

**2025 Iowa State Classic - 2/8/2025**  
 Hosted by Iowa State University  
 Lied Recreation Athletic Center - Ames, IA

**Event 16 Women Weight Throw**

Name	Yr	School	H#	Result
<b>Finals</b>				
1 Kaitlyn Burson	Sr	Iowa State	2	20.06m   65-09.75
2 Mari Shavers		Unattached	2	19.62m   64-04.50
3 Centaine Noom-Duckv	Sr	Drake	2	19.37m   63-06.75
4 Alivia Bauer	Sr	Iowa	2	18.29m   60-00.25
5 Mildred Young	Sr	South Dakota	2	18.03m   59-02.00
6 Peyton Wilson	Fr	Iowa	2	17.74m   58-02.50
7 Sydnie Smith	Fr	Iowa	2	17.37m   57-00.00
8 Josie Curry	So	South Dakota	1	16.82m   55-02.25
9 Ella O'Neill	So	Iowa State	2	16.17m   53-00.75
10 Maud Visscher	Fr	Drake	2	15.73m   51-07.25
11 Cloe Kalanick	Jr	South Dakota	1	15.66m   51-04.50
12 Zuriya Robinson	So	Iowa Central	2	15.46m   50-08.75
13 Lauren Kounkel	Fr	Unattached	1	14.99m   49-02.25
14 Jalyn Shepherd	Fr	South Dakota	1	14.50m   47-07.00
15 Katie Strotman	So	Iowa State	1	14.46m   47-05.25
16 Kileigh Lachacz	Fr	Northern low	1	13.00m   42-08.00
17 Cynthia Albert	Fr	Indian Hills	1	12.90m   42-04.00
18 Hannah Baier	So	Iowa State	1	12.63m   41-05.25
19 Ciara Heffron	Fr	Unattached	1	12.23m   40-01.50
20 Unitee Brown	Fr	Iowa Central	1	11.51m   37-09.25
--- Wisdom Williams	So	Iowa	2	DNS

**Event 36 Men Weight Throw**

Name	Yr	School	H#	Result
<b>Finals</b>				
1 Caiden Fredrick	So	South Dakota	2	19.19m   62-11.50
2 Zach Verzani	So	Iowa State	2	19.03m   62-05.25
3 Walker Whalen	So	Iowa	2	18.99m   62-03.75
4 Ryan Hackbart	So	South Dakota	2	17.82m   58-05.75
5 Michael Etuma	So	Indian Hills	2	17.46m   57-03.50
6 Ethan Fischer	Jr	South Dakota	2	17.36m   56-11.50
7 Justin Olson	So	Northern low	1	17.13m   56-02.50
8 Nathan Wilde	Jr	Northern low	2	16.89m   55-05.00
9 Nathan Rotherham	Fr	Unattached	1	16.84m   55-03.00
10 Hadyn Stockdale	Fr	Indian Hills	1	16.58m   54-04.75
11 Terrance Powe Jr.	Fr	Indian Hills	1	15.69m   51-05.75
12 Hanson King	Fr	Unattached	1	13.96m   45-09.75
13 Tory Wash	RS	Unattached	1	13.81m   45-03.75
14 Devin Mata	Fr	Iowa Central	1	12.68m   41-07.25
15 Franklin Tousignant	Fr	Iowa Central	1	10.22m   33-06.50
--- Angus Alberts	Fr	Iowa Central	1	FOUL
--- Tate Joens	So	Indian Hills	2	FOUL
--- Lucas Morrison		Iowa State	2	DNS

**Event 136 Men Weight Throw Invite**

Name	Yr	School	Result
<b>Finals</b>			
1 Ryan Johnson	So	Iowa	24.15m   79-02.75
2 Cam Jones	Sr	Iowa State	23.09m   75-09.25
3 Garret Wagner	So	Iowa State	21.50m   70-06.50
4 Sean Smith	Sr	Iowa	21.10m   69-02.75

5 Austin Busch	So	Iowa	20.89m   68-06.50
6 Adam Phillips	Sr	Unattached	20.62m   67-08.00
7 Hunter Wallster	Sr	South Dakota	19.82m   65-00.50
8 Sam Carpenter	Jr	Drake	19.17m   62-10.75
--- Bryce Ruland	Fr	Iowa	FOUL

**Event 15 Women Shot Put**

Name	Yr	School	H#	Result
<b>Finals</b>				
1 Katie Fare	Sr	Northern low	2	16.60m   54-05.50
2 Wisdom Williams	So	Iowa	2	15.92m   52-02.75
3 Jadan Brumbaugh	Jr	Iowa State	2	14.88m   48-10.00
4 Lara Smits	So	Drake	2	14.75m   48-04.75
5 Ella O'Neill	So	Iowa State	2	14.20m   46-07.25
6 Maud Visscher	Fr	Drake	2	14.10m   46-03.25
7 Breanna Hackman	So	Northern low	2	13.67m   44-10.25
8 Mildred Young	Sr	South Dakota	2	13.29m   43-07.25
9 Cloe Kalanick	Jr	South Dakota	1	12.82m   42-00.75
10 Unitee Brown	Fr	Iowa Central	1	12.75m   41-10.00
11 Kamari Brown	Fr	Unattached	2	12.64m   41-05.75
12 Jorie Hanenburg	Fr	Northern low	2	12.61m   41-04.50
13 Jalyn Shepherd	Fr	South Dakota	1	12.47m   40-11.00
14 Lauren Kounkel	Fr	Unattached	1	12.41m   40-08.75
15 Ella Bertram	Jr	Northern Ill	1	11.63m   38-02.00
16 Josie Curry	So	South Dakota	2	11.43m   37-06.00
17 Josie Liebl	Sr	St. Thomas (	1	10.42m   34-02.25
18 Eden Brouwers	Fr	Iowa Central	1	10.23m   33-06.75
19 Franka Weil-Restrepo	So	Western Illi	1	10.20m   33-05.75
20 Brianna Fleek	Jr	St. Thomas (	1	9.45m   31-00.00
21 Zuriya Robinson	So	Iowa Central	1	9.36m   30-08.50

**Event 135 Men Shot Put Invite**

Name	Yr	School	Result
<b>Finals</b>			
1 Nikolas Curtiss		Unattached	19.78m   64-10.75
2 Blake Veenstra	Sr	Iowa State	18.83m   61-09.50
3 Spencer Kessel	So	Northern low	18.41m   60-05.00
4 Carson Lienau	Jr	Northern low	18.14m   59-06.25
5 Sebastian Swistak	Sr	Northern low	17.34m   56-10.75
6 Kaden Banks	So	Indian Hills	16.87m   55-04.25
7 Sam Thomas	Fr	Northern low	16.66m   54-08.00
8 David Russell	Fr	Northern low	16.50m   54-01.75
9 Ethan Elliott	Fr	Drake	15.83m   51-11.25
--- Cam Jones	Sr	Iowa State	DNS

**Event 35 Men Shot Put**

Name	Yr	School	H#	Result
<b>Finals</b>				
1 Tate Joens	So	Indian Hills	2	17.48m   57-04.25
2 Bryce Ruland	Fr	Iowa	2	17.42m   57-02.00
3 Daniel Norris	Sr	Unattached	2	17.28m   56-08.50
4 Cooper Cerese	Jr	Drake	2	17.02m   55-10.25
5 Caiden Fredrick	So	South Dakota	2	16.61m   54-06.00
6 Duke Faley	So	Iowa	2	15.97m   52-04.75
7 Angus Alberts	Fr	Iowa Central	2	15.65m   51-04.25

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**Finals ... (Event 35 Men Shot Put)**

Name	Yr	School	H#	Result
8 Hanson King	Fr	Unattached	1	15.52m   50-11.00
9 TJ Christensen	Fr	South Dakota	2	15.25m   50-00.50
10 Tory Wash	RS	Unattached	1	14.55m   47-09.00
11 Hadyn Stockdale	Fr	Indian Hills	2	14.53m   47-08.00
12 Nathan Rotherham	Fr	Unattached	2	14.12m   46-04.00
13 Alec Rachford	Fr	Indian Hills	1	14.08m   46-02.50
14 Jack Rosner	Sr	St. Thomas (	1	12.49m   40-11.75
15 Devin Mata	Fr	Iowa Central	1	12.24m   40-02.00
16 Franklin Tousignant	Fr	Iowa Central	1	11.26m   36-11.50
17 Hosea Ward		Unattached	1	9.06m   29-08.75
--- Landon Deneen	Fr	St. Thomas (	1	DNS
--- Harrison McGregor	Fr	Drake	2	DNS
--- Grayson Spronk	So	St. Thomas (	1	DNS
--- Omarr Locke	Fr	Clarke (Iowa	1	DNS
--- Sam May	Sr	St. Thomas (	1	DNS

