



# Shiocton Middle School T&F Meet

## Thursday May 7, 2026

Hosted at Shiocton High School

Last Updated 4/29/26

**Meet:** Shiocton High School Track  
 N5650 Broad Street - Shiocton, WI 54170  
**Meet Directors:** **Jon Schwantz**  
**Dominic Gunderson (dgunderson@shiocton.k12.wi.us)** 920-404-0234  
 The meet will be governed by WIAA rules and standards.

**Bus Parking:** Buses should drop teams off in the back of school and then park along Pine St or Broad St

**Team Camps:** No team camps on the infield - camps should be set up on the outside of the track on the corner between the 200m and 100m start lines.

**Time Schedule:**

Facility Opens	3:00 PM		
Coaches Meeting	3:30 PM	<b>Under the Grandstand - Shed</b>	<b>(Scratches only allowed)</b>
Field Events	4:00 PM		
Running Events	4:30 PM		

**Teams Invited:** Amherst, Bonduel, Iola-Scandinavia, Manawa, Shiocton

**Entries:** Co-Ed Meet  
 Unlimited Entries per Event - 2 Relay Entries per Team  
 Please list relay entries as "Team A" (fastest), "Team B" (second fastest)  
 Individual Limit: WIAA Rules Apply (Max of 4; 3 running or 3 field)  
 There will be no long or triple jump for this meet.

**Entry Process:** Entries will close on May 5 at 12 pm  
 Submit all entries at the link below:  
<https://www.pttiming.com/event/2682?pt=schedule>

**Scoring:** 8 Places for Individual and Relay Events (10-8-6-5-4-3-2-1)

**Awards:** Individual Events: 1-8th place will get ribbons. They will be put in an envelope and sent home with your team at the end of the meet.

**Track:** The track and all runways are rubber. Throwing surfaces are concrete.

**Restricted Areas:** **NO ONE is ALLOWED inside the roped off area on the outside of track by the finish line (Discus Cage Area)**  
 Only coaches and meet workers are allowed on the infield.  
 Spectators and Athletes are to remain on the outside perimeter of the track

**Concessions:** There will be concessions available by 200m start area

**Restrooms:** Are available on the backside of the concession stand and inside the HS through the athletic doors

**Field Events:**

Shot Put/Discus	3 Throws in a row/athlete 1-2-3 (measure ONLY the farthest toss) NO FINALS.
Long/Triple Jumps	3 Jumps—Open Pit—Cafeteria Style (allowed to piggy back jumps 1 & 2) NO FINALS
High Jump	Five Alive Pit #1 - Girls

Starting height will be 6" lower than the 8th seeded jumper and raised 2" at a time

**Weigh-Ins:** No Official Weigh-Ins. Each school should supply their OWN Implements to their athletes.

**Check-Ins:** All athletes in running events should report to the CLERK OF COURSE (GREEN TENT behind the 100m start line)  
Please report no later than 2nd call

**Results:** All running and field events are FINALS (there are no trials), FASTEST TIMES will run in the LAST HEAT

**Sportsmanship:** "Good Sportsmanship" is a priority of the WIAA. Actions or words that demean opposing athletes, teams, spectators, and officials are not in accordance with the high ideals of interscholastic athletics and will not be tolerated.  
 The coaches and athletes competing must recognize and abide by the decisions of the officials.  
 Everyone is requested to take personal responsibility for keeping a high level of "Good Sportsmanship" during this meet. Let this meet reflect mutual respect and appropriate conduct.

GOOD LUCK TO ALL COMPETING ATHLETES!



Shiocton Middle School T&F Meet

Thursday May 8, 2025

ORDER OF EVENTS

**3:30 PM** Coaches Scratch Meeting (Under the Grandstand - Shed)

**3:55 PM NATIONAL ANTHEM**

<b>4:00 PM</b>	Shot Put	Boys then Girls	3 throws: 1-2-3/athlete, Measure longest - <b>NO FINALS</b>
	Discus	Girls then Boys	3 throws: 1-2-3/athlete, Measure longest - <b>NO FINALS</b>
	Long Jump	<del>Girls then Boys</del>	<del>3 jumps: Open Pit - Cafeteria/Piggy Back (1 &amp; 2) - <b>NO FINALS</b></del>
	Triple Jump	<del>Boys then Girls</del>	<del>3 jumps: Open Pit - Cafeteria/Piggy Back (1 &amp; 2) - <b>NO FINALS</b></del>
	High Jump	Girls then Boys	Starting height will be 6" lower than the 8th

**TENTATIVE TIME SCHEDULE - We will run ahead if possible**

Girls will run first in all events

<b>4:30 PM</b>	100 m HURDLES
<b>4:45 PM</b>	100 m DASH
<b>5:00 PM</b>	1600 m RUN
<b>5:20 PM</b>	4x200 m RELAY
<b>5:45 PM</b>	400 m DASH
<b>6:00 PM</b>	4x100 m RELAY
<b>6:15 PM</b>	800 m RUN
<b>6:35 PM</b>	200 m DASH
<b>7:00 PM</b>	4x400 m RELAY



Number on hand, that way we can call it out prior to the jump instead of name