



54th Annual Stoughton Invite



Boys & Girls – Friday, May 8th, 2026

4:15 PM – Field Events
4:30 PM – Running Events

Entry Deadline:

Each school may enter no more than **3 entries per individual event** using the **28 individual entry maximum**, and **one relay team per event**. We will be using MileSplit for all entries for this year's invite. Entries are due by **Wednesday, May 6th at 8 pm**.

Bus Drop-Off:

From Lincoln Ave, **ALL buses must enter the fire lane & drop athletes off at the entrance to Collins Field @ the Anderson Complex**. School traffic will be an issue until 4:00 pm. Because of this we ask all buses to drop off teams and leave the school area until after 4:00pm.

Bus Parking - When returning, buses can park on Lincoln Avenue or Devonshire Lane.



Meet Information:

TEAMS: Deforest, Elkhorn, Fort Atkinson, Janesville Craig, Janesville Parker, Madison La Follette, McFarland, Middleton, Milton, Stoughton, Oregon, Reedsburg, Sun Prairie East, Waterford, Watertown

TIME: Coaches Meeting - 3:45 PM in the Press Box
Field Events – 4:15 PM
Running Events – 4:30 PM

DIRECTOR: Andie Alexander, Athletic Director

WEBSITE: <https://wi.milesplit.com/meets/670121/registration> Due by: May 6th at NOON

FACILITY: The timers' tent near the finish line will be restricted to meet personnel only. **The infield is a restricted area with the exception of the designated warm up area. There will be no athletes on the infield unless they are leaving the competition area following a race or warming up.** The clerk, of course, will be located on the northeast end of the straightaway, near the jumping pits on the track.

All running and field events (except the shot and discus) will be conducted on our track surface (¼ pyramid spikes, please). Long jump take-off boards are wood; triple jump take-off boards are painted (20', 24', 28', 32', 36', 40'). Flats are encouraged on surfaces at the shot and discus.

We ask that athletes only use chalk to mark steps for relays and the jumps; it will be provided in all jumping areas and exchange zones.

Instead of coach's boxes, **ONLY coaches and competing athletes will be allowed in the flagged areas of the horizontal jumps, pole vault, and high jump areas.** Coaches, please inform your non-competing athletes of this to help manage the limited space.

POLE VAULT: Pole Vault Weight Verification Form: Please bring your form to the meet. We will try to start warm-ups as soon as our referee and pole vault judge check in the poles.

CHANGES: On the day of the meet, medically documented substitutions may be made. Coaches are to make scratches in writing and give them to the meet manager/timer 30 minutes before the 1st event.

TRI/FINALS: The meet will be run from a predetermined schedule (attached) with trials and finals. In the 110HH, 100 H, and 100m trials, the heat winners and the next fastest times to fill the eight lanes will advance to the finals.

Long and triple jump will have a 75-minute open pit followed by finals. There will be a 30-minute warm-up period between boys' and girls' competitions and a 10-minute warm-up period before finals. Each competitor will receive 3 preliminary throws/jumps. The top nine competitors will advance to the finals and will receive 3 more throws/jumps.

Shot put and discus will be conducted in flights. Each competitor will have three attempts, and then the top nine will be given an additional three attempts in the finals. There will be a 10-minute warm-up period between flights and finals.

HEIGHTS: Opening heights for the high jump and pole vault will be determined by the 8th highest entry, and then drop the bar two increments to set the height. (1' for PV & 4" for HJ) Head coaches will know the opening heights before leaving the coaches' meeting.

CHECK OUT: Please let your athletes know that after they communicate with the head field event judge, they will have 15 minutes to return to their field event, from the time their name is called in order.

CONCESSIONS: Concessions will be available on site, and restrooms are located on both sides of the stadium.

EQUIPMENT: All schools will be responsible for their own equipment – vaulting poles, relay batons, and throwing implements. Starting blocks will be the only equipment furnished by the host team. Shot and discus will be checked and weighed at the event site in the garage between the concession stand and the restrooms.

AWARDS: Medals will be awarded to the top three individuals and relays in each event. The first-place teams for boys and girls will receive trophies. Awards may be picked up in the press box about 10 minutes after the final event is completed. Final results will be made available electronically following the conclusion of the meet.

GENERAL: Running events will be on a rolling schedule. Contestants may dress in the stadium restrooms, as no school facilities will be available. SHS will not be responsible for any lost or stolen items. Please secure your belongings. Have athletes warm up in the designated warm-up area of the infield only; all other areas of the infield are restricted. Hip numbers will be required & available for pick up by athletes when they check in with the Clerk of Course for their event.

TRAINER: An athletic trainer will be available for athletes during the meet by the 100 M starting line.

TEAM AREA: Please place team tents on the grass areas located on the North side of the track. No team camps will be allowed behind the press box area. Please keep the sidewalk and stairs clear.

SPECTATORS: Admission for spectators is \$6.00 via GoFan <https://gofan.co/event/6576832?schoolId=WI19225>, or credit card at the gate; no cash will be accepted. Bleacher areas are for all spectators.

PARKING: Buses should park on side streets to allow parking lots for spectators.

FINAL RESULTS: Results will be available on the official timing website: accuracetiming.com

CONTACT: Athletic Director – Andie Alexander andie.alexander@stoughton.k12.wi.us - (608) 877-5621
Administrative Assistant - Carmen Johanning carmen.johanning@stoughton.k12.wi.us - (608) 877-5622
Boys' Head Coach – Dylan Jensen - dylan.jensen@stoughton.k12.wi.us - (608) 877-5250
Girls' Head Coach – Bailee Eggers – bailee.eggers@stoughton.k12.wi.us - (608) 877-5791

Relay Exchanges

Thank you, coaches, for helping out! Please see the exchange zone assignments below.

800M Relay: 1st/3rd (Janesville Craig & Janesville Parker), 2nd (Stoughton & Meet Officials)

400M Relay: 1st (McFarland & Madison LaFollette), 2nd (Middleton & Sun Prairie East),
3rd (Milton & Stoughton)

Jury of Appeals / Games Committee (if needed)

1. Joe Parker (DeForest)
2. Dennis Schwedrsky (Fort Atkinson)
3. Bailee Eggers (Stoughton)
- 4.
- 5.

Schedule of Events

3:45 - Coaches meeting in the press box

Field Events - 4:15

Girls: long jump, high jump, shot put (Co-ed WC)

Boys: triple jump, pole vault, discus

Upon completion of these events, we will then begin to get ready and do warm-ups (30 minutes) for the other gender. Competition for these events will begin shortly thereafter.

Running Events - 4:30

1600m Co-ed WC

100m Dash Trials (G/B)

100/110m Hurdles Trials (B/G)

3200m Relay (G/B)

10 min Break w/ National Anthem

100/110m Hurdles Finals (G/B)

100m Dash Finals (Co-ed WC/G/B)

1600m Run (G/B)

800m Relay (G/B)

400m Dash (Co-ed WC/G/B)

400m Relay (G/B)

300m Hurdles (G/B)

800m Run (Co-ed WC/G/B)

200m Dash (G/B)

3200m Run (G/B)

1600m Relay (G/B)