**Event 32 Men Pole Vault**

Name	Yr	School	Result
1 Thai Thompson	Sr	Iowa State	4.70m   15-05.00
2 Matthew Thomas	So	Western Illi	4.25m   13-11.25
3 Chase Lathrop	Fr	Iowa State	4.10m   13-05.25
4 Amarion Bradley	Fr	Iowa Central	3.95m   12-11.50
5 Tyler Morgan	Fr	Iowa Central	3.80m   12-05.50
6 Tristan Rheingans	Fr	Iowa State	3.80m   12-05.50
6 Dylan Nola		Unattached	3.80m   12-05.50
--- Carter McCain	Fr	Iowa Central	NH
--- Cooper Spurgeon	So	Iowa State	NH
--- Hayden Lensing	Fr	Iowa Central	DNS
--- Davis Brogan	RS	Unattached	DNS
--- Colin Buch	Jr	Northern low	DNS

**Event 12 Women Pole Vault**

Name	Yr	School	Result
1 Emma Ponx	Jr	Western Illi	3.75m   12-03.50
2 Dana Surwillo	So	Western Illi	3.65m   11-11.75
3 Morgan Koppelman	So	St. Thomas (	3.50m   11-05.75
4 Brooke Wisdom	Fr	St. Thomas (	3.35m   10-11.75
4 Annalise Zeinemann	Jr	Northern low	3.35m   10-11.75
6 Colleen Johnson	So	Western Illi	3.35m   10-11.75
7 Olivia Passeri	Sr	St. Thomas (	3.35m   10-11.75
8 Angel Stanley	So	Western Illi	3.20m   10-06.00
9 Hannah Wallace	So	Northern low	3.20m   10-06.00
10 Isabelle Cox	So	Northern low	2.90m   9-06.25
11 Eden Brouwers	Fr	Iowa Central	2.60m   8-06.25
--- Kira Messerly	Fr	Iowa Central	NH
--- Abbigail (Abbi) Hutchir	Fr	Iowa Central	NH

**Event 13 Women Long Jump**

Name	Yr	School	H#	Result
1 Rosjai Curtis	Fr	Park (Mo.)	2	5.82m   19-01.25

2 Precious Umukoro	Fr	Northern Ill	2	5.79m   19-00.00
3 Maleah Walker	So	Northern low	2	5.47m   17-11.50
4 Cassia Cady	So	St. Thomas (	2	5.39m   17-08.25
5 Ava Wilber	Jr	St. Thomas (	2	5.35m   17-06.75
6 Zoey Hermel	So	St. Thomas (	2	5.32m   17-05.50
7 Julia Niemeyer	So	Omaha	1	5.26m   17-03.25
8 Brianna Fleek	Jr	St. Thomas (	2	5.23m   17-02.00
9 Zofia Landowska	Sr	Drake	2	5.22m   17-01.50
10 Christina Driver	Fr	St. Thomas (	1	5.10m   16-08.75
11 Josie Liebl	Sr	St. Thomas (	1	4.98m   16-04.25
12 Dawn McIntyre	Jr	Park (Mo.)	1	4.84m   15-10.50
13 Lilly Smith	Fr	Omaha	1	4.70m   15-05.00
14 Lillian Allen	So	St. Thomas (	1	4.65m   15-03.25
15 Paige Groetsch	Fr	Iowa Central	1	3.94m   12-11.25
--- Amari Laing	So	Iowa State	2	FOUL
--- Marlesha Heard	Fr	Iowa Central	1	DNS
--- Shay Sinnard	So	Omaha	2	DNS
--- Kelsey Hutchins	So	Western Illi	1	DNS
--- Yoanny Espinoza	Jr	Western Illi	1	DNS

**Event 33 Men Long Jump**

Name	Yr	School	H#	Result
1 James Carter		Unattached	2	7.54m   24-09.00
2 Justin Gleason	So	Iowa State	2	7.47m   24-06.25
3 Cage Davison	Jr	Western Illi	2	6.81m   22-04.25
4 Cooper Spurgeon	So	Iowa State	2	6.79m   22-03.50
5 Jack Rosner	Sr	St. Thomas (	2	6.77m   22-02.50
6 Amarr Boyongo	Fr	Iowa Central	1	6.67m   21-10.75
6 Alan Lefevre	Fr	Iowa Central	2	6.67m   21-10.75
8 Ahmad Evans	Jr	Park (Mo.)	2	6.63m   21-09.00
9 Tristan Rheingans	Fr	Iowa State	1	6.52m   21-04.75
10 Rayvon Wright	Sr	Western Illi	1	6.51m   21-04.25
11 Will DiSessa	So	St. Thomas (	2	6.37m   20-10.75
12 Toriano Tate	Jr	Western Illi	2	6.35m   20-10.00
13 Maki Whelan	Fr	St. Thomas (	1	6.22m   20-05.00
14 Malachi Collier	So	Drake	2	6.18m   20-03.50
15 Nicholas Johnson	Fr	Iowa Central	1	6.00m   19-08.25
16 Marciano Winn	Fr	Iowa Central	1	5.97m   19-07.00
17 Jason Carpenter	Fr	Iowa Central	1	5.92m   19-05.25
18 Matthew Thomas	So	Western Illi	1	5.83m   19-01.50
19 Xavier Rolfe	Fr	Iowa Central	1	5.78m   18-11.75
20 Ahmed Ahmed	Fr	Iowa Central	1	5.32m   17-05.50
--- Landon Deneen	Fr	St. Thomas (	1	DNS
--- Sam May	Sr	St. Thomas (	2	DNS
--- Peyton Sanders	So	Iowa Central	2	DNS
--- Waleed Ibrahim	11	Unattached	1	DNS

**Event 14 Women Triple Jump**

Name	Yr	School	Result
1 Ava Cinnamo	So	Iowa State	12.37m   40-07.00
2 Rosjai Curtis	Fr	Park (Mo.)	12.08m   39-07.75
3 Precious Umukoro	Fr	Northern Ill	12.00m   39-04.50
4 Brooke Williams	Fr	Kansas City	11.85m   38-10.50

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**Finals ... (Event 14 Women Triple Jump)**

Name	Yr	School	Result
5 Jaleesa Mcwashington	Sr	Kansas City	11.25m   36-11.00
6 Aniya Barton	Jr	Northern Ill	11.06m   36-03.50
7 Bria Armstrong	Sr	Western Illi	10.89m   35-08.75
8 Kelsey Hutchins	So	Western Illi	10.87m   35-08.00
--- Yoanny Espinoza	Jr	Western Illi	FOUL

**Event 34 Men Triple Jump**

Name	Yr	School	Result
<b>Finals</b>			
1 Rayvon Wright	Sr	Western Illi	13.70m   44-11.50
2 Ahmad Evans	Jr	Park (Mo.)	13.21m   43-04.25
3 Xavier Rolfe	Fr	Iowa Central	12.40m   40-08.25
4 Titus Jackson	Sr	Unattached	11.92m   39-01.25
5 Nicholas Johnson	Fr	Iowa Central	11.83m   38-09.75
--- James Carter		Unattached	DNS
--- Toriano Tate	Jr	Western Illi	DNS

**Event 11 Women High Jump**

Name	Yr	School	Result
<b>Finals</b>			
1 Jasmijn Raes	Fr	Northern Ill	1.74m   5-08.50
2 Kamiya Dendy	Sr	Northern Ill	1.71m   5-07.25
3 Brooke Naughton	So	Iowa State	1.68m   5-06.00
4 Maia Denge-Hagen	Fr	Iowa State	1.68m   5-06.00
5 Samira Rosenfeld	Sr	Northern Ill	1.53m   5-00.25
5 Caroline Anderson	Sr	St. Thomas (	1.53m   5-00.25
7 Olivia Keller	Jr	St. Thomas (	1.53m   5-00.25
8 Mia Harris	Jr	Western Illi	1.48m   4-10.25
8 Karlee Zumstein	So	Western Illi	1.48m   4-10.25
8 Ella Olson	Fr	St. Thomas (	1.48m   4-10.25
11 Kira Messerly	Fr	Iowa Central	1.48m   4-10.25
--- Ayla Barrett	Fr	Drake	DNS
--- Rylie Todd	Sr	Northern low	DNS
--- Ella Homawoo	Fr	Iowa Central	DNS
--- Chloe Largent	So	Northern low	DNS
--- Arriana Johnson	So	Indian Hills	DNS
--- Josie Moreland	So	Northern low	DNS

