

2026 CARDINAL INVITATIONAL

- DATE: Tuesday, April 21, 2026
- SITE: Eleva Strum Central High School
- ENTRY FEE: \$200/team
- TIME: 3:50P Coaches meeting
4:00P Pole Vault – girls/boys combined starting height TBD at coaches meeting
4:15P Remaining field events and **4x800 Relay**
4:30P Track events (no trials)
- ENTRIES: **Three athletes per RUNNING and FIELD events, one relay team.**
WIAA 4 event limit enforced (no more than 3 field or 3 running)
***** Co-ed relays. 4x800,4x200,4x100,4x400.**
Will count as an entry, be timed but not scored.
Each relay will be added after the boys in the regular order of events.
Deadline to post entries **NOON Sunday, April 19** on:
<https://www.pttiming.com/event/2630?pt=schedule>
- SCORING: 10 8 6 5 4 3 2 1
Medals for first and second place
Trophies for first place, boys and girls teams
- EQUIPMENT: Blocks will be provided. ¼” spikes allowed on all-weather surface
- FIELD EVENTS: 3 Vertical Jumps, 3 Throws, no finals
Long/Triple Jump Cafeteria style (pit open from 4:15-6:15P)
Boys – Discus first
Girls – High Jump and Shot first
- ADMISSION: \$3 for Adults, students free
- CONCESSIONS: Available throughout the meet.
- TEAMS: Altoona, Auburndale, Alma Center Lincoln, CV Lightening, EC Immanuel, Elk Mound, Gilman, Granton, Stanley-Boyd and Eleva-Strum
- QUESTIONS: Nadine Rovang, Head Coach
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