



CARDINAL JV CLASSIC

Sun Prairie East Track & Field



Sun Prairie East High School is excited to host the 2nd annual Cardinal JV Classic on Thursday, April 24th, 2025. Here is some information for you to share with your coaching staff, athletes, and families.

Participating Teams (8 boys & girls teams):

DeForest	Janesville Craig	Jefferson	Madison LaFollette
Mount Horeb	Oregon	Sun Prairie East	Waunakee

Meet Entries & Results:

- Teams are limited to the following entries:
 - 4 Athletes per Running Event
 - 3 Relays per Relay Event
 - 6 Athletes per Long Jump, Triple Jump, High Jump, & Pole Vault
 - 10 Athletes per Shot Put & Discus (we will run double throws circles)
- If you have a JV wheelchair athlete, please contact the meet director ASAP.
- PT Timing Information
 - Entries will open 9 days prior to the event (Tuesday, March 15th).
 - Entries must be completed by **Tuesday, April 22nd at NOON Central Time.**
 - If the deadline is missed, coaches should contact Sun Prairie East's Athletic Director and info@ptitiming.com. Late entries will incur a \$200 late entry fee (at PT Timing's discretion).
 - Changes the day of the meet will take place at the finish line with PTTiming. Scratch & replace, we will not reseed any races.
 - Live results will be on PTTiming (www.ptitiming.com), no paper copies will be posted. Final results will be online at PTTiming.

Track & Field Facilities:

All running and field events will be conducted on our 9-lane rubberized track. Pyramid spikes up to 1/4" are allowed. Long and triple jump (20', 24', 28', 32', 36') have takeoff boards. Flats are required for the concrete surfaces at the shot and discus.

Restrooms are located near the concession stand at both the north and south end of the track. In case of severe weather, please meet with your team in the commons (Enter the school through Door 16).

Concession stands will be open, hosted by the Sun Prairie East Cross Country Booster Club.

Team areas and tents can be set in the soccer practice fields located just outside the fenced track area. Please keep your athletes out of the stands and have your athletes clean up their area at the conclusion of the meet. Team areas **should not** be set up near the baseball or softball fields and/or bleachers.

Running Events:

Clerk of Course and hip numbers will be located at the Southeast corner of the track (near the start of the 100m dash). All running events are a timed final, there are no trials in the sprinting events.

Field Events: 15 minute event check out

Long jump, triple jump, shot put, and discus athletes will have four attempts, with no finals.

Long and triple jump will have a 75 minute open pit. There will be a 30 minute warm-up period between boys and girls competitions. Athletes who miss the open pit time will not be allowed to jump later.

Shot put and discus will be conducted in flights and run in a 1-1-1-1 format. There will be a 10 minute warm-up period between flights. We will most likely be running two shot put circles and two discus circles.

Boys and girls pole vaulters will be competing at the same time on two separate pits. Both pits are in the same D-pad area (adjacent to each other).

Opening heights and sequence will be:

High Jump:

Boys: 4' 10" → 5' 0" → 5' 2"

Girls: 3' 10" → 4' 0" → 4' 2"

Pole Vault:

Boys: 7' 0" → 7' 6" → 8' 0"

Girls: 6' 0" → 6' 6" → 7' 0"

Awards:

Eight places will be scored in all events - 10, 8, 6, 5, 4, 3, 2, 1.

Medals will be awarded to the top three individuals and relays in each event. First place teams will be awarded a Championship Plaque.

Parking:

Parking lots are located to the North and South of the high school. Parking outside of marked parking stalls may result in vehicles being ticketed and towed. Buses can drop off at the track, but should park in the faculty lot to the South of the high school. *See attached map for parking locations.*

Coaches Information:

Coaches meeting at mid-field at 4:15. The Games Committee will be made up of all of the head coaches at the meet.

If you have any questions, please contact:

Jenna Boberg	Athletic Director	jlbober@sunprairieschools.org	608-834-6713
Doug Maughan	Head Coach	dpmaugh@sunprairieschools.org	608-834-7669
Joel Block	Head Asst. Coach	jeblock1@sunprairieschools.org	608-318-8099



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ORDER OF EVENTS

4:15 COACHES MEETING (Mid-Field)

FIELD EVENTS

4:30 Boys Pole Vault (Richey pit #1)
Girls Pole Vault (AAE pit #2)
Boys Triple Jump, followed by Girls
Boys Discus, followed by Girls
Girls High Jump, followed by Boys
Girls Long Jump, followed by Boys
Girls Shot Put, followed by Boys