**Event 31 Men High Jump**

Name	Yr	School	Result
<b>Finals</b>			
1 Brendan Harter	Jr	St. Thomas (	2.05m   6-08.75
2 Daniel Adams	So	Clarke (Iowa	1.95m   6-04.75
3 Rayvon Wright	Sr	Western Illi	1.95m   6-04.75
4 Garrison Murray	So	Western Illi	1.95m   6-04.75
5 Amani Drayton	Fr	Clarke (Iowa	1.90m   6-02.75
6 Amarr Boyongo	Fr	Iowa Central	1.90m   6-02.75
7 Chase Lathrop	Fr	Iowa State	1.90m   6-02.75
8 Robert Cooley	Fr	Iowa Central	1.80m   5-10.75
9 Cameron Hoag	Fr	Iowa Central	1.80m   5-10.75
10 Dutee Wesley	Fr	Iowa Central	1.75m   5-08.75
11 Maki Whelan	Fr	St. Thomas (	1.70m   5-07.00
--- Carson Allen	So	Unattached	DNS

--- Michael Millslagle		Unattached	DNS
--- Kahuan Harris	Fr	Indian Hills	DNS
--- Henry Skinner	So	St. Thomas (	DNS

**Event 57 Women 5000 Meter Run**

Name	Yr	School	Result
<b>Finals</b>			
1 Tyla Lumley	Sr	Drake	16:25.29
2 Taylor Briggs	Sr	Iowa State	16:35.50
3 Caroline McMartin		Unattached	16:39.89
4 Maddie Block		Unattached	16:45.01
5 Taylor Rorick	So	Creighton	17:31.83
6 Mariah Belmont	Fr	Kansas City	18:03.92
7 Bailey Wilk	Sr	Northern Ill	18:25.26
8 Claire Pyne	So	Creighton	19:28.78
9 Aurora Dominguez	Sr	Western Illi	19:32.63
--- Scarlett Pearlman	So	Creighton	DNF
--- Aspen Fulbright		Unattached	DNF
--- Riley Vogel	Fr	Indian Hills	DNS

**Event 58 Men 5000 Meter Run**

Name	Yr	School	Result
<b>Finals</b>			
1 Chakib Cherkaoui Rha:	Fr	Iowa Central	14:16.48
2 Allen Bonnessen	So	Iowa State	14:18.24
3 Caleb Shumaker	Sr	Northern low	14:26.29
4 Bowen Martin	Jr	Drake	14:28.76
5 Juan Trasobares	Jr	Drake	14:36.43
6 Jack Moran		Unattached	14:39.51
7 Ryan Montera	Sr	Creighton	14:50.48
8 Robert Perry	Jr	Western Illi	15:05.41
9 Sam Cleary	So	Kansas City	15:06.15
10 Andrew Figueroa	So	Unattached	15:18.81
11 Blair Ptacek	RS	Unattached	15:20.80
12 Jack Sorensen	Jr	Creighton	15:31.58
13 Don Agisha	So	Unattached	16:10.97
14 Beck Jones	Fr	Park (Mo.)	16:18.64
15 AJ Vega	Fr	Park (Mo.)	16:25.31
16 William Norris	Fr	Park (Mo.)	16:31.67
--- Lance Larsen	So	Unattached	DNF
--- Aidan Palmer	Sr	Drake	DNF
--- Connor Visnic		Unattached	DNF
--- Brady McWhirter	Fr	Indian Hills	DNS

**Event 5 Women 1 Mile Run**

Name	Yr	School	H#	Result
<b>Finals</b>				
1 Mya Trober	So	Iowa State	1	4:44.63
2 Ashlyn Keeney	Jr	Iowa State	1	4:45.25
3 Sheridan Wheeler	So	Iowa State	1	4:46.06
4 Grace Waage	Sr	South Dakota	1	4:46.32
5 Sydney Morrell	So	Iowa State	1	4:47.56
6 Milli Hill		Unattached	1	4:49.89
7 Jessica Lutmer	Sr	South Dakota	1	4:52.17
8 Kaylin Lacher	Jr	Northern low	1	4:55.87

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**Finals ... (Event 5 Women 1 Mile Run)**

Name	Yr	School	H#	Result
9 Josie Baker	Fr	Iowa State	1	4:57.69
10 Kendra Nissen	So	Northern low	2	5:02.40
11 Katie Roche	Fr	Creighton	2	5:02.62
12 Liza Schaffer	So	Northern low	2	5:03.47
13 Sophie Yetter	Fr	St. Thomas (	1	5:05.10
14 Kate Crawford	Jr	Northern low	2	5:05.88
15 Olivia Verde	RS	Unattached	2	5:07.54
16 Clare Kelly	Fr	Iowa	2	5:08.33
17 Leah Klapatauskas	Fr	Northern low	1	5:09.01
18 Nina Dawson	Jr	South Dakota	3	5:09.86
19 Anika Nettekoven	Jr	Creighton	2	5:09.97
20 Clare Wright	Fr	Northern low	2	5:10.02
21 Malayh Metcalf	Jr	St. Thomas (	2	5:11.28
22 Eden Mueller	So	Northern low	3	5:11.42
23 Brooke O'brien	So	Northern low	3	5:13.32
24 Alivia Edens	Fr	Iowa Central	3	5:15.90
25 Halle Bauer	Fr	South Dakota	3	5:16.87
26 Gabby Witschen	Sr	St. Thomas (	2	5:17.70
27 Rachel Dietrich	Fr	Northern Ill	1	5:18.81
28 Harper Barlow	Fr	Kansas City	3	5:18.96
29 Rachael M. Bethancou	So	Paradise Val	3	5:20.87
30 Alexis Leone	Fr	Creighton	2	5:21.86
31 Hannah Kilday	Fr	Drake	3	5:22.78
32 Lydia Bennett	So	Western Illi	3	5:23.92
33 Meghan Coulter	Sr	Drake	3	5:25.16
34 Lauren Ellefson	Sr	St. Thomas (	3	5:25.25
35 Mackenzie S. Bethancou	So	Paradise Val	3	5:26.06
36 Vanessa Lee	Sr	Drake	3	5:37.82
37 Maia Italia	Sr	Drake	3	5:44.18
38 Dari Cook	Fr	Iowa Central	3	6:44.43
--- Imane Jourji	Fr	Iowa Central	3	DNS
--- Cameron Kalaway	So	Iowa	1	DNS
--- Aylana Cezar		Unattached	2	DNS
--- Carly Manchester	Jr	Creighton	2	DNS
--- Jalyssa Blazek	Jr	Iowa	2	DNS

**Event 25 Men 1 Mile Run**

Name	Yr	School	H#	Result
<b>Finals</b>				
1 Brogan Giffin	Sr	Drake	1	3:59.49
2 Mohamed Dahmouch	Fr	Iowa Central	1	4:02.45
3 Steven Potter		Unattached	1	4:03.32
4 Gable Sieperda		Unattached	1	4:04.51
5 Sanele Masondo	Sr	Iowa State	1	4:04.61
6 Cayde de Waal	So	Indian Hills	1	4:05.16
7 Quinton Orr	Sr	Unattached	1	4:05.91
8 Clayton Duchatschek		Minnesota Di	1	4:06.05
9 Brandon Kampsen	RS	South Dakota	2	4:07.83
10 Logan Lommel		Unattached	1	4:07.93
11 Saad Rifi Loutfi	Fr	Iowa Central	2	4:08.87
12 Jackson Dutcher	So	South Dakota	2	4:09.35
13 Said Rifi Loutfi	Fr	Iowa Central	2	4:09.74
14 Riley Simpson	Jr	Iowa State	2	4:10.44

