



MIDDLE SCHOOL TRACK & FIELD MEET WITTENBERG-BIRNAMWOOD HIGH SCHOOL

May 15, 2025



Teams

Amherst, Bonduel, Gresham/Bowler, Iola-Scandinavia, Laona/Wabeno, Manawa, Marion, Menominee-Indian, Port Edwards, Rosholt, Shiocton, Three Lakes and Wittenberg-Birnamwood

Time Schedule

Coaches Meeting

3:30 pm – In the pressbox. Enter through the back.

4:00 pm - Field Events Start

4:30 pm - Running Events Start

General Info

Wittenberg-Birnamwood High School

400 West Grand Avenue, Wittenberg, WI 54499

Telephone # (715) 253-2211, Fax # (715) 253-3588

Meet Managers

Christine Nier (Athletic Director) cnier@wittbirn.k12.wi.us

Mike Balliett (Head Varsity Coach) mballiett@wittbirn.k12.wi.us

Entry Fee

\$150 per school. Checks may be brought the day of the meet or mailed to:

Wittenberg-Birnamwood High School

c/o Kim Moede

400 West Grand Ave

Wittenberg, WI 54499

Officials

Nancy Schoen & Mike Shefnick

We cut checks every Tuesday, and they will be mailed to the address supplied in rSchool

Workers

Long Jump – Brenna Nillissen

Triple Jump – Madison Schwalbach

Shot Put - Stacey Delforge

Discus - Dan Krolow

High Jump - Faith Resch

Clerk - Tammy Bushman

Announcing - Julie Clark

I will put in for your pay. School employees will be paid on the 15th of the month with extra-duty pay. Checks will be cut for non-school employees every Tuesday.

Track Info

The track is an eight lane, rubberized track. 1/4" spikes will be allowed for all events. Starting blocks will be provided.

Entries/Runners

We will be using **PT Timing**. To register or enter your teams, go to (www.pttiming.com). You may need to create a “new account” with a username and password that can be used all season for any meet timed by **PT Timing**. Once you login you will need to enter your roster. Do not include athletes you know will not be able to run. If in doubt, enter them. After your roster is entered you will specify which race each athlete will compete in. **Registration opens on Thursday, May 8th at noon and will close Tuesday, May 13th at noon.** Schools that fail to meet the deadline will be **subject to a \$50 late fee.** Questions about entries can be directed to info@pttiming.com

Maximum of two relay teams per school per relay event.
Maximum of four events per athlete.
Maximum of three running events or three field events per athlete.
Maximum of four entries per event per school.

Results

Live and final results can be found on the PT Timing website. Pttiming.com

Meet Info

- Lane assignments will be seeded by time and NT will be seeded in the slowest heat.
- Coaches and athletes stay away from the finish line – will be using the FAT system.
- Athletes stay in lanes after races and return to the finish line until you are dismissed.
- We will not reseed races due to scratches during the track meet. We may reseed after the coaches’ meeting if necessary.
- Report to the bullpen on 2nd call (shed).
- All field event competitions should check in with the recorder by 3:55, field events start at 4:00.
- A competitor in the field events who is excused to compete in another event shall have a maximum of **15 minutes** before his/her throw/jump. Make sure he/she is excused before leaving.
- Once a competitor’s name is called for a field event, he/she has one minute to complete the throw or jump.
- Throwers must retrieve their own shot or disc.
- Stay off the football field infield.
- Do not use tape on the track - only chalk.
- Clean up your team area.
- Bus parking will be in the student parking lot or behind the football field on the hill.
- Concessions will be sold.

Games Committee

Meet Officials, Meet Manager, Iola-Scandinavia, Bonduel, Wittenberg-Birnamwood

Exchange Zones

800 M. Relay

1st and 3rd exchange zones – Manawa (1st), Rosholt (3rd)

2nd exchange zones - Marion

400 Relay

1st exchange zone – Menominee Indian

2nd exchange zone - Pacelli

3rd exchange zone – Port Edwards

Hurdle Crew - Wittenberg-Birnamwood, Amherst, Gresham, Laona/Wabeno, Shiocton, Three Lakes Track Teams

Field Events (start at 4:00 pm)

Shot Put

- Girls followed by boys
- Three throws in a row. Furthest throw will be measured.
- Boys & Girls’ Shot - 8.8 lbs **We will provide a shot put.**

Discus

- Boys followed by girls.
- Three throws in a row. Furthest throw will be measured.
- **We do not provide discuses.**

Field Events (start at 4:00 pm)

Shot Put Girls followed by the boys, Four Throws
Discus Boys followed by the girls, Four Throws
High Jump Girls followed by the boys Rule: Start at two increments lower than 8th.
Girls' Starting Height: 4'0"
Boys' Starting Height: 4'10"

*Long Jump **Location TBD the day of the meet** - Piggy Back / Open Pit, Four Jumps

4:00 - 5:00 Girls

5:00 - 5:15 Boys' Warm Ups

5:15 - 6:15 Boys

*Triple Jump **Location TBD the day of the meet** / Piggy Back / Open Pit, Four Jumps

4:00 - 5:00 Boys

5:00 - 5:15 Girls' Warm Ups

5:15 - 6:15 Girls

*We are getting an electronic measuring device, so this may be changing.

High Jump

- Girls followed by the boys
- Go up 3" twice and then 2" from there.
- Girls will start at 3'8".
- Boys will start at 4'0".

Running Events (start at 4:30 pm)

There will be NO trials in the running events. The fastest heat will be last.

100 M. Low Hurdles	Girls
100 M. Low Hurdles	Boys
100 M. Dash	Girls
100 M. Dash	Boys
1600 M. Run	Girls
1600 M. Run	Boys
800 M. Relay	Girls
800 M. Relay	Boys
400 M. Dash	Girls
400 M. Dash	Boys
400 M. Relay	Girls
400 M. Relay	Boys
800 M. Run	Girls
800 M. Run	Boys
200 M. Dash	Girls
200 M. Dash	Boys
1600 M. Relay	Girls
1600 M. Relay	Boys

Any questions, please call Christine Nier at cell # 715-432-3765.