



**BOYS TRACK & FIELD  
2025 OUTDOOR CHAMPIONSHIPS**

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<b>Host:</b>	<b>Lake Park High School</b> <b>East Campus <i>Krupke Memorial Field</i></b>	
<b>Date:</b>	Friday, May 16, 2025	
<b>Time:</b>	<b>3:30 PM</b>	Gates Open for Spectators
	<b>4:00 PM</b>	Field Events
	<b>5:15 PM</b>	Running Finals
<b>Admission:</b>	Adults	\$7.00
	Students	\$3.00
	<ul style="list-style-type: none"><li>• DKC passes only. No individual school passes accepted</li><li>• Cash or GoFan payments accepted</li><li>• <b>Link:</b> <a href="#">GoFan Admissions</a></li></ul>	
<b>Entries:</b>	Entries should be entered via <a href="#">athletic.net</a> website no later than <b>8:00 PM Tuesday, May 13, 2025</b>	
	Teams are allowed two (2) entries per level in individual events and one (1) relay per level. Athletes may compete in a maximum of four (4) events and may only compete on one level.	
	PT Timing, Inc. will be providing FAT and results for the meet.	
<b>Seeding Meeting:</b>	A meeting to view entries, assign starting heights, review worker assignments, and discuss meet procedures will be held remotely on <b>Wednesday, May 14, 2025 at 7:30PM:</b>	
	Google Meet Link: <a href="https://meet.google.com/pns-fadi-zbo">https://meet.google.com/pns-fadi-zbo</a>	
<b>Parking:</b>	<b>Link: <a href="#">Parking Lot Map</a></b> Buses should drop teams in Jubilee Church lot located at 900 Foster Avenue, Medinah IL 60157 ( <b>YELLOW</b> lot west of our stadium). Buses will be directed to park in our Drivers Ed Range ( <b>BLUE</b> lot south of the school off of Acacia Avenue) <b><u>There is no school bus or mini bus parking allowed in the Jubilee Church lot.</u></b>	
<b>Parking:</b>	Parents & spectators are urged to park in the Jubilee Church parking lot. Overflow parking will be available at the lots on the South or East sides of Lake Park East Campus. These lots are all outlined in <b>YELLOW</b> on the facility map. Lots outlined in <b>RED</b> will be closed to all traffic.	
<b>Facilities:</b>	No locker rooms will be available for athletes. Athletes should come dressed to compete. Washrooms & concessions are available in the track stadium.	
<b>Area for athletes:</b>	No one except officials and competitors will be allowed to enter the track area. No team camps will be permitted inside the stadium. There is ample area outside the stadium for team camps <b>No teams are allowed in the building for any reason save inclement weather.</b>  The infield will be open for warm up and stretching but teams and athletes may not camp on the infield	
<b>Locker Rooms:</b>	Locker rooms will not be available. Arrive dressed to compete.	



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**Scoring & Awards:** Varsity: Medals to top 6 places in each event. A team plaque is awarded to the winning varsity team.  
Frosh/Sophomore: Ribbons to top 6 places in each event.  
Scoring will be 10 -8 -6 - 5 - 4 - 3 - 2 - 1

**Workers:** Each school is required to provide (2) qualified adult workers. These will be sent prior to the seeding meeting. Schools will be assigned specific areas. It is the responsibility of the school to provide qualified adult workers for these events/responsibilities. All schools are asked to assist with sprint relays:

<b>Exchange Zones:</b>	<b>4 x 100</b>	<b>1st:</b>	Glenbard North & Lake Park
		<b>2nd:</b>	Geneva & Batavia
		<b>3rd:</b>	Wheaton North & St. Charles North
	<b>4 x 200</b>	<b>1st/3rd:</b>	St. Charles East & Wheaton Warrenville South
		<b>2nd:</b>	Glenbard North & Lake Park

<b>Time Schedule:</b>	<b>3:30PM</b>	Scratches, Weigh-In completed
	<b>3:30PM</b>	Coaches and Officials Meeting (meet management tent)
	<b>4:00PM</b>	All Field Events
	<b>5:10PM</b>	National Anthem
	<b>5:15PM</b>	Track Finals

**Trainer:** Two (2) certified athletic trainers will be on duty located at the large white clerk/athlete tent located at the south end of the track

**Concessions:** Concessions will be available and provided by the Lake Park Athletic Booster Club.

Coaches and assigned workers will be provided meal tickets redeemable at the concessions stand.

<b>Meet Officials:</b>	<b>Referee:</b>	John Betteridge
	<b>Starter:</b>	Keith Jacobi
	<b>Starter</b>	Steve Johnson
	<b>Head Finish:</b>	Lora Davies

**Games Committee:** Head Coaches and Meet Manager

**Meet Records:** Link: [DuKane Conference Boys Track & Field All Time Outdoor Meet Records](#)

**Operating Procedures:** Link: [DuKane Conference Boys Track & Field Operating Procedures](#)



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**FIELD EVENT SCHEDULE**

**4:15PM**

**Shot Put (2 flights per level)**

F/S followed by Varsity

(F/S 3 throws – 9 to finals, 3 throws: Var. 3 throws – 9 to finals, 3 throws)

**Discus (2 flights per level)**

Varsity followed by F/S

(Var. 3 throws – 9 to finals, 3 throws: F/S 3 throws – 9 to finals, 3 throws)

**Long Jump (1 flight per level)**

Varsity & F/S Concurrent on 2 pits

(Var. & F/S: 3 jumps – 9 to finals, 3 jumps)

**Triple Jump (1 flight per level)**

Following Completion of Long Jump (Var.& F/S: 3 jumps – 9 to finals, 3 jumps)

Varsity & F/S Concurrent on 2 pits

**High Jump (1 flight per level)**

Varsity followed by F/S

Start heights determined at seeding meeting

**Pole Vault (1 flight per level)**

Varsity followed by F/S.

Start heights determined at seeding meeting





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**Running Event Finals**

Frosh/Soph precedes Varsity in all Running Events

Final Time Schedule Determined at Seeding Meeting

Link - [Draft Time Schedule](#)

**5:15PM**

4 x 800 Meter Relay

4 x 100 Meter Relay

3200 Meter Run

110 High Hurdles

100 Meter Dash

800 Meter Run

4 x 200 Meter Relay

400 Meter Dash

300 Meter Intermediate Hurdles

1600 Meter Run

200 Meter Dash

4 x 400 Meter Relay

