



Middle School Conference Cross Country Meet



October 14th , 2025

Where: Tomah Schools Steinhoff Soccer Complex
1801 Bow Street, Tomah WI 54660

Date: 9/23/25

To: Athletic Directors and Cross-Country Coaches

Tomah will be hosting our 3-Rivers middle school conference cross country meet on October 14th , 2025.

- Bus Parking: Gravel parking lot
- Spectator Parking: Gravel parking lot, Nicholas Street, Alyssa Street, Lawrence Ave. (Lawrence & Alyssa have a bike path that connects to the complex)
- NO PARKING ON HWY ET !!
- **NO WALKING THROUGH RESIDENT'S YARDS!** (Share with parents)
- NO SMOKING per State Law
- **NO DOGS/PETS per WIAA and Tomah Area School District Policy** (share with parents)

Time Schedule: 3:15 pm Course Opens for Preview and inspection.
4:00 pm 6-7-8 Grade "B" Boys Race (Unlimited entries, count top 5 positions)
4:30 pm 6-7-8 Grade "B" Girls Race (Unlimited entries, count top 5 positions)
5:00 pm 6-7-8 Grade "A" Boys Race (limited to 7 entries, count top 5 positions)
5:30 pm 6-7-8 Grade "A" Girls Race (limited to 7 entries, count top 5 positions)

Course: **MAP ATTACHED**

- Chute Assignments

1. Aquinas 2. Holmen 3. Logan 4. Longfellow 5. Onalaska 6. Sparta 7. Tomah 8. West Salem 9. Westby

Entries/Timing/Results

- Please register your athletes using the following link:
- Deadline set for NOON on Sunday October 12th .
- No entry additions allowed on meet day.
- Enter everyone on your roster, scratches are easy to delete.
- Results will be posted on the online at www.pttiming.com .

Miscellaneous

- Portable Restrooms will be on site near the start/finish line.
- Bring your own water/sport drinks.

Questions: Contact Brad Plueger, THS/TMS Activities Director, 608-374-7976, bradplueger@tomah.education