15 Yohana Yual	Jr	Iowa	2	4:12.53
16 Nathan Notgrass	Sr	South Dakota	2	4:12.79
17 Ernest Mattson	So	Iowa State	2	4:13.91
18 Levi Hill	So	Northern low	3	4:15.93
19 Evan Kraus	Jr	Creighton	3	4:16.17
20 Brayden Picken	Fr	Northern low	3	4:16.89
21 Jaxon Zimmerman	So	Paradise Val	2	4:17.79
22 Nathan Pestka	Jr	Unattached	2	4:18.36
23 Sean Hudspath	So	Western Illi	3	4:19.66
24 Ethan Starfield	So	St. Thomas (	3	4:21.44
25 Cade Sanvik	Fr	South Dakota	3	4:22.04
26 Ben Stricker	Fr	St. Thomas (	4	4:25.83
27 Seth Cheney	So	Unattached	4	4:26.33
28 Cole Haith	Jr	Creighton	3	4:28.91
29 Manuel Reyes	Jr	Park (Mo.)	4	4:29.16
30 Palmer O'Connor	Fr	Park (Mo.)	3	4:30.48
31 Caleb Kass	So	Unattached	4	4:30.50
32 Drew Dombrosky	So	Unattached	4	4:31.57
33 Alexis Ortiz	Fr	Iowa Central	4	4:31.68
34 Brian Hildebrand	Jr	Creighton	3	4:32.63
35 Patrick Heffernan	So	Des Moines A	4	4:33.36
36 Jordan King	Fr	Des Moines A	4	4:39.69
37 Daniel Schoening	Fr	UNAT-Des Moi	4	4:40.41
38 Landon Fuller	Fr	Iowa Central	4	4:41.28
39 Caden Brown	Fr	Des Moines A	4	4:42.81
40 James House	Fr	Indian Hills	3	4:43.44
41 Hunter Landphair	Fr	Des Moines A	4	4:56.47
42 Hayden Lensing	Fr	Iowa Central	4	4:59.54
43 Tristan Strantz	Fr	Iowa Central	4	5:42.46
--- Tommy Tynnismaa	Fr	Unattached	1	DNF
--- Jacoby Harmon	Fr	Iowa State	2	DNF
--- Mohammed Baghati	Sr	Western Illi	3	DNF
--- Jon Harley		Unattached	1	DNS
--- Bailey Taig	Fr	Indian Hills	3	DNS
--- Cashton Johnson	Fr	South Dakota	3	DNS

**Event 8 Women 60 Meter Hurdles**

Name	Yr	School	H#	Result
<b>Preliminaries</b>				
1 Brielle Dixon	Sr	South Dakota	3	8.48Q
2 Kiersten Fisher	Sr	Iowa State	1	8.61Q
3 Riyah Burns	Fr	Iowa State	2	8.66Q
4 Olivia Keller	Jr	St. Thomas (	4	8.85Q
5 Jaleesa Mcwashington	Sr	Kansas City	2	8.68q
6 Darci Wiseman	Jr	Northern low	3	8.99q
7 Brei Christoffer	So	Clarke (Iowa	1	9.05q
8 Grace Mustard	Jr	Omaha	1	9.07q
9 Josie Liebl	Sr	St. Thomas (	2	9.07
10 Carlie Jo Fusco	Fr	Northern low	2	9.08
11 Hope Klamm	Jr	Park (Mo.)	3	9.09
12 Brooke Naughton	So	Iowa State	1	9.35
13 Julia de Palma	Fr	Bradley	2	9.37
14 Bria Armstrong	Sr	Western Illi	4	9.40
15 Maia Denge-Hagen	Fr	Iowa State	4	9.47
16 Hannah Quang	Fr	Iowa Central	3	9.49

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**Preliminaries ... (Event 8 Women 60 Meter Hurdles)**

Name	Yr	School	H#	Result
17 Faith Klamm	Jr	Park (Mo.)	4	9.52
18 Ella Homawoo	Fr	Iowa Central	3	9.52
19 Emmaline Nau	So	Drake	3	9.53
20 Ella Olson	Fr	St. Thomas (	1	9.78
21 Addison (Addi) Hindt	Fr	Iowa Central	4	9.98
22 Brianna Fleek	Jr	St. Thomas (	1	10.72
23 Lisa Benjamin	Fr	Iowa Central	1	11.00
--- Marlesha Heard	Fr	Iowa Central	3	DNS
--- Destiny Davis	Fr	Iowa Central	4	DNS
--- Julia Niemeyer	So	Omaha	2	DNS
--- Lillian Allen	So	St. Thomas (	2	DNS

**Event 28 Men 60 Meter Hurdles**

Name	Yr	School	H#	Result
<b>Preliminaries</b>				
1 Jack Latham	So	Iowa State	4	7.98Q
2 Drew Bartels	Sr	Northern low	1	8.02Q
3 Alec Carr	Jr	Iowa State	3	8.05Q
4 Pierre Lear	Sr	South Dakota	5	8.06Q
5 Grayson Hartman	So	Iowa State	2	8.14Q
6 Jack Rosner	Sr	St. Thomas (	2	8.18q
7 Carter Johnson	So	South Dakota	4	8.25q
8 Sam Duffing	Sr	St. Thomas (	1	8.26q
9 Gunnar Gunderson	So	South Dakota	5	8.32
10 Tatum Westercamp	Fr	Indian Hills	4	8.32
11 Thai Thompson	Sr	Iowa State	2	8.36
12 Jacob Huff	Fr	Iowa Central	2	8.50
13 Alan Lefevre	Fr	Iowa Central	3	8.52
14 Robert Cooley	Fr	Iowa Central	4	8.52
15 Tristan Rheingans	Fr	Iowa State	1	8.62
16 Zasean Mack	Fr	Iowa Central	1	8.74
17 Ashton Hogrefe	RS	Unattached	2	8.74
18 Logan Piper	So	Creighton	3	8.78
19 Khalil Kaba	Fr	Drake	5	8.82
20 Gatleel Joar	Fr	Iowa Central	3	8.83
21 Cooper Spurgeon	So	Iowa State	2	8.98
22 Matthew Thomas	So	Western Illi	5	9.03
23 Jason Carpenter	Fr	Iowa Central	4	9.05
24 Mohamed Kori	Fr	Iowa Central	5	9.14
25 Zakiah Pettigrew	Fr	Iowa Central	2	9.24
26 Jaimere Campbell	Fr	Iowa Central	1	9.48
--- Joseph Purbrick	Fr	Iowa State	5	DNF
--- Jaquan Means	Fr	Indian Hills	3	DNF
--- Landon Deneen	Fr	St. Thomas (	5	DNF
--- Jace Hanson	Fr	Iowa Central	3	DNS
--- Sam May	Sr	St. Thomas (	1	DNS
--- Braeden Brouwer	Fr	St. Thomas (	1	DNS
--- Harry Momolu	Fr	Indian Hills	3	DNS
--- Grayson Spronk	So	St. Thomas (	4	DNS

**Event 1 Women 60 Meter Dash**

Name	Yr	School	H#	Result
<b>Preliminaries</b>				
1 Sydney Willits	Sr	Unattached	2	7.53Q
2 Destiny Mitchell	So	Indian Hills	4	7.57Q
3 Savannah Ming	Sr	Drake	1	7.65Q
4 Jessica Kyne	Fr	Northern low	5	7.65Q
5 Zekira Snow	So	Indian Hills	3	7.70Q
6 Sian O'Sullivan	Jr	South Dakota	4	7.66q
7 Tania Gleason	Jr	Omaha	5	7.68q
8 Alexis Pratt	Jr	St. Thomas (	2	7.72q
9 Amari Laing	So	Iowa State	3	7.79
10 Avyn Urbanski	So	Omaha	3	7.79
11 Maggie Madsen	So	South Dakota	2	7.82
12 Ellie Harris	Fr	South Dakota	1	7.84
13 Samira Huber	Fr	Northern Ill	2	7.85
14 Zofia Landowska	Sr	Drake	5	7.86
15 Rosjai Curtis	Fr	Park (Mo.)	3	7.86
16 Briandrias Rhodes	Sr	Drake	1	7.90
17 Mya Hippolyte	Jr	Western Illi	5	7.92
18 Ava Wilber	Jr	St. Thomas (	5	7.96
19 Ashley Ostrand	Sr	Omaha	3	8.00
20 Reese Mitchell	Fr	Drake	4	8.02
21 Denae McElrath	So	Drake	2	8.02
22 Anna Winterrowd	Sr	Northern low	4	8.08
23 Alexandria Sherman	Fr	Park (Mo.)	1	8.08
24 Regan Barnard	Fr	Omaha	2	8.10
25 Lilly Smith	Fr	Omaha	4	8.11
26 Favor Omojuanfo	So	Drake	4	8.12
27 Faith Rouse	So	Northern Ill	3	8.17
28 Leah Duncan	Sr	Drake	1	8.18
29 Unitee Brown	Fr	Iowa Central	5	8.40
30 Ari Christian	Jr	Northern Ill	5	8.58
31 Karlee Zumstein	So	Western Illi	2	8.73
32 Mia Harris	Jr	Western Illi	3	8.87
--- Shay Sinnard	So	Omaha	1	DNS
--- Avia Lane	Fr	Indian Hills	1	DNS

