

SHOREWOOD HIGH SCHOOL



Shorewood High School is looking forward to hosting your Boys/Girls Track & Field programs for Conference Relays on Tuesday, May 5th, 2026. Please review the information below, share it with your coaches, and reach out if you have any questions or concerns.

Opponent: Brown Deer, Cudahy, Greenfield, Milwaukee Lutheran, South Milwaukee, West Allis Central, Whitnall

Host: Shorewood High School

Cost: TBD

Date: Tuesday, May 5th, 2026

Time: 1:45 PM - Facilities Open
2:30 PM - Shot & Disc Weigh-In (under south stadium bleachers)
3:00 PM - Coaches Meeting (under south stadium bleachers)
3:30 PM - Field Events
4:00 PM - Track Events

Location: Shorewood High School
1701 E Capitol Dr.
Shorewood, WI 53211

