

2026 CWC Pre-Conference Track Meet

Teams

Amherst, Bonduel, Iola-Scandinavia, Manawa, Menominee Indian, Pacelli, Rosholt, Shiocton, Weyauwega-Fremont and Wittenberg-Birnamwood.

Time Schedule

Coaches Meeting 3:30 pm – Start/Finish Line

Field Events Start 4:00 pm

Running Events Start 4:30 pm

Meet Managers

Lance Litchfield (Athletic Director) llitchfield@manawaschools.org

Patrick Collins (Head Varsity Coach) pcollins@manawaschools.org

Entry Fee

There will be a \$150.00 entry fee per school. Schools may mail entry fee or bring along on race day.

Fees may be mailed to:

Manawa High School

515 E 4th St

Manawa, WI 54949

Track Info

The track is an eight lane rubberized track. 1/4" spikes will be allowed for all events. Starting blocks will be provided.

Entries/Runners

We will be using PT Timing to register or enter your teams, go to

<https://www.pttiming.com/event/2610?pt=schedule> You may need to create a “new account” with a username and password that can be used all season for any meet timed by **PT Timing**. Once you login you will need to enter your roster. Do not include athletes you know will not be able to run. If in doubt, enter them. After your roster is entered you will specify which race each athlete will compete in.

Registration opens on Saturday, April 11th at 12:00am and will close Saturday, April 18th at Noon.

Results

Live and final results can be found on athletic.net.

Max Events

- Maximum of four events per person – no more than three running or three field events.
- Two relays, but only one can score
- Maximum of five individual entries per school, but only three can score.

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Meet Info

1. Lane assignments for all races of 400 m. or less.
2. A competitor in the field events who is excused to compete in another event shall have a maximum of **15 minutes** before jump/throw. Make sure he/she is excused before leaving.
3. Substitutions can be made the day of the meet. You can scratch or substitute a competitor (will not reseed), but you cannot add.
4. Please have runners report to the bullpen on the 2nd call and remain there.
5. All times will be FAT.
6. There will not be trials for the running events. Everything will be finals with the fast heat last.
7. High Jump will be determined at the coaches' meeting. Rule: Start at 8th place and drop two increments.
8. Shot Put & Discus will be done in flights – 4 throws total.
9. Long Jump and Triple Jump will be done cafeteria style – 4 jumps total.
10. We cannot use athletic tape on the track. We can only use chalk.
11. Bus parking will be in the student parking by the football field.
12. Porta-potties are by the track and bathrooms are by the softball field.

Games Committee

Meet Officials, Meet Manager, Weyauwega Boys' Coach, W-B Girls' Coach

Exchange Zones

Coaches will also be requested to judge the following relay exchange zones:

800 m Relay

- 1st exchange zone – Bonduel/Weyauwega
- 3rd exchange zone – Menominee Indian/Starter

400 m Relay

- 1st exchange zone – Pacelli/Wittenberg
- 2nd exchange zone – Shiocton/Rosholt
- 3rd exchange zone – Iola/Amherst

Hurdle Crew – Manawa Athletes/Anyone Able

Field Events (start at 4:00 pm)

- Shot Put Girls followed by the boys, Four Throws
- Discus Boys followed by the girls, Four Throws
- High Jump Girls followed by the boys
- Long Jump Piggy Back / Open Pit, Four Jumps
4:00 - 5:15 Girls
5:15 - 5:30 Boys' Warm Ups
5:30 - 6:45 Boys
- Triple Jump North Pit / Piggy Back / Open Pit, Four Jumps
4:00 - 5:15 Boys
5:15 - 5:30 Girls' Warm Ups
5:30 - 6:45 Girls

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Running Events (start at 4:30 pm)

3200 M. Relay	Girls & Boys
100 M. High Hurdles	Girls
110 M. High Hurdles	Boys
100 M. Dash	Girls
100 M. Dash	Boys
1600 M. Run	Girls
1600 M. Run	Boys
800 M. Relay	Girls
800 M. Relay	Boys
400 M. Dash	Girls
400 M. Dash	Boys
400 M. Relay	Girls
400 M. Relay	Boys
300 M. Low Hurdles	Girls
300 M. Intermediate Hurdles	Boys
800 M. Run	Girls
800 M. Run	Boys
200 M. Dash	Girls
200 M. Dash	Boys
3200 M. Run	Girls/Boys (combined pending numbers)
1600 M. Relay	Girls
1600 M. Relay	Boys