**Event 21 Men 60 Meter Dash**

Name	Yr	School	H#	Result
<b>Preliminaries</b>				
1 Jared Wipf	Sr	South Dakota	5	6.77Q
2 Evan Henderson	Sr	South Dakota	4	6.87Q
3 Carter Toews	So	South Dakota	6	6.89Q
4 Korrey Womack	Fr	Iowa Central	1	6.96Q
5 Riddik Collier	Fr	St. Thomas (	3	6.97Q
6 Michael Blank	So	Indian Hills	2	7.07Q
7 Sheldon Lucas	Fr	Northern low	6	6.94q
8 Joseph Cannon	Fr	Indian Hills	5	6.95q
9 Ahmad Evans	Jr	Park (Mo.)	1	7.02
10 Keano Ferguson	Jr	Park (Mo.)	5	7.02
11 Colton Manock	Fr	South Dakota	6	7.03
12 Chase Lathrop	Fr	Iowa State	4	7.04
13 Michael McGee	So	Indian Hills	6	7.06

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**Preliminaries ... (Event 21 Men 60 Meter Dash)**

Name	Yr	School	H#	Result
14 Uriah Allen	Fr	Indian Hills	2	7.08
15 Justin Gleason	So	Iowa State	4	7.13
16 Tony Williams	Fr	Iowa Central	4	7.13
17 Alexi Brooks	Fr	Iowa Central	3	7.14
18 Cage Davison	Jr	Western Illi	3	7.15
19 Amos Sieh	So	Iowa Central	1	7.15
20 Will DiSessa	So	St. Thomas (	5	7.16
21 Charles Noland	Fr	Park (Mo.)	2	7.18
22 Jacob Huff	Fr	Iowa Central	6	7.19
23 Jack Knoll	So	Western Illi	6	7.26
24 Derrick Wilson	Fr	Iowa Central	1	7.33
25 Toi Jones II		Unattached	5	7.36
26 Marciano Winn	Fr	Iowa Central	4	7.36
27 Roosevelt Gipply	Fr	Iowa Central	3	7.38
28 Anthony Bradley	Sr	Drake	4	7.43
29 Caleb Brown	So	Western Illi	5	7.43
30 Xzavijhon Taylor	Fr	Iowa Central	3	7.45
31 Chayton Ewurs	So	Iowa Central	1	7.49
32 Dillon Cotton	Fr	Iowa Central	2	7.61
33 Zasean Mack	Fr	Iowa Central	2	7.63
34 Ahmed Ahmed	Fr	Iowa Central	1	7.74
35 Tristen Davis	Fr	Iowa Central	3	7.82
--- Stephen Clunis	Jr	Kansas City	2	DNS
--- Mohamed Kori	Fr	Iowa Central	5	DNS
--- Jerome Jessup	Sr	Northern low	3	DNS
--- Peyton Sanders	So	Iowa Central	2	DNS
--- Justin Cunningham	Sr	Drake	4	DNS
--- Stephen Brown	Jr	Kansas City	1	DNS

**Event 55 Women 600 Yard Run**

Name	Yr	School	Result
<b>Finals</b>			
1 Juliette Gavois	Fr	Iowa Central	1:30.25
2 Chadrak Belinda Bula	Fr	Iowa Central	1:30.72
3 Bella Gomez	Fr	Creighton	1:32.46
4 Fanny den Uyl	Fr	Iowa Central	1:33.18
5 Ellie Bauer	So	Western Illi	1:54.52

**Event 56 Men 600 Yard Run**

Name	Yr	School	H#	Result
<b>Finals</b>				
1 Calvin Curcija	So	Iowa State	1	1:12.12
2 Shemar Caines	So	Park (Mo.)	1	1:12.18
3 Alexander Caines	Jr	Park (Mo.)	2	1:12.97
4 Cameron Heppner	Jr	St. Thomas (	2	1:13.13
5 Alex Marchand Fierro	Fr	Iowa Central	2	1:16.30
6 Anthony Alexander	Fr	Iowa Central	1	1:16.87
7 Lucas Van Loon	So	Clarke (Iowa	2	1:17.42
8 Deven Nixon	Fr	Iowa Central	2	1:24.79
--- Ainsley Brown	Fr	Indian Hills	1	DNS

**Event 3 Women 400 Meter Dash**

Name	Yr	School	H#	Result
<b>Finals</b>				
1 Amiyah Davis	Sr	Bradley	1	55.14
2 Karynne David	Fr	Iowa State	1	56.05
3 Sadiya Shamsid-Deen	So	Northern Ill	2	56.14
4 Maya Williams	Fr	Northern low	1	56.33
5 Carolina Martinez	Fr	Bradley	3	56.46
6 Roshell Rowe	Sr	Northern Ill	1	56.68
7 Carlie Jo Fusco	Fr	Northern low	2	56.83
8 Cameron Moon	So	Iowa State	3	57.09
9 Hannah Cornelius	Sr	St. Thomas (	4	57.13
10 Jersey Jones	Fr	Northern low	2	57.16
11 Erika Kuntz	Jr	South Dakota	3	57.57
12 Hailey Hindt	Sr	St. Thomas (	4	57.84
13 Kailynn Gubbels	Jr	Iowa State	5	57.86
14 Briandrias Rhodes	Sr	Drake	4	57.95
15 Mechak Linda Bula Bul	Fr	Iowa Central	3	58.44
16 Darci Wiseman	Jr	Northern low	4	58.51
17 Eva Van De Mortel	Sr	Northern low	6	58.56
18 Eden Moore	Fr	Northern low	6	59.09
19 Vivian Dalton	Fr	South Dakota	6	59.25
20 Madison Bunton	Sr	Drake	5	59.45
21 Hope Rajlich	Jr	Bradley	6	59.73
22 Addison Scholten	11	Unattached	6	59.80
23 Jolena Site	So	Western Illi	5	1:00.04
24 Ellie Lynch	Fr	Iowa State	5	1:00.22
25 Lilly Camarcho	Fr	Park (Mo.)	7	1:00.28
26 Syeira Campbell	Sr	Bradley	5	1:00.89
27 Chloe Cannon	Fr	Paradise Val	7	1:01.12
28 Kate Kariniemi	So	St. Thomas (	8	1:01.25
29 Lily Jarrett	Fr	St. Thomas (	8	1:01.36
30 Faith Klamm	Jr	Park (Mo.)	7	1:01.50
31 Adison Hayden	So	Park (Mo.)	8	1:01.61
32 Nakeita Kessler	Jr	Western Illi	3	1:02.15
33 Janiya Moore	Fr	St. Thomas (	7	1:02.58
34 Olivia Southby	Sr	Northern Ill	7	1:02.65
35 Gabriela Calderon	So	Omaha	8	1:04.10
36 Emmaline Nau	So	Drake	6	1:04.89
37 Hope Klamm	Jr	Park (Mo.)	7	1:05.91
38 Kaytlyn Baker	So	Western Illi	8	1:07.62
--- Jenna Johnson	So	South Dakota	2	DNS

**Event 23 Men 400 Meter Dash**

Name	Yr	School	H#	Result
<b>Finals</b>				
1 Thailan Hallman	Sr	South Dakota	1	48.78
2 Lucas Flemmer	Fr	South Dakota	5	48.88
3 Johnny Bezdicek	So	St. Thomas (	6	48.90
4 Zach Fall	So	Northern low	1	49.06
5 Colton Manock	Fr	South Dakota	5	49.21
6 Kudra Nzibariza	Jr	South Dakota	1	49.71
7 Aidan Jacobsen	Fr	Iowa State	3	49.73
8 Drake Dombrosky	Fr	Drake	4	49.78

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**Finals ... (Event 23 Men 400 Meter Dash)**

