

# 2025 WIAA D-3 SECTIONAL TRACK & FIELD MEET

FRIDAY, MAY 30, 2025

HOSTED BY COLBY HIGH SCHOOL

## Location:

Colby High School  
705 N 2nd St  
Colby, WI 54421

## Teams:

The top 4 finishers in each event from  
the Webster, Colfax, Phillips, and Gilman  
Regionals.

## Meet Contacts:

Bryon Graun, Meet Manager, [bgraun@colby.k12.wi.us](mailto:bgraun@colby.k12.wi.us)  
Co-Athletic Director, Co-Head Track & Field Coach, Colby High School

Chrisie Wright, [cwright@colby.k12.wi.us](mailto:cwright@colby.k12.wi.us)  
Co-Head Track Field Coach, Colby High School



## Trainer:

Maddie, our trainer from Health In Motion, will be set up behind the timing tent at the finish line. She is happy to tape your athletes if needed upon arrival. However, if you have any planned tapings, we kindly ask that you bring your own tape. We will provide tape for emergency situations only.

## Schedule:

1:30 Teams can arrive for camp set-up  
2:00 Gates will open for spectators.  
2:15 Track and Field Events Open for Warm-ups (if a coach is with their athletes they can warm up earlier. Workers will arrive about 2:15.)  
We will have general warm-ups for field events until 2:35 and then at 2:35 warm-ups for the first event (gender specific) will begin.  
2:15 Coaches Meeting—this meeting will take place in the high school theater just inside door #2  
2:55 National Anthem  
3:00 Field Events begin  
3:40 All on track warm-ups will come to an end  
3:45 Running Events begin —4x800m relay

## Officials

Meet Referee: Paul Rozak, Starters: Kevin Yeske & Jared Sweno, Field Event Official: Barry Brubaker

## Track Information:

We have a unique track with 9 lanes for races 300m and below and 8 lanes 400m and higher. High Jump is located in the south end-zone, pole vault, long jump, triple jump and shot put are just to the south end of the track. Discuss is just outside the fence on the south end of the facilities. Our clerk of course will be located at the north west end of the track just behind the 100m starting line. All running check-ins will happen at this location.

## Surfaces

Throwing areas – concrete  
Track and runways – rubberized surface  
1/4" spikes are allowed

***NO TAPE on track or runways. Chalk will be provided.***

## Games Committee

Meet Manager—Bryon Graun  
Coach Albert Goerlitz—Owen-Withee,  
Coach Coach Matt Buchman—Cheetek-Weyerhaeuser

2 Starters  
Alt: Mary Patterson—Chequamegon  
Alt: Coach Ryan O'Connell—Cumberland

## **Jury of Appeals**

Each tournament manager must appoint a Jury of Appeals consisting of the two contracted WIAA starters, meet manager, and a coach of a boy's team and a coach of a girl's team not from the same school or host school. Adjustments will be necessary if only two WIAA officials are assigned to a regional. Members of the committee must stay on site until 30 minutes after results are posted.

(a) The Meet Referee cannot be part of this committee.

(b) If anyone on the committee has his/her school involved with an appeal they must withdraw from that particular review.

(c) Alternate girls and boys coaches should be appointed in the event a coach must withdraw. (see b)

(d) The membership of this committee must be published and sent to all involved schools prior to the meet.

(e) This committee serves as the final board of appeals. Their responsibilities include:

1) Hearing and ruling on appeals of official's decisions, including the decision to re-run (or not re-run), who is eligible, and when it will occur.

2) This committee, however, has no authority to set aside, modify, or change defined WIAA tournament qualifying procedures or National Federation Track & Field rules.

(f) The WIAA does not have the authority to change a Meet Referee or Jury of Appeals decision.

(g) The Meet Referee must assemble this committee prior to the start of the meet to review their responsibilities.

(h) Appeals may be verbal (not required to be written, Rule 3-5-2).

## **Tents**

All team camps must be set-up south of the track outside the fence. There is space along the fence around the water tower and west of the discus area. Please respect everyone's space when selecting a spot and setting up your space.

## **Spectators/Admissions:**

Gates will open at 2:00pm for spectators. Admissions will be \$7.00 for all spectators. Spectators will be allowed to park in the high school and elementary parking lots. Once those lots are full park we will block off entrances and spectators will be permitted to park on the city streets. Please remind your spectators to follow any posted parking/no parking signs.

## **Bus Parking:**

Bus parking will be at the bus garage and Lion's Shelter just south of the school grounds (see attached map). Teams should be dropped off by the track and then buses can continue to the bus parking area.

## **Entries:**

Will be inputted from Regionals by PT Timing.

Meet managers & Timers do not have authority to allow substitutions in events on the day of the meet except:

1. If a coach presents a medical statement signed by a medical professional that a student cannot participate.
2. If the WIAA Assistant Director (Melissa Gehring) approves a change.
3. Individual(s) involved in substitutions will not be reseeded, but will assume the same section, heat, lane, and/or flight assignment of the original entry.

SCRATCHES are allowed the day of the meet, but no replacements are allowed except as indicated above.

1. An individual may scratch from part of the meet without having to scratch from the entire meet.
2. Seed times are based on results from the WIAA Regional finish.

