

# FOX RIVER CLASSIC CONFERENCE JV CROSSOVER TRACK MEET Thursday May 1, 2025 at South High School

Meet Manager: Chris Hein

<u>Games Committee</u>: Kevin Herber (South Coach), Chris Hein (AD/AP - South),

De Pere (Boys Coach), and Green Bay Southwest (Girls Coach)

Jury of Appeals: Bay Port (Girls Coach), ND (Boys Coach), SW (Boys Coach)

Chris Hein (Meet Manager)

<u>Participants:</u> Bay Port, De Pere, Green Bay Southwest, Notre Dame and Sheboygan South

<u>Schedule:</u> 3:30 pm Coaches meeting at the finish line

4:00 pm Field Events Start
4:00 pm Running Events Start

Entries: 1. Entries need to be submitted online using www.pttiming.com

2. Entries are due Tuesday, April 29, 2025 at noon

3. Registration opens on Monday, April 21, 2025

4. Athletes are limited to participating in a max of 4 events as per WIAA rules.

5. Unlimited entries are allowed for all events

### Coaches Meeting:

- Meeting at the Finish Line at 3:30 for any scratches in event entries.
- Starting heights for the Pole Vault and High Jump will be determined at the meeting.
- Field event sheets will be provided at the Finish Line. Please make scratches/replacements to field events on arrival.

<u>Surfaces:</u> Spikes of 1/8" to 1/4" may be worn on all running and jumping events.

Weight circles are cement, flats only may be worn.

Scoring: Individual events 8-6-4-2-1 Relays 8-6-4-2

#### Accommodations:

- The athletic trainer will be provided by Aurora Sports Health. They will be stationed in the shed to the south of the home bleachers.
- <u>Tents/camps should be set up underneath the bleachers under the pressbox</u>. Coaches remind athletes to clean their camp area before leaving.

Concessions: A concession stand will be available.

### Time Schedule

3:30pm: Coaches Scratch Meeting - Finish Line

### FIELD EVENTS - Start at 4:00pm

**Girls Pole Vault** to completion, 20 minutes for gender change and warm-ups. The starting height shall be determined at the coaches meeting based on entry seed heights. Three attempts are allowed at any height unless the athlete chooses to pass until the next one. Competitors are guaranteed 3 attempts for all the following heights.

**Boys High Jump** to completion, 20 minutes for gender change and warm ups. The starting height shall be determined at the coaches meeting based on entry seed heights. Three attempts are allowed at any height unless the athlete chooses to pass until the next one. Competitors are guaranteed 3 attempts for all the following heights.

Boys Shot Put, and Girls Discus to completion. All throw competitors will be given 4 throws. Based on the number of flights, not all throws will be measured if they do not meet a certain distance and/or throws may be combined to throw 2 at a time.

**Long Jump and Triple Jump** - Open Pit from 4:00-6:00 pm. All jump competitors will be given four jumps. Please encourage your jumpers to get their jumps piggyback 1st jump and 3rd jump.

## Order of Running Events Starting at 4:00 pm:

3200 M Relay (Girls/Boys)

100 M/110M Hurdle (Girls/Boys)

100 M Dash (Girls/Boys)

1600 M Run (Girls/Boys)

800 M Relay Girls/Boys)

400 M Dash (Girls/Boys)

400 M Relay (Girls/Boys)

300 M Low/Intermediate Hurdles (Girls/Boys)

800 M Run (Girls/Boys)

200 M Dash - Finals Only (Girls/Boys)

3200 M Run (Girls/Boys)

1600 M Relay (Girls/Boys)

Exchange Zones: Please assign a coach to assist in the exchange zones.

4x100: South exchange 1, Bay Port exchange 2, Notre Dame exchange 3

4x200: De Pere and Southwest exchange 1 and 3 - in and out

Results: www.pttiming.com

<u>Questions:</u> Direct any track meet questions to South head track coach **Kevin Herber** at:

kherber@sasd.net