Name	Yr	School	H#	Result
9 Gunnar Gunderson	So	South Dakota	2	49.79
10 Kameron Hall	Fr	Indian Hills	5	49.82
11 Paul Glon	Fr	Indian Hills	5	49.87
12 Chase Housh	Jr	Park (Mo.)	3	49.89
13 Ashton Hogrefe	RS	Unattached	3	49.96
14 Hayden Cross	Jr	Drake	1	50.07
15 Josh Musonda	Jr	Clarke (Iowa	2	50.20
16 Mitchell Warmington	Sr	St. Thomas (	4	50.24
17 Jeremiah Donahoe	Jr	South Dakota	2	50.27
18 Reggie Slaba	Sr	South Dakota	1	50.32
19 Jacob Gilbertson	So	St. Thomas (	7	50.67
20 Harm Van Den Berkmc	So	Clarke (Iowa	7	50.86
21 Dyer Jarabek	Sr	Drake	2	50.96
22 Jayson Koel	So	St. Thomas (	6	51.08
23 Dylan Harris	So	Indian Hills	6	51.26
24 Dylan DeAngelo	Sr	Drake	6	51.27
25 Eron Harvey	Fr	Indian Hills	7	51.76
26 Anthony Duncan	So	Indian Hills	6	52.20
27 Anthony Bradley	Sr	Drake	4	52.25
28 Dillon Cotton	Fr	Iowa Central	7	54.19
--- Edward Clark	So	Western Illi	2	DQ
--- Tate Songstad		Clarke (Iowa	7	DNS
--- Lucas Burmeister	Jr	Western Illi	3	DNS
--- Zach Van Wychen	RS	Unattached	4	DNS

**Event 28 Men 60 Meter Hurdles**

Name	Yr	School	Result
1 Jack Latham	So	Iowa State	7.81
2 Alec Carr	Jr	Iowa State	7.90
3 Drew Bartels	Sr	Northern low	7.92
4 Grayson Hartman	So	Iowa State	8.04
5 Jack Rosner	Sr	St. Thomas (	8.06
6 Pierre Lear	Sr	South Dakota	8.11
7 Carter Johnson	So	South Dakota	8.27
8 Sam Duffing	Sr	St. Thomas (	8.32

**Event 8 Women 60 Meter Hurdles**

Name	Yr	School	Result
1 Brielle Dixon	Sr	South Dakota	8.28
2 Riyah Burns	Fr	Iowa State	8.53
3 Kiersten Fisher	Sr	Iowa State	8.58
4 Jaleesa Mcwashington	Sr	Kansas City	8.66
5 Olivia Keller	Jr	St. Thomas (	8.87
6 Brei Christoffer	So	Clarke (Iowa	8.88
7 Darci Wiseman	Jr	Northern low	9.19
8 Grace Mustard	Jr	Omaha	9.37

**Event 1 Women 60 Meter Dash**

Name	Yr	School	Result
1 Sydney Willits	Sr	Unattached	7.46

2 Destiny Mitchell	So	Indian Hills	7.55
3 Jessica Kyne	Fr	Northern low	7.60
4 Zekira Snow	So	Indian Hills	7.62
5 Savannah Ming	Sr	Drake	7.71
6 Sian O'Sullivan	Jr	South Dakota	7.72
7 Tania Gleason	Jr	Omaha	7.73
8 Alexis Pratt	Jr	St. Thomas (	7.78

**Event 21 Men 60 Meter Dash**

Name	Yr	School	Result
1 Jared Wipf	Sr	South Dakota	6.76
2 Evan Henderson	Sr	South Dakota	6.84
3 Sheldon Lucas	Fr	Northern low	6.86
4 Carter Toews	So	South Dakota	6.88
5 Riddik Collier	Fr	St. Thomas (	6.93
6 Korrey Womack	Fr	Iowa Central	6.99
7 Joseph Cannon	Fr	Indian Hills	6.99
8 Michael Blank	So	Indian Hills	7.05

**Event 4 Women 800 Meter Run**

Name	Yr	School	H#	Result
1 Emilie Meyer	Sr	Drake	1	2:09.45
2 Kaia Holtkamp	So	Iowa State	1	2:09.88
3 Eilen Brenne	So	Bradley	1	2:10.08
4 Camryn Hubbard	So	Iowa State	1	2:10.24
5 Emma Hoins	Sr	Northern low	1	2:10.72
6 Olivia Keller	Jr	St. Thomas (	3	2:10.85
7 Trixie Wraith	Jr	Bradley	1	2:11.06
8 Lindsey Rotz	Fr	South Dakota	2	2:11.40
9 Claire Beckman	Sr	South Dakota	1	2:11.42
10 Eimear McCarroll	Fr	Bradley	2	2:12.96
11 Maleigha Huston	Sr	Unattached	1	2:13.13
12 Mary Kelly	So	Northern low	2	2:13.19
13 Reese Luze	So	South Dakota	3	2:13.45
14 Hannah Spoden	Jr	South Dakota	2	2:15.45
15 Alicia Belany	Sr	St. Thomas (	2	2:15.51
16 Cameron Kalaway	So	Iowa	2	2:15.69
17 Meredith Richter	Fr	Omaha	3	2:15.77
18 Anna Van Kooten	Fr	Northern low	3	2:16.94
19 Gracie Shannon	Sr	Drake	2	2:17.38
20 Nina Dawson	Jr	South Dakota	3	2:17.71
21 Ceyda Bayur	Jr	Kansas City	3	2:18.16
22 Grace Kearns	Sr	Bradley	1	2:18.56
23 Emmy Schulz	So	St. Thomas (	2	2:19.00
24 Addison Scholten	11	Unattached	3	2:19.43
25 Andriana Erotocritou	Sr	Bradley	2	2:20.22
26 Lily Schwartz	So	Omaha	3	2:20.22
27 Natalie Bogdanova Kiri	So	Iowa Central	4	2:21.05
28 Jonnicia Williams	Fr	Park (Mo.)	5	2:21.06
29 Alexis Huddin	Jr	Creighton	4	2:21.42
30 Lily Jackson	Jr	Omaha	4	2:21.57
31 Halle Bauer	Fr	South Dakota	4	2:22.02
32 Sophia Valentine	So	Creighton	4	2:22.13

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**Finals ... (Event 4 Women 800 Meter Run)**

Name	Yr	School	H#	Result
33 Alivia Edens	Fr	Iowa Central	5	2:22.32
34 Anna Bridges	Fr	Creighton	4	2:23.97
35 Kaylee Woolery	Fr	Northern low	3	2:24.35
36 Hannah Mand	So	Park (Mo.)	5	2:24.50
37 Carly Leonard	Jr	Northern Ill	5	2:25.42
38 Hannah Steinmeyer	So	Western Illi	3	2:28.82
39 Abby Harding	Fr	Des Moines A	5	2:30.11
40 Fanny den Uyl	Fr	Iowa Central	5	2:30.55
41 Hannah Quinn	Fr	Drake	4	2:31.20
42 Krissy Petrou	Sr	Western Illi	4	2:33.18
43 Caley Murphy	So	Western Illi	5	2:35.81
44 Ava Manning	Fr	Des Moines A	5	2:38.03
45 Tori Yunggebauer	Fr	Des Moines A	5	2:43.35

37 Alexis Ortiz	Fr	Iowa Central	8	2:01.98
38 Eason Comer	Fr	Western Illi	8	2:02.09
39 Daniel Schoening	Fr	UNAT-Des Moi	8	2:05.84
40 Patrick Heffernan	So	Des Moines A	8	2:06.12
41 Caden Brown	Fr	Des Moines A	8	2:07.44
--- Jacoby Harmon	Fr	Iowa State	2	DNF
--- Hunter Landphair	Fr	Des Moines A	8	DNF
--- Tommy Tynnismaa	Fr	Unattached	3	DNF
--- Leroy Russell III	Sr	Iowa State	1	DNF
--- Aman Thornton	Sr	Iowa State	1	DNF
--- Cayde de Waal	So	Indian Hills	5	DNF
--- Jake Loos		Unattached	6	DNS
--- Manuel Reyes	Jr	Park (Mo.)	8	DNS
--- Cameron Heppner	Jr	St. Thomas (	4	DNS

