

2025 Chuck Walek Invitational Track and Field Meet

Date: Thursday, May 22nd 2025

Site: Whitehall High School

Participating Schools: Alma/Pepin, Arcadia, Augusta, Blair-Taylor, Cochrane- Fountain City, Eleva-Strum, Flambeau, Gale-Ettrick-Trempealeau, Independence/Gilmanton, La Crosse Logan, Lincoln, Melrose-Mindoro, New Auburn, Osseo-Fairchild, Whitehall, Stanley Boyd

Facility: Track: 8 lane (9 lane straightaway) all weather surface
Long, Triple, High Jump, and Pole Vault are all weather surfaces
Shot and Discus are concrete

Entries: Entries will be done on www.pttiming.com

Individual Entries: Maximum of 28 individual entries with no more than 3 per event.
Relay Entries: One relay team per event
Entries will close at 12:00 Noon on Tuesday, May 20th.
Reminder that PT Timing will assess a fee for late entries.

Rules: WIAA format (4 event maximum, no more than 3 running or 3 field)

Equipment: Blocks will be provided. Be sure your athletes use spikes no longer than ¼ **inch**. You must bring your own batons. Runway and exchange zone marks should be made with chalk.

Lanes: Lane 4 will be seeded with the fastest time with lanes 5-3-6-2-7-1-8-9 with the next fastest times.

Awards: Trophies to boys and girls champions and runner-ups. Medals for first through third place and ribbons for fourth through eighth place. MVP track and MVP field trophies for both boys and girls.

Concessions: Concessions will be provided by Whitehall Athletics.

Admission: Admission will be charged for the event.
Adults: \$4.00

Throws: Each competitor will get four throws with no finals

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Long and Triple Jump: Each jumper will get four jumps with no finals

Running Prelims: We will run preliminaries in 100 Meter Dash, 100/110 high hurdles. Moving to the finals will be the heat winner plus the next fastest times until all lanes are filled.

Officials: Al Suchla, Chuck Walek, Virgil Dick

Relay Exchange assignments:

4x200 – C-FC, Eleva-Strum, Whitehall

4x100 – Osseo-Fairchild, New Auburn, Stanley Boyd

Games Committee:

Whitehall, Melrose-Mindoro, Independence/Gilmanton

General: *We ask teams to set up “camps” between the high school building and the track. We would appreciate if schools would help by cleaning up their camp area at the conclusion of the meet.*

Contacts:

Jamie Youngbauer

Athletic Director

Phone (715)538-4364 Ext: 144 or (715) 533-0303

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Time Schedule:	Coaches Meeting	3:45
	Pole Vault	4:00
	Field events	4:15
	Running events	4:30

Starting Heights: High jump and pole vault starting heights will be determined after entries are submitted.

Restricted Areas: No spectators, coaches, or non competing athletes will be allowed on the infield, clerk of course area, or flagged off competition areas. Only competing athletes/meet personnel are allowed in those areas

Athletic Trainer: Pank Chiropractic will provide an athletic trainer for the event.

Entry Fee: \$170.00

Entry deadline is 12:00 noon on Tuesday, May 20th

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ORDER OF EVENTS

3:55 National Anthem

3:45 Coaches' Meeting

4:00 Girls Pole Vault

4:15 Field Events - **Order of Events:** The WIAA order of events for the tournament series will be followed.

- Girls Discus Followed by Boys - 4 throws, no finals.
- Boys Shot Put Followed by Girls - 4 throws, no finals.
- Boys' Long Jump Followed by Girls (Schedule will run earlier if possible) - 4 jumps, no finals.
 - Boys Open pit from 4:00 – 5:30
 - Girls Open pit from 5:45 – 7:15
- Girls' Triple Jump Followed by Boys (Schedule will run earlier if possible) - 4 jumps, no finals.
 - Girls Open pit from 4:00 – 5:30
 - Boys Open pit from 5:45 – 7:15
- Girls' Pole Vault Followed by Boys
- Boys' High Jump followed by Girls' High Jump

4:30 **Running Events**

3200 meter relay (girls followed by boys)

100 meter dash trials (girls followed by boys) - Heat winner plus next fastest to 9

100 meter high hurdle trials (girls) - Heat winner plus next fastest to 9

110 meter high hurdles (boys) - Heat winner plus next fastest to 9

15 minute Break

Running Finals:

- 110 meter high hurdle finals - **Boys**
- 100 meter high hurdle final - **Girls**
- 100 meter dash finals (Girls followed by boys for remaining events)
- 1600 meter run finals
- 800 meter relay finals
- 400 meter dash finals
- 400 meter relay finals
- 300 meter low/intermediate hurdle finals
- 800 meter run finals
- 200 meter dash finals
- 3200 meter run finals
- 1600 meter relay finals