

Cashton Indoor Invitational 2026

Saturday, March 21

at The Hetzel Fieldhouse (2019 Pine Street) on the University of Wisconsin-La Crosse campus

Coaches Meeting 8:30 - Upstairs conference room (2008A)

Field Events 9:00 (see below)

Running Events 9:00 (4x800- see note about schedule change if the relay is contested outdoors)

Teams Alma-Pepin, Arcadia, Bangor, Blair-Taylor, Boscobel, Brookwood, Cadott, Cashton, CFC, DeSoto, Edgar, Hillsboro, Independence, Ithaca/Weston, Kickapoo/LaFarge, Luther, Mel-Min, Necedah, New Lisbon, Riverdale, Royall, Seneca, Spencer, Westby, Whitehall, and Wonewoc are scheduled to compete.

Bus Parking Bus parking is available on 16th Street, 17th Street, and Farwell Street

Spectator Parking Lots C2, C8, and C9

Admission \$8 for adults, \$4 for students, under 5 are free
UW-L will use **cashless tickets** this year. Please encourage spectators to purchase tickets in advance to avoid long lines at the door.

Link for tickets: <https://gofan.co/event/6192834?schoolId=WI100293>

Spectator Seating In the bleachers and upstairs in the balcony.

Food Concessions will be available and offered by UWL Softball. Food and drink are not allowed in the track area.

Officials Tim Lee, Beth Lee, and Steve Berg

Spikes 1/4 " pyramid spikes are allowed on competitive surfaces only. Spikes are not allowed in areas outside the track.

Team Camps Teams assigned to the upper level need to stay in the gray areas unless assigned to the area behind the video board. Teams are asked to leave lane 1 open all around the balcony. Areas in front of the elevator and stairs must be kept clear. See [Fieldhouse](#) map for team camp locations.

Locker Rooms Locker rooms on the main floor are available to athletes. Athletes must provide their own lock and towel as needed.

Athletic Trainer Gundersen Sports Medicine will be available and located either in the Training Room or in the Storage area in the southwest corner of the main level.

Awards Medals for 1st through 3rd; Team plaques for 1st and 2nd.

Entry Limitations Two athletes per event. One team per relay. Athletes are limited to a maximum of four (4) events (no more than 3 running or 3 field).

Entries Entries will open on Athletic.net Thursday, March 12th and **close at noon on Thursday, March 19**. Do your best to estimate seed times as needed. Note entry limits.

Entry Link: <https://www.athletic.net/TrackAndField/meet/643828/register> **Contact Athletic.net if you have entry-related questions.** The heat sheets will be available online. **PT will charge you a late fee if you miss the deadline.**

Live Results: <https://live.pttiming.com/?mid=8626>

Entry Fee

Please send your entry fee payable to **Cashton High School** before the day of the meet or give it to Coach Ashley Hemmersbach on the 21st. If you mail your check, please address the envelope to Cashton High School, Attn: Jered Hemmersbach, 540 Coe Street, Cashton WI 54619. **\$350 for both boys and girls, \$175 for one gender**

Apparel

<https://sportsworld.chipply.com/CashtonUWLTrackIndoorInvite2026/?apid=23715457>

Store will close March 15 with a goal of getting athletes their shirts prior to the meet. There may be an additional opportunity to purchase apparel the day of the meet which athletes would receive at a later date.

Questions

Please contact Ashley or Zach Hemmersbach: johnson.ash2@gmail.com, Jered Hemmersbach: hemmersbach.jered@cashton.k12.wi.us, or Josh Buccholtz with UWL at jbuccholtz@uwlax.edu.