**Event 24 Men 800 Meter Run**

Name	Yr	School	H#	Result
<b>Finals</b>				
1 Darius Kipyego	Sr	Iowa State	1	1:46.56
2 Dugion Blackman	Sr	Iowa State	1	1:47.54
3 Raynier Galvez	Fr	Indian Hills	2	1:48.34
4 Jamie Phillips	Fr	Bradley	2	1:48.61
5 Jack Crull	Sr	Bradley	2	1:48.84
6 Chase Knoche	Sr	Northern low	2	1:48.92
7 Adam Swanson		Minnesota Di	2	1:49.18
8 Jaxson Copelin	So	Bradley	3	1:50.57
9 Kaden Kingsmith	So	Bradley	3	1:50.63
10 Tyler Carreon	Sr	Iowa State	1	1:50.69
11 Braxton Bruer		Minnesota Di	3	1:50.83
12 Drake Hanson	Jr	Northern low	3	1:51.03
13 Sam Castle	So	South Dakota	4	1:51.31
14 Jaquan Coke	Fr	Indian Hills	4	1:51.36
15 Richard Brown	Sr	Western Illi	3	1:52.98
16 Ainsley Brown	Fr	Indian Hills	6	1:53.47
17 Juan Trasobares	Jr	Drake	6	1:53.90
18 Ryan Hendrickson	So	Creighton	6	1:53.93
19 Logan Rosas	Fr	Indian Hills	5	1:54.14
20 Jake Bosch	Fr	Northern low	4	1:54.29
21 Isaac Lind	Fr	Bradley	7	1:54.42
22 Micaiah Ellis	Jr	Northern low	5	1:54.50
23 Derek Woods	So	Northern low	6	1:54.56
24 Kai White	Jr	Kansas City	5	1:54.67
25 Sean Murphy	So	South Dakota	7	1:54.93
26 Joe Dustin	Fr	South Dakota	7	1:55.17
27 Isaac Jones	Jr	Unattached	4	1:55.29
28 Ty Getz	So	Unattached	7	1:55.74
29 Yasser Soualah	So	Iowa Central	6	1:55.90
30 Gaven Corpin	Fr	Drake	6	1:56.25
31 Eli Page	Fr	Des Moines A	7	1:56.64
32 Felix Petit-Belleville	So	Indian Hills	5	1:56.78
33 Zack Stoermer	Fr	Des Moines A	8	1:58.68
34 Rhys Cushman	Fr	Creighton	7	1:59.40
35 Samuel Gausmann	Jr	St. Thomas (	6	1:59.93
36 Diego Barron	Fr	Creighton	7	2:01.43

**Event 6 Women 3000 Meter Run**

Name	Yr	School	H#	Result
<b>Finals</b>				
1 Rachel Anderson		Minnesota Di	1	9:19.96
2 MaKenna Thurston		Minnesota Di	1	9:22.32
3 Courtney Stadter	Fr	South Dakota	1	9:43.06
4 Molly Desotell	Sr	St. Thomas (	1	9:44.88
5 Olivia Pauly	Fr	St. Thomas (	1	9:50.94
6 Ava Pankratz	Sr	St. Thomas (	1	9:53.52
7 Jenna Soine	So	South Dakota	1	9:55.17
8 Mya Kizer	Jr	South Dakota	1	9:56.74
9 Ashlyn Hillyard	Sr	South Dakota	1	10:00.11
10 Melody Ochana	Sr	Northern low	1	10:00.26
11 Kamryn Ensley	Jr	Omaha	1	10:00.80
12 Elsie Kmecak	So	St. Thomas (	1	10:01.07
13 Maddie Trevena	Sr	Western Illi	1	10:03.92
14 Emma Ecker	Jr	South Dakota	2	10:06.40
15 Emma Gonzalez	Jr	South Dakota	2	10:07.20
16 Kayla Christopherson	Sr	South Dakota	2	10:11.87
17 Jalyssa Blazek	Jr	Iowa	2	10:17.75
18 Katherine Soule	Jr	Creighton	2	10:21.56
19 Keira Y. Damron	So	Paradise Val	2	10:24.12
20 Marissa Long	Fr	Iowa	2	10:26.12
21 Camryn Sattler	Fr	Iowa State	2	10:29.15
22 Olivia N. Coulston	So	Paradise Val	2	10:32.30
23 Laynee Hollech	Fr	Paradise Val	2	10:32.34
24 Annie Kiolbasa	Sr	St. Thomas (	2	10:33.00
25 Aylana Cezar	Jr	Western Illi	2	10:33.24
26 Tiffani Koonce	Fr	Indian Hills	2	10:33.58
27 Emma Hain	Jr	Omaha	2	10:34.57
28 Kayden Spencer	Fr	Des Moines A	2	10:41.76
29 Carrington Hessen	Fr	Omaha	2	10:44.68
30 Chiara Belfico	Sr	Drake	2	10:45.69
31 Sydney Beaudin	Jr	Omaha	2	10:48.31
32 Gracie Foster	RS	Unattached	2	10:53.50
33 Grace Collins	Fr	Des Moines A	2	10:56.04
34 Madelyn Russell	So	Kansas City	2	11:01.01
35 Jordan Strausbaugh	Jr	Kansas City	2	11:10.97
36 Renee Kafka	Fr	Omaha	2	11:19.90
37 Ainsley Anderson	Fr	Omaha	2	11:30.32



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 Lied Recreation Athletic Center - Ames, IA

**Finals ... (Event 6 Women 3000 Meter Run)**

Name	Yr	School	H#	Result
38 Izzy Apel	So	Omaha	2	11:32.29
39 Alaire Serell	Fr	Creighton	2	11:34.99
40 Riley Vogel	Fr	Indian Hills	2	11:35.96
--- Jessica Lutmer	Sr	South Dakota	1	DNF
--- Paulina Wustefeld		Unattached	1	DNF
--- Cailee Peterson	8	Minnesota Di	1	DNF
--- Grace Waage	Sr	South Dakota	1	DNF
--- Maya Bergstrom	Fr	Omaha	2	DNS
--- Ava Gorrie	Fr	Western Illi	2	DNS
--- Kate Parsons	So	Drake	2	DNS
--- Kaytlyn Larson		Minnesota Di	1	DNS

**Event 26 Men 3000 Meter Run**

Name	Yr	School	H#	Result
<b>Finals</b>				
1 Cody Larson	Jr	South Dakota	1	8:05.54
2 Aidan Ramsey	So	Drake	1	8:09.23
3 Carson Noecker	So	South Dakota	1	8:17.19
4 Eli Hall	Fr	South Dakota	1	8:19.88
5 Isaac Rivera	Fr	Unattached	1	8:23.21
6 Cashton Johnson	Fr	South Dakota	1	8:24.31
7 Dale Johnson	Fr	South Dakota	2	8:30.52
8 Marcos Gonzalez	Sr	Creighton	1	8:31.05
9 Carson Owens	So	Unattached	1	8:32.40
10 Logan Beckmier	So	Western Illi	2	8:34.06
11 Henry Slagle	Sr	Creighton	2	8:38.12
12 Jared Lutmer	Fr	South Dakota	2	8:39.63
13 Landon Bendgen	Fr	Drake	2	8:39.96
14 Bailey Taig	Fr	Indian Hills	1	8:44.50
15 Seth Cheney	So	Unattached	2	8:47.58
16 Jaxon A. Zimmerman	So	Paradise Val	1	8:49.34
17 Dominic Ricci	Jr	Creighton	2	8:50.28
18 Eli Moore	Jr	Creighton	2	8:50.32
19 Owen Almelien	So	Des Moines A	2	8:51.13
20 Jacob A. Soukup	So	Paradise Val	1	8:52.27
21 Micah Rees	Fr	Unattached	2	8:53.46
22 Lucas Bossinger	Fr	Creighton	2	8:56.83
23 Soufyane Laaziz	Fr	Iowa Central	1	8:57.81
24 Tyler Lance		Unattached	1	8:57.84
25 Evan Paplow	Fr	Iowa Central	2	8:58.12
26 Colin Lillie	So	Unattached	2	8:58.54
27 Will Thompson	Fr	Des Moines A	2	9:09.02
28 Don Agisha	So	Unattached	2	9:19.65
29 Josh Gormley	So	Unattached	2	9:28.90
30 Alex Aguilar Camarena	So	Iowa Central	2	9:35.77
31 Jonah Jahnke	Fr	Iowa Central	2	9:51.28
--- Jonathan Lukas	So	Creighton	2	DNF
--- Allen Bonnessen	So	Iowa State	1	DNF
--- Noah Jodon	So	Creighton	1	DNF
--- Joash Ruto	Fr	Iowa State	1	DQ
--- Yohana Yual	Jr	Iowa	1	DNS
--- Brady McWhirter	Fr	Indian Hills	1	DNS
--- Bowen Martin	Jr	Drake	1	DNS

--- Elijah Blix Fr Des Moines A 2 DNS

**Event 53 Women 1000 Meter Run**

Name	Yr	School	Result
<b>Finals</b>			
1 Abbigail (Abbi) Hutchir	Fr	Iowa Central	3:00.62
2 Juliette Gavois	Fr	Iowa Central	3:09.10
3 Imane Jourji	Fr	Iowa Central	3:14.85