RUNNING EVENTS

4:30 3200m Relay (G/B)
100/110m Hurdles (G/B)
100m Dash (G/B)
1600m Run (G/B)
800m Relay (G/B)
400m Dash (G/B)
400m Relay (G/B)
300m Hurdles (G/B)
800m Run (G/B)
200m Dash (G/B)
3200m Run (G/B)
1600m Relay (G/B)

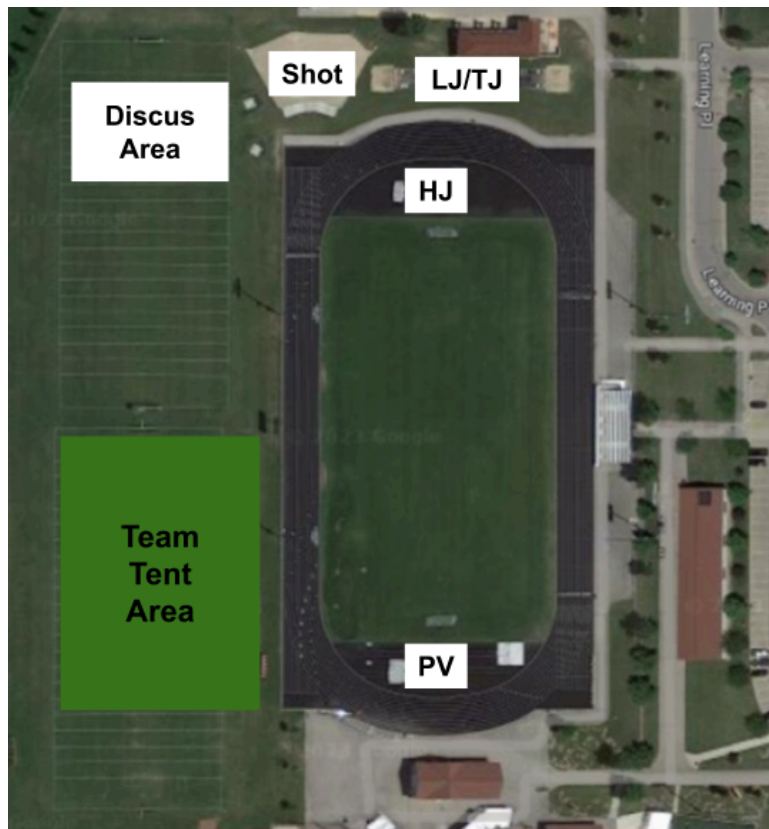


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PARKING & FACILITIES MAP





EMERGENCY ACTION PLAN

Sun Prairie East Track & Field



Before each contest, the host school game administrator or game manager will review emergency procedures with all vested parties, including, but not limited to:

- The head coaches for all competing teams (coaches meeting)
- The head official
- The event admin & or game manager
- The medical staff for both teams, including athletic trainers and sideline physicians (if applicable)

After introductions, the game administrator or athletic trainer will discuss:

- Venue specific plan if an injury to a player occurs.
 - Is there medical personnel present? Yes, Athletic Trainer, consult if needed
 - Is there access to the athletic training room? Yes, Room 2950 (inside door 16 & left down the athletic hallway)
 - If ambulance transport is needed, how will we request that?
 - Game Manager will call or delegate unless trainer is present and assisting
 - Access point for EMS: Baseball & Track Entrances
 - Where is the AED:
 - Inside Press Box Door (North End of Stadium)
 - Outside Boys Athletic Locker Room 2935
 - What other medical equipment is available: First Aid Kit, Stop the Bleed
 - Is there ice/heat/water- Yes in the Athletic Trainer Room 2950
- Who is responsible for medical issues with non-competitors? (fans, band/cheer)
 - Event supervisor staff & or/game management, consult with onsite trainer as necessary
- Venue specific plan for other game night issues
 - What is the evacuation plan for fire- N/A
 - Weather specific concerns:
 - Who will make weather decisions and communicate weather issues to teams: Head Official, Game Manager, Admin, SP East Head Coach
 - Where will athletes shelter if there is a tornado warning? Locker Rooms & Bathrooms (door 16)
 - Are there weather related concerns that warrant modifications in the event? (heat, cold, wind, rain) Lightning, Storm Warning, etc. - athletes/coaches go in door 16, then gather and wait for instruction in the cafeteria.
- **Phone Numbers**
 - Athletic Trainer, Ben Becker, 608-547-2574
 - Game Manager, TBD
 - Athletic Director, Jenna Boberg, 608-576-2444
 - Head Track Coach, Doug Maughan, 608-212-3210
 - Non-Emergency City of Sun Prairie Police Department, 608-837-7336