Sun Prairie East High School is excited to host the 1st Deb Harbort Dual Meet on Tuesday, May 6th, 2025. This meet honors Deb Harbort; lifelong Sun Prairie Cardinal Athletic Administrative Assistant.

For an impressive 29 years, Deb served as the lead administrative assistant for our school district, which a majority of that time was in the Sun Prairie Athletic Office. Throughout her tenure, she demonstrated exceptional leadership and dedication, particularly in the realm of athletics. Onboarding multiple athletic directors was no small feat, yet Deb tackled this challenge with grace and proficiency. Her ability to seamlessly transition during periods of change, including stepping in as acting athletic director, is a testament to her competence and resilience. Deb fostered meaningful relationships with students, staff, caregivers, and game workers alike. Her rapport with officials was unparalleled, earning her widespread respect throughout the area. Thank you for all you have done for Sun Prairie Athletics, Deb.

Here is some information for you to share with your coaching staff, athletes, and families.

Meet Entries, Scoring, & Results:

- Teams are allowed unlimited in individual events and <u>unlimited</u> entry per relay event.
 - The 1600m relay will be Co-Ed (G-B-G-B) and will be limited to 4 relays per team. Points for this event will be added to both team scores (5 points).
- If you have a wheelchair athlete, please contact the meet director ASAP.
- Scoring
 - o Individual Events: 5 3 1
 - o Relay Events: 5 0
- PT Timing Information
 - o Entries will open 7 days prior to the event (Wednesday, April 23rd).
 - Entries must be completed by Sunday, May 4th at NOON Central Time.
 - o If the deadline is missed, coaches should contact Sun Prairie East's Athletic Director and info@ptitiming.com. Late entries will incur a \$200 late entry fee (at PT Timing's discretion).
 - Changes the day of the meet will take place at the finish line with PTTiming. Scratch & replace, we will not reseed any races.
 - Live results will be on PTtiming (<u>www.pttiming.com</u>), no paper copies will be posted. Final results will be online at PTTiming.

, Parking, Concessions, & Admission:

Parking lots are located to the North and South of the high school. Parking outside of marked parking stalls may result in vehicles being ticketed and towed. Buses can drop off at the track, but should loop around and park in the main lot near the tennis courts until the school day is over at 4pm. After 4pm buses should move to the faculty lot South of the high school (near the greenhouse) to make room for spectator parking. See attached map for parking locations.

Concession stands will be open, hosted by the Sun Prairie East Cross Country Booster Club.

There is no fee for family, friends, and fans to attend this event.

Track & Field Facilities:

All running and field events will be conducted on our 9-lane rubberized track. Pyramid spikes up to $\frac{1}{4}$ " are allowed. Long and triple jump (20', 24', 28', 32', 36') have takeoff boards. Flats are required for the concrete surfaces at the shot and discus.

Restrooms are located near the concession stand at both the north and south end of the track. In case of severe weather, please meet with your team in the commons (Enter the school through Door 16).

Team areas and tents can be set in the soccer practice fields located just outside the fenced track area. Please keep your athletes out of the stands and have your athletes clean up their area at the conclusion of the meet. Team areas **should not** be set up near the baseball or softball fields and/or bleachers.

Running Events:

Clerk of Course and hip numbers will be located at the Southeast corner of the track (near the start of the 100m dash). All running events are a timed final. All events are a timed final, with NO trials of finals.

Co-ed wheelchair events will take place before the girls heats. Please see the Order of Events (WC).

The sprint relay zones are correctly marked. The exchange zones are 30 meters in length and marked with large triangles. Both tape & chalk can be used for marking the track. Chalk will be provided to athletes at each exchange zone for athletes to make the track.

Field Events: 15 minute event check out

Long jump, triple jump, shot put, and discus athletes will have four total attempts.

Long and triple jump will have a 60 minute open pit. There will be a 30 minute warm-up period between boys and girls competitions.

Shot put and discus will be conducted in flights. There will be a 10 minute warm-up period between flights and finals. Co-ed wheelchair shot put will take place on Circle #2 at the start of the meet. Depending on the total number of entries we may compete out of two adjacent circles.

Boys and girls pole vaulter (south end) and high jump (north end) will be competing at the same time on two separate pits. Both pits are in the same D-pad area (adjacent to each other).

Opening heights & sequence for the pole vault and high jump.

Boys PV: $7'\ 0 \rightarrow 7'\ 6 \rightarrow 8'\ 0$ Girls PV: $6'\ 6 \rightarrow 6'\ 6 \rightarrow 7'\ 0$ Boys HJ: $4'\ 10 \rightarrow 5'\ 0 \rightarrow 5'\ 2$ Girls HJ: $3'\ 10 \rightarrow 4'\ 0 \rightarrow 4'\ 2$

If you have any questions, please contact:

Jenna Boberg	Athletic Director	<u>jlboberl@sunprairieschools.org</u>	608-834-6713
Doug Maughan	Head Coach	dpmaugh@sunprairieschools.org	608-834-7669
Joel Block	Head Asst. Coach	jeblock1@sunprairieschools.org	608-318-8070
Denelle Gerber	Game Manager	dlgerbe@sunprairieschools.org	608-834-3657



Order of Events

FIELD EVENTS

4:30 Boys Pole Vault (Richey pit #1)

Girls Pole Vault (AAE pit #2)

Boys High Jump, followed by Girls

Boys Shot Put, followed by Girls

Boys Long Jump, followed by Girls

Girls Triple Jump, followed by Boys

Girls Discus, followed by Boys

Co-ed WC Shot Put (Circle #2)

RUNNING EVENTS

4:30 100/110m Hurdles (G/B)

100m Dash Finals (Co-ed WC/G/B)

1600m Run (Co-ed WC/G/B)

800m Relay (G/B)

400m Dash (Co-ed WC/G/B)

400m Relay (G/B)

300m Hurdles (G/B)

800m Run (Co-ed WC/G/B)

200m Dash (G/B)

3200m Run (G/B)

1600m Relay (G/B)