



Wauwatosa West High School

45th Annual Dan Benson Track and Field Invite

Friday, May 1st, 2026

TEAMS PARTICIPATING

Brown Deer	Grafton	Janesville Parker	Homestead
Shorewood	Wauwatosa East	Wauwatosa West	
Menomonee Falls	Whitefish Bay	South Milwaukee	Nicolet
Brookfield East	Franklin		

ENTRIES

3 per individual event, 1 team per relay event.
We will use the federation rulebook on the number of events per individual.

*ENTRY PROCEDURES

Entries due by 8:00 pm on Wednesday April 29th, 2026

<https://www.pttiding.com/event/2564?pt=schedule>

- Go pttiding.com for entry instructions/links.
- Heat sheets will be emailed after entries close.
- Please enter all relay names.
- If you plan to enter a wheelchair competitor, please email mac@pttiding.com with event(s), name, year and effort for that competitor.

If you have a problem with entries, call Mackenzie Laska at: 414-234-0885 (cell).

TIME SCHEDULE

2:30 PM - Coaches Meeting & Implement Weigh-in (Under East side of Bleachers, close to Tennis Courts)
3:00 PM - Field Events
4:00 PM - Running Events

AWARDS

Medals to 3 places, a plaque to the winning Boys & Girls teams.
We will be scoring 8 places 10-8-6-5-4-3-2-1 individual and relay events.

FIELD EVENTS – 3:30 PM

<u>Shot Put</u>	- 2 flights (Girls first)	4 Throws-No Finals		
<u>Discus</u>	- 2 flights (Boys first)	4 Throws-No Finals		
<u>*Long Jump</u>	- Girls (3:30-5:00 PM),	4 Jumps-No Finals		
	- Boys (5:15-7:00 PM),	4 Jumps-No Finals		
<u>*Triple Jump</u>	- Boys (3:30-5:00 PM),	4 Jumps-No Finals		
	- Girls (5:15-7:00 PM),	4 Jumps-No Finals		
<u>High Jump</u>	- Opening Heights	Girls: 3'10"	Boys: 4'10"	(Boys First)
<u>Pole Vault</u>	- Opening Heights	Girls: 6'	Boys: 8'	(Girls First)

RUNNING EVENTS – 4:00 PM (Times Are Approximates)

4:00 - 4:20	3200M relay
4:25 - 4:35	100M HH
4:40 - 4:50	110M HH

4:50 - 5:00	100M Dash
5:05 - 5:20	1600M Run
5:25 - 5:40	800M Relay
5:45 - 5:50	400M Dash Wheelchair
5:50 - 6:05	400M Dash
6:10 - 6:25	400M Relay
6:30 - 6:40	300M Low Hurdles (Girls)
6:40 - 6:50	300M Int Hurdles (Boys)
6:55 - 7:10	800M Run
7:10 - 7:15	800M Run Wheelchair
7:20 - 7:35	200M Dash
7:40 - 8:05	3200M Run
8:10 - 8:30	1600M Relay

ENTRY FEE

Athletic Directors, please get contracted fee turned in as soon as possible- Thank you

ADMISSIONS – Online Ticketing Only, Please share with your athletes and families [CLICK HERE](#)

CONCESSIONS

Cash and credit available at the Pavilion

ENTRIES

Online with <https://pttiming.com/> Entries are due by 8:00 PM on Wednesday, April 29th. Coaches may make changes at the Coaches Meeting on the day of the event. Live Scoring Online will be available as the meet progresses.

FACILITY

We have a seal flex track. Spikes 1/4" pyramid max. Rubber soled shoes only. **NO SPIKES ON THE TURF FIELD.** Shot and discus slabs are concrete. ***All team tents must be kept off the track and outside the fence.***

- *Football field will be roped off. All Teams must stay off the roped off areas of the field.*
- *Athletic balls of all types are prohibited on any or all of the athletic fields.*

TRAINER

An Athletic Trainer will be available for assistance during the entire event.

OFFICIALS

Tim Shore
Nancy Pietrowiak
Stephen Ward
Joseph Vitrano - Clerk of Course

QUALIFIED PERSONNEL

In order to run the meet in an efficient and safe manner we would like the following schools to provide one person to manage in the following. We will provide workers at each event. I

Shot	South Milwaukee (Girls)	Brown Deer (Boys)
High Jump	Grafton (Girls)	Janesville Parker (Boys)
Long Jump	MAS/Janesville Parker (Girls)	Shorewood (Boys)
Triple Jump	Nicolet (Girls)	Whitefish Bay (Boys)
Pole Vault	Wauwatosa West (Girls)	Menomonee Falls (Boys)
Finish Line	Tosa West	

400 Meter Relay **Inspectors:**
Inspectors 1st exchange- Tosa West
Inspectors 2nd exchange – Tosa East
Inspectors 3rd exchange – Tosa West

800 Meter Relay 1st & 3rd exchange – Tosa West

**Assignment changes may be made if necessary*

If you have any questions, please phone: Keegan Schrems, Athletics Assistant
414-773-3019