR	La Crosse	38.37m
12	Upson, Michael	FR	Stevens Point	30.70m

Flight 2 of 3 Finals

1	BohlMantilla, Marcus	SO	Stout	43.68m
2	Kraus, Isaac	SR	Stout	40.46m
3	Gruszynski, Marcus	FR	La Crosse	40.86m
4	Thier, Collin	SO	Stevens Point	40.37m
5	Youngworth, Ben	SO	La Crosse	42.03m
6	Davis, Spencer	SR	MSOE	39.69m
7	Rashke, Karter	JR	Stout	40.19m
8	Baker, John	FR	Stout	38.97m
9	Borgerding, Braden	SO	Stout	41.37m
10	Strouf, Adam	SR	Eau Claire	43.52m
11	Fowler, Jesse	JR	Stout	42.03m
12	Metzger, Maverick	SO	Stout	39.77m

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Flight 3 of 3 (Men Discus Throw)

1	Beck, Adam	JR	Eau Claire	43.85m
2	Ekoue, Yakob	SR	Eau Claire	60.16m
3	McConnell, Jacob	JR	Stevens Point	46.08m
4	Johnson, Soren	JR	Eau Claire	48.91m
5	Staryszak, Anthony	SR	La Crosse	50.48m
6	Ukpong, Jorden	FR	Stevens Point	47.95m
7	Stankiewicz, Gage	JR	Eau Claire	51.00m
8	Prats, Spencer	JR	La Crosse	44.40m
9	Rennhack, Austin	SR	Stevens Point	44.09m
10	Tate, William	SO	MSOE	43.79m
11	Karau, Nate		Unattached	51.34m
12	Marsh, Jack	SO	Stevens Point	49.62m

Women Discus Throw

• • Friday 4/18/2025 - 6:30 PM • •

D3 Record: 55.02m (1992) Kristen Kuehl - Concordia Moorhead
Facility: 57.33m (2008) Jenny Larson - Unattached

Pos	Name	Yr	School	Seed
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Flight 1 of 3 Finals

1	Stiehl, Mikayla	SO	Stout	32.60m
2	Schmuck, Amelia	FR	Viterbo	30.82m
3	Meyer, Ashtyn	SO	Eau Claire	32.93m
4	Rudrud, Abigail	SO	Stevens Point	31.08m
5	Sedbrook, Rebecca	FR	Viterbo	30.85m
6	Missall, Julia	FR	La Crosse	33.95m
7	Herman, Makayla	FR	La Crosse	29.27m
8	Bushre, Allison	FR	La Crosse	24.91m
9	Wright, Vanessa	FR	Viterbo	32.44m
10	Pemberton, Chloe	FR	Stout	25.05m
11	Graf, Shayna	FR	La Crosse	29.02m
12	Bloch, Dana	SO	Stout	24.82m
13	Richards, Morgan	FR	La Crosse	33.92m

Flight 2 of 3 Finals

1	Roden, Jadyn	FR	La Crosse	37.95m
2	Moseler, Addy	FR	La Crosse	36.63m
3	Thurston, Kendall	SO	Eau Claire	37.47m
4	Ludescher, Brooklyn	FR	Viterbo	34.01m
5	Delene, Lydia	FR	La Crosse	35.32m
6	Lund, Danielle	FR	Stevens Point	36.05m
7	Schmidt, Grace	FR	Stout	38.64m
8	Retzlaff, Amelia	SR	Stevens Point	37.89m
9	Zimney, Alexa	SO	La Crosse	36.50m
10	Steinagel, Brenna	JR	Stevens Point	34.80m
11	Wellsmith, Lincoln	JR	Stout	37.16m
12	Schneider, Payton	SR	Stout	37.74m

Flight 3 of 3 Finals

1	Jones, Teagan	SR	Eau Claire	47.80m
2	Baumann, Brooke	JR	Stout	41.20m
3	Jacklin, Josephine	JR	MSOE	40.19m
4	Wiedmeyer, Kaylie	SO	Viterbo	39.44m
5	Schulz, Taylor	JR	Stevens Point	40.51m
6	Harriman, Bella	JR	Stevens Point	41.99m
7	Koenings, Aubree	SO	Stout	44.43m
8	Moehn, Mariah	SR	Stevens Point	38.82m
9	Behnke, Kayla	JR	Eau Claire	48.96m
10	Torgerson, Sydney	SO	La Crosse	40.48m
11	Alderman, Jessa	JR	MSOE	43.29m
12	Brainer, Lexi	SR	Hamline	39.63m

Men Shot Put

• • Friday 4/18/2025 - 1:30 PM • •

D3 Record: 21.05m (2013) Paul Davis - McMurry
Facility: 20.50m (1992) Terry Strouf - NYAC

