



**WBHS LIONS INVITATIONAL  
TRACK & FIELD MEET  
WITTENBERG-BIRNAMWOOD HIGH SCHOOL  
May 11, 2026**



**Teams**

Amherst, Bonduel, Gresham/Bowler, Marion, Northland Lutheran, Port Edwards and Wittenberg-Birnamwood.

**Time Schedule**

Coaches Meeting      3:30 pm – In the pressbox. Enter from the back  
Field Events Star      4:00 pm  
Running Events Start 4:15 pm

**General Info**

Wittenberg-Birnamwood High School  
400 West Grand Avenue, Wittenberg, WI 54499  
Telephone # (715) 253-2211, Fax # (715) 253-3588

**Meet Managers**

Christine Nier (Athletic Director) [cnier@wittbirn.k12.wi.us](mailto:cnier@wittbirn.k12.wi.us)  
Mike Balliett (Head Coach) [mballiett@wittbirn.k12.wi.us](mailto:mballiett@wittbirn.k12.wi.us)

**Entry Fee**

There will be a \$150.00 entry fee per school. Schools may mail entry fee or bring along on race day.  
Fees may be mailed to:

Wittenberg-Birnamwood High School  
c/o Kim Moede  
400 West Grand Ave  
Wittenberg, WI 54499

**Officials**

Nancy Schoen and Jared Sweno

We cut checks each Tuesday, and they will be mailed to the address supplied by rSchool.

**Workers**

Long Jump - Brenna Klopp  
Triple Jump - Madison Schwalbach  
Shot Put - Stacey Delforge  
Discus - Jeff Stelk  
High Jump - Katie Stegeman

Clerk - Tammy Bushman  
Announcing - Julie Clark

I will put in for your pay. School employees will be paid on the 15th of the month with extra-duty pay. Checks will be cut for non-school employees every Tuesday.

### **Track Info**

The track is an eight lane rubberized track. 1/4" spikes will be allowed for all events. Starting blocks will be provided.

### **Awards**

Trophies will be awarded to the first and second place boys' team and girls' team. Medals will be awarded to the top 3 winners in each event. School packets will be available as soon as possible after the conclusion of the meet and the awarding of the team trophies in the press box.

### **Entries/Runners**

We will be using *PT Timing*. To register or enter your teams, go to ([www.pttiming.com](http://www.pttiming.com)). You may need to create a "new account" with a username and password that can be used all season for any meet timed by *PT Timing*. Once you login you will need to enter your roster. Do not include athletes you know will not be able to run. If in doubt, enter them. After your roster is entered you will specify which race each athlete will compete in. **Registration opens on Monday, May 4th at noon and will close Saturday, May 9th at noon.** Schools that fail to meet the deadline will be **subject to a \$50 late fee.** Questions about entries can be directed to [info@pttiming.com](mailto:info@pttiming.com)

### **Results**

Live and final results can be found on the PT Timing website. [Pttiming.com](http://Pttiming.com)

### **Max Events**

- Maximum of four events per person – no more than three running or three field events.
- 26 total individual entries
- Maximum of three individual entries per school.
- There will be no pole vault.

### **Meet Info**

1. Coaches will be provided with lanyards to be authorized on the infield. All other spectators/parents will not be permitted. Please turn the lanyard in at the concession stand and receive a treat of your choice.
2. A competitor in the field events who is excused to compete in another event shall have a maximum of **15 minutes** before jump/throw. Make sure he/she is excused before leaving.
3. Substitutions can be made the day of the meet. You can drop or change a competitor (will not reseed), but you cannot add.
4. Please have runners report to the bullpen on the 2<sup>nd</sup> call and remain there.
5. All times will be FAT.
6. There will not be trails for the running events. Everything will be finals with the fast heat last.

7. We may be ahead of schedule with the running events.
8. High Jump will be determined at the coaches' meeting. Rule: Start at 8th place and drop two increments.
9. Shot Put & Discus will be done in flights – 4 throws total. Throwers must retrieve their own shot or disc.
10. Long Jump and Triple Jump will be done cafeteria style – 4 jumps total.
11. We cannot use athletic tape on the track. We can only use chalk.
12. Bus parking will be in the student parking lot or behind the football field on the hill.
13. Coaches - Please pick up your medals/trophies in the pressbox before you leave.
14. Lane assignments for all races of 400 m. or less will be 4-5-3-6-2-7-1-8

### **Games Committee**

Meet Officials, Meet Manager, Gresham/Bowler Boys' Coach, Wittenberg-Birnamwood Girls' Coach

### **Exchange Zones**

Coaches will also be requested to judge the following relay exchange zones:

#### Exchange Zones

800 M. Relay

1<sup>st</sup> and 3<sup>rd</sup> exchange zones – Northland Lutheran

2<sup>nd</sup> exchange zones - Marion

400 Relay

1<sup>st</sup> exchange zone – Bonduel

2<sup>nd</sup> exchange zone - Newman Catholic

3<sup>rd</sup> exchange zone – Port Edwards

Hurdle Crew - Wittenberg-Birnamwood Track Team

**Field Events** (start at 4:00 pm) All flights MUST check in before the event begins.

Shot Put      Girls followed by the boys, Four Throws

Discus        Boys followed by the girls, Four Throws

High Jump    Girls followed by the boys Rule: Start at two increments lower than 8th.

Girls' Starting Height:

Boys' Starting Height:

### **Long Jump- North Pit - Piggy Back / Open Pit, Four Jumps**

4:00 - 5:30 Girls' Long Jump

5:30-5:45 Boys' Long Jump Warm Ups

5:45 - 6:45 Boys' Long Jump

### **Triple Jump - South Pit - Piggy Back /Open Pit, Four Jumps**

4:00 - 5:30 Boys' Triple Jump

5:30 – 5:45 Girls' Triple Jump- Warm Ups

5:45 - 6:45 Girls' Triple Jump

**Running Events** (start at 4:15 pm)

3200 M. Relay	Girls & Boys
100 M. High Hurdles	Girls
110 M. High Hurdles	Boys
100 M. Dash	Girls
100 M. Dash	Boys
1600 M. Run	Girls
1600 M. Run	Boys
800 M. Relay	Girls
800 M. Relay	Boys
400 M. Dash	Girls
400 M. Dash	Boys
400 M. Relay	Girls
400 M. Relay	Boys
300 M. Low Hurdles	Girls
300 M. Intermediate Hurdles	Boys
800 M. Run	Girls
800 M. Run	Boys
200 M. Dash	Girls
200 M. Dash	Boys
3200 M. Run	Girls
3200 M. Run	Boys
1600 M. Relay	Girls
1600 M. Relay	Boys

Any questions, please call Christine Nier at cell # 715-432-3765.