**Event 54 Men 1000 Meter Run**

Name	Yr	School	Result
<b>Finals</b>			
1 Nathan Pestka	Jr	Unattached	2:25.22
2 Taha Ouchene	Fr	Iowa Central	2:25.37
3 Ethan Willmann	Sr	Park (Mo.)	2:29.08
4 Tom Kuehnel	So	Park (Mo.)	2:32.87
5 Hayden Lensing	Fr	Iowa Central	3:00.93
6 Tristan Strantz	Fr	Iowa Central	3:29.49
--- Nichalas Power	So	Indian Hills	DNS
--- Jaquan Coke	Fr	Indian Hills	DNS
--- Aidan Palmer	Sr	Drake	DNS

**Event 2 Women 200 Meter Dash**

Name	Yr	School	H#	Result
<b>Finals</b>				
1 Tania Gleason	Jr	Omaha	1	24.71
2 Danika Apple	Fr	St. Thomas (	2	24.81
3 Rebecca Randleman	So	St. Thomas (	9	24.93
4 Caroline Benfeldt-Sore	Jr	Northern low	2	24.96
5 Maggie Madsen	So	South Dakota	4	25.03
6 Alexis Pratt	Jr	St. Thomas (	3	25.11
7 Savannah Ming	Sr	Drake	4	25.14
8 Amiyah Davis	Sr	Bradley	6	25.17
9 Ellie Harris	Fr	South Dakota	7	25.21
10 Cameron Moon	So	Iowa State	6	25.24
11 Sadiya Shamsid-Deen	So	Northern Ill	7	25.24
12 Sian O'Sullivan	Jr	South Dakota	10	25.34
13 Roshell Rowe	Sr	Northern Ill	9	25.40
14 Avyn Urbanski	So	Omaha	5	25.49
15 Riyah Burns	Fr	Iowa State	8	25.54
16 Carolina Martinez	Fr	Bradley	7	25.60
17 Giada Grimes	Fr	Northern low	5	25.67
18 Kailynn Gubbels	Jr	Iowa State	12	25.70
19 Ava Cinnamo	So	Iowa State	12	25.73
20 Hailey Hindt	Sr	St. Thomas (	4	25.77
21 Eden Moore	Fr	Northern low	8	25.78
22 Ava Robinson	So	Omaha	3	25.81
23 Julia de Palma	Fr	Bradley	6	25.86
24 Cassia Cady	So	St. Thomas (	11	25.87
25 Macy Persinger	Sr	Omaha	11	25.88
26 Mya Hippolyte	Jr	Western Illi	1	26.01
27 Regan Barnard	Fr	Omaha	3	26.01
28 Ashley Ostrand	Sr	Omaha	2	26.13
29 Jocelynn Skoda	Fr	Omaha	12	26.18
30 Samira Huber	Fr	Northern Ill	5	26.25

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**Finals ... (Event 2 Women 200 Meter Dash)**

Name	Yr	School	H#	Result
31 Ellie Lynch	Fr	Iowa State	1	26.41
32 Anna Winterrowd	Sr	Northern low	7	26.42
32 Samira Rosenfeld	Sr	Northern Ill	5	26.42
34 Natalee Gehred	So	Creighton	7	26.45
35 Vivian Dalton	Fr	South Dakota	2	26.47
36 Reese Mitchell	Fr	Drake	8	26.50
37 Alexandria Sherman	Fr	Park (Mo.)	10	26.56
38 Denae McElrath	So	Drake	11	26.61
39 Lillian Allen	So	St. Thomas (	9	26.64
40 Syeira Campbell	Sr	Bradley	9	26.78
41 Hope Rajlich	Jr	Bradley	12	26.83
42 Chloe Cannon	Fr	Paradise Val	11	26.91
43 Samantha Fowler	So	Clarke (Iowa	8	26.94
44 Madison Bunton	Sr	Drake	4	27.03
45 Faith Rouse	So	Northern Ill	2	27.06
46 Leah Duncan	Sr	Drake	1	27.17
47 Favor Omoijuanfo	So	Drake	6	27.18
48 Kate Kariniemi	So	St. Thomas (	10	27.28
49 Lily Jarrett	Fr	St. Thomas (	4	27.64
50 Kelsey Hutchins	So	Western Illi	11	27.87
51 Ella Homawoo	Fr	Iowa Central	6	28.33
52 Ari Christian	Jr	Northern Ill	5	28.42
53 Hannah Quang	Fr	Iowa Central	8	28.49
54 Bria Armstrong	Sr	Western Illi	3	28.74
55 Addison (Addi) Hindt	Fr	Iowa Central	9	29.01
--- Destiny Davis	Fr	Iowa Central	12	DNS
--- Lisa Benjamin	Fr	Iowa Central	10	DNS
--- Zekira Snow	So	Indian Hills	3	DNS
--- Kiersten Fisher	Sr	Iowa State	10	DNS
--- Avia Lane	Fr	Indian Hills	1	DNS

**Event 22 Men 200 Meter Dash**

Name	Yr	School	H#	Result
1 Mitchell Piehl	Jr	St. Thomas (	3	21.75
2 Deonte Dean	Jr	Northern low	1	21.82
3 Justin Gray	Fr	Indian Hills	2	21.95
4 Jack Latham	So	Iowa State	4	21.98
5 Uriah Allen	Fr	Indian Hills	3	22.03
6 Michael Blank	So	Indian Hills	1	22.05
7 Michael McGee	So	Indian Hills	4	22.09
8 Justin Cunningham	Sr	Drake	6	22.21
9 Drake Dombrosky	Fr	Drake	7	22.34
10 Edward Clark	So	Western Illi	6	22.36
11 Riddik Collier	Fr	St. Thomas (	4	22.44
12 Lucas Burmeister	Jr	Western Illi	2	22.50
13 Korrey Womack	Fr	Iowa Central	7	22.50
14 Tony Williams	Fr	Iowa Central	9	22.56
15 Kameron Hall	Fr	Indian Hills	2	22.73
16 Keano Ferguson	Jr	Park (Mo.)	8	22.77
17 Logan Piper	So	Creighton	9	23.01
18 Tatum Westercamp	Fr	Indian Hills	6	23.03
19 Jaquan Means	Fr	Indian Hills	8	23.05

20 Derrick Wilson	Fr	Iowa Central	5	23.14
21 Charles Noland	Fr	Park (Mo.)	8	23.16
22 Alexi Brooks	Fr	Iowa Central	4	23.32
23 Eron Harvey	Fr	Indian Hills	1	23.33
24 Mitchell Warmington	Sr	St. Thomas (	3	23.38
25 Jack Knoll	So	Western Illi	6	23.47
26 Caston Frank	So	Iowa Central	2	23.64
27 Anthony Duncan	So	Indian Hills	5	23.77
28 Roosevelt Gipply	Fr	Iowa Central	9	23.78
29 Chayton Ewurs	So	Iowa Central	9	23.91
30 Caleb Brown	So	Western Illi	3	23.94
31 Amos Sieh	So	Iowa Central	8	24.04
32 Xzavijhon Taylor	Fr	Iowa Central	7	24.08
33 Khalil Kaba	Fr	Drake	8	24.25
34 Malachi Collier	So	Drake	7	24.34
--- Paul Glon	Fr	Indian Hills	5	DNS
--- Titus Jackson	Sr	Unattached	7	DNS
--- Tristen Davis	Fr	Iowa Central	4	DNS
--- Braeden Brouwer	Fr	St. Thomas (	1	DNS
--- Evan Henderson	Sr	South Dakota	5	DNS
--- Josh Musonda	Jr	Clarke (Iowa	6	DNS
--- Joseph Cannon	Fr	Indian Hills	5	DNS
--- Dylan Harris	So	Indian Hills	3	DNS
--- Jeremy Bachus	So	Indian Hills	9	DNS

**Event 9 Women 4x400 Meter Relay**

Team	Relay	H#	Result
<b>Finals</b>			
1 Drake		1	3:54.06
2 Iowa Central CC		1	4:03.48
3 Park (Mo.)		2	4:03.69
4 Creighton		2	4:05.92
5 Western Illinois		1	4:13.55
--- Drake	B	2	DNF
--- Des Moines A		2	DNS

**Event 29 Men 4x400 Meter Relay**

Team	Relay	H#	Result
<b>Finals</b>			
1 Iowa State		1	3:13.47
2 Iowa State	B	1	3:16.61
3 Park (Mo.)		1	3:19.50
4 Drake		1	3:19.70
5 Iowa State	C	1	3:21.66
6 Western Illinois		1	3:22.18
7 Creighton		2	3:24.88
8 Iowa Central CC		2	3:27.26
9 Creighton	B	2	3:32.10
10 Iowa Central CC	B	2	3:32.28
--- Des Moines A		2	DNS
--- Iowa Central CC	C	2	DNS