## **RELAYS**

1. Schools must list individual names and a seed time on the Tournament Entry Form.

2. A maximum of six students may be listed. The same list of athletes carries over from Regionals
3. Additional relay substitution names, may be done based on the information above. The substitution must be approved by the conference commissioner. This new substitute may not exceed four events from his/her original entries.
4. All athletes running in the relay must be present at the time of check-in.
5. Coaches have until the Clerk of Course checks in the teams to designate which listed runners will compete.

Scoring as follows: Individual 10-8-6-5-4-3-2-1; Relay 10-8-6-5-4-3-2-1

## **Shot & Discus**

Weigh in and inspection will be done on the west side of the concession building by garage door.

## **Exchange Zones**

We plan to assign a few teams to rely exchanges once regionals have been run. We hope to select schools who do not have a team in the relay help as rely judges. These assignments will be included in an email with final meet instructions.

## **Awards:**

**Team:** 1st Place Team Plaque.

**Individual Events & Relays:** Medals for the top four (state-qualifiers)

Awards will be handed out at the 50 yard line of the football field on a podium for the top 4 finishers. Only award recipients will be allowed in this area. Coaches and fans can take photos from the bleachers.

## **Format for Competition:**

Per WIAA tournament format.

Field Events: Trials of 3 jumps/throws in the long jump, triple jump, shot put, and discuss. The top 9 competitors from trials will have 3 additional attempts in finals which will be run in reverse order. The best mark from trials and finals will be recorded in the results.

Running Events: 100m hurdles, 110m hurdles, and 100m dash will have trials and finals. Nine competitors will compete in finals, which will be made up of heat winners and next the best times to fill the field. Meet event order is listed below. Please note that we will have wheelchair events at this sectional.

## **Restricted Area**

The football field is a restricted area. This is especially the case behind the start/finish line. Unless you are meeting with the trainer you should not be behind the start/finish line. Only high jumpers and high jump coaches should be in the high jump area. Everyone else must be outside the track. Competing athletes should be inside the fence/flagged areas of field events. Again, NO ONE is allowed behind the timing area inside the track. We do not want to disqualify competing athletes because someone is in a restricted area. There will be a warm-up area on the north end by the end zone. Runners can also use the north curve of the track and the back stretch of the track as warm-up areas.

## **Restricted/Competing Areas**

Only athletes and coaches will be allowed behind the flagged areas. High jumpers and pole vaulters will receive a wristband so we know who is allowed in the competition area. Long and triple jumpers will have numbers to wear on their chest. We will be giving coaches who are registered on the WIAA website as a school coach a wristband. No one without a number or wristband will be allowed in the field event areas.

## **Warm-up Area**

Warm-up area for runners will be north of the track and outside the north east corner of the track. We also have an area on the north end of the football field for warm-ups. NO ONE (coaches or athletes) will be allowed on the main parts of the football field. Repeated violations of these expectations can result in removal from the meet. There are two exceptions: if an athlete is seeing the trainer and if an athlete is receiving their state qualifying awards.

## Coaches' Area

The east press box (along the back stretch) in the upper level there will be snacks, drinks and a light meal for coaches. Please respect the space and share this information with your coaches.

## Shirts & Apparel

We will have Sectionals Shirts for Sale. The T-shirt booth will be located next to the concession stand as you walk in the main gate.

## Reminders

- Teams should not arrive before 1:30. (We need time to get our students & staff dismissed for the year.)
- GATES OPEN at 2:00pm for spectators, the cost is \$7.00.
- **NO DOGS!**
- Coaches, please make sure your assistants, athletes, and fans know the expectations for this meet.
- Clerk Of Course will be located at the northwest side of the track.
- Set up camp south of the track, outside the fence and/or to the west of the discus. Please respect the lines painted for tents and the amount of space given for each team.
- Wristband or numbers will determine access to field events for athletes and coaches.
- **Please email Pole Vault (dated May 19th) verification to [bgraun@colby.k12.wi.us](mailto:bgraun@colby.k12.wi.us) by 6:00 pm, Wednesday May 28th.**
- Concessions: Available on site  
(burgers, brats, cheese curds, fries, water, Gatorade, soda, bubbler & more)
- Restrooms: Available on site in the concession building and in port-a-potties.
- No one is allowed in the school unless we have a weather emergency.

## Events & Meet Order

### 3:00 pm Field Events

3 jumps/throws

Top 9 to finals

3 additional jumps/throws in finals

Shot Put—Wheelchair 1st Girls 2nd, Boys 3rd  
(3 throws, trials & finals)

Discus—Boys 1st, Girls 2nd  
(3 throws, trials & finals)

High Jump—Girls 1st, Boys 2nd

Pole Vault—Boys 1st, Girls 2nd

Triple Jump—Boys 1st, Girls 2nd  
Open Pit (3 jumps, trials & finals)

Long Jump—Girls 1st, Boys 2nd  
Open Pit (3 jumps, trials & finals)

### 3:45 pm Running Events

9 competitors to finals

4x800m Relay

100m Dash (girls) trials

100m Dash (boys) trials

100m Hurdles (girls) trials

110m Hurdles (boys) trials

15 minute break

110m Hurdles (boys) finals

100m Hurdles (girls) finals

100m Wheelchair

100m Dash (girls) finals

100m Dash (boys) finals

(Remaining races will continue  
girls followed by boys)

1600m Run

4x200m Relay

400m Wheelchair

400m Dash

4x100m Relay

300m Hurdles

800m Run

800m Wheelchair

200m Dash finals

3200m Run

4x400m Relay