Pos	Name	Yr	School	Seed
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Flight 1 of 2 Finals

1	Dietel, Jacob	FR	Stout	13.98m
2	Casper, Garrett	SR	Stevens Point	12.34m
3	Tate, William	SO	MSOE	13.30m
4	Nolan, Scott	SO	Stout	13.50m
5	Hampel, Matthew	SR	MSOE	10.86m
6	Kuhlow, Jake	SO	Stevens Point	13.07m
7	Rocha-Bonilla, Agustin	SR	MSOE	12.54m
8	Upton, Michael	FR	Stevens Point	11.08m
9	Baker, John	FR	Stout	13.77m
10	Rottier, Garrett	FR	Eau Claire	12.97m
11	Isham-Her, Teagan	FR	Stevens Point	14.20m
12	Lebal, Dalton	SR	Stevens Point	12.75m
13	Robaidek, Carter	SO	Stout	14.51m
14	Thier, Collin	SO	Stevens Point	14.00m
15	Davis, Spencer	SR	MSOE	13.25m
16	Beck, Adam	JR	Eau Claire	14.26m

Flight 2 of 2 Finals

1	Gardner, Jake	FR	La Crosse	15.50m
2	Johnson, Curtis	FR	Eau Claire	15.19m
3	Prats, Spencer	JR	La Crosse	15.94m
4	Strouf, Adam	SR	Eau Claire	18.35m
5	Goodwin, Hudson	JR	Eau Claire	16.16m
6	Youngworth, Ben	SO	La Crosse	17.14m
7	Rashke, Karter	JR	Stout	18.06m
8	Wrasman, Ethan	JR	MSOE	14.82m
9	Rennhack, Austin	SR	Stevens Point	17.15m
10	Ukpong, Jorden	FR	Stevens Point	15.37m
11	Marsh, Jack	SO	Stevens Point	15.01m
12	Lanoux, Joey	JR	Stout	15.05m
13	Stankiewicz, Gage	JR	Eau Claire	17.50m
14	Ekoue, Yakob	SR	Eau Claire	18.70m
15	Johnson, Soren	JR	Eau Claire	16.72m

Women Shot Put

• • Friday 4/18/2025 - 1:30 PM • •

D3 Record: 16.77m (2006) Robyn Jarocki - UW-Oshkosh
Facility: 16.80m (2008) Robyn Jarocki - Unattached

Pos	Name	Yr	School	Seed
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Flight 1 of 2 Finals

1	Meyer, Ashtyn	SO	Eau Claire	11.29m
2	Thurston, Kendall	SO	Eau Claire	11.25m
3	Schulz, Taylor	JR	Stevens Point	11.24m
4	Delene, Lydia	FR	La Crosse	11.97m
5	Webster, Ava	JR	Eau Claire	11.84m
6	Rudrud, Abigail	SO	Stevens Point	11.49m
7	Schmuck, Amelia	FR	Viterbo	8.67m
8	Sedbrook, Rebecca	FR	Viterbo	10.57m
9	Richards, Morgan	FR	La Crosse	10.80m
10	Missall, Julia	FR	La Crosse	11.96m
11	Bloch, Dana	SO	Stout	9.92m
12	Wright, Vanessa	FR	Viterbo	10.03m
13	Schmidt, Grace	FR	Stout	11.43m
14	Bushre, Allison	FR	La Crosse	10.43m
15	Rubenzler, Isabel	FR	Viterbo	11.12m
16	Steinagel, Brenna	JR	Stevens Point	10.17m

Flight 2 of 2 Finals

1	Ludescher, Brooklyn	FR	Viterbo	12.06m
2	Wawrzyn, Katrina	JR	MSOE	12.99m
3	Puls, Ella	SO	La Crosse	13.50m
4	Wiedmeyer, Kaylie	SO	Viterbo	12.25m
5	Corn, Lupe	SR	Stevens Point	12.66m
6	Roden, Jadyn	FR	La Crosse	13.04m
7	Wellsmith, Lincoln	JR	Stout	13.21m
8	Jacklin, Josephine	JR	MSOE	13.07m
9	Lund, Danielle	FR	Stevens Point	11.97m
10	Alderman, Jessa	JR	MSOE	13.82m
11	Vander Sanden, Madilyr	SO	La Crosse	13.53m
12	Graf, Shayna	FR	La Crosse	12.00m
13	Jones, Teagan	SR	Eau Claire	12.95m
14	Harriman, Bella	JR	Stevens Point	12.42m
15	Moseler, Addy	FR	La Crosse	12.85m
16	Koenings, Aubree	SO	Stout	12.79m