

Dear Coach,

The Capitol Conference Meet will be held on **Friday, October 17th**. We will be running at **Brandt Quirk Park** in Watertown (800 Carriage Hill Drive). Please note the following time schedule:

2:30 pm	Course Opens
3:30 pm	Coaches Meeting (finish line)
4:00 pm	Varsity Boys
4:45 am	Varsity Girls
Following after	Awards

Entries: To enter your athletes, please go to athletic.net and register for the Midwest Classic Conference meet. **Entries are due by 12 noon on Thursday, October 16th.** The timing company is PT Timing.

Lane Assignments: Brookfield Academy (6), Catholic Central (9), Heritage Christian (4), Kenosha Christian Life (1), Kingdom Prep Lutheran (3), Lake Country Lutheran (10), Living Word Lutheran (7), Messmer (2), St. John's Northwestern Academies (5), University School of Milwaukee (8), Watertown Luther Prep (11)

Trainer: Our trainer will be present and available as needed.

Dressing Facilities: There are no dressing facilities on site. Bathrooms are available by the ball fields and by the parking lot across from the tennis courts.

Awards: The meet will be scored counting the top five (5) runners for each team. The next two (2) runners will be push runners (tie breaker). The top ten (10) boys and top ten (10) girls individual finishers will be awarded medals and designated All-Conference. The awards ceremony will take place by the picnic shelter by the tent city after the conclusion of the girls race.

Course Notes: A map for the course has been attached. Where possible, we will make use of natural boundaries. Course marshals shall be posted at various locations along the course. The course surface is mostly hiking trails with two pavement crossings.

Tent Area: The park has posted signs for "No ground piercing" around the ball fields. Tents may be set up between the parking lot and the ball fields (also shown on the course map).

Parking: We ask that spectators refrain from parking on the dead end portion of Carriage Hill Drive going north, as the course does cross the street at two points in that section; spectators can park in the two parking lots and on the street between the two. Buses should park on the south side of the parking lot by the ball fields.

Concessions: Concessions will be available during the event at the pavilion in the middle of the ball fields. We will have Pizza Ranch slices and other basic options. Please let your fans know - cash only. We will also hand out meal tickets for coaches at the coaches' meeting.

Uniforms: Please be aware that this is a championship meet. NFHS/WIAA uniform rules will be in effect. Please make sure that your athletes adhere to the undergarment colors, logos, accessories, jewelry, and rolling of shorts rules for uniforms. The meet official and referee will be enforcing these rules.

Dogs: Per WIAA policy, dogs will not be allowed on campus during the event. Please share with your families.

Questions: Email Joe Gumm (gummjb@lps.wels.net) - coach for Luther Prep - or Justin Gregorius (gregorjt@lps.wels.net) - Luther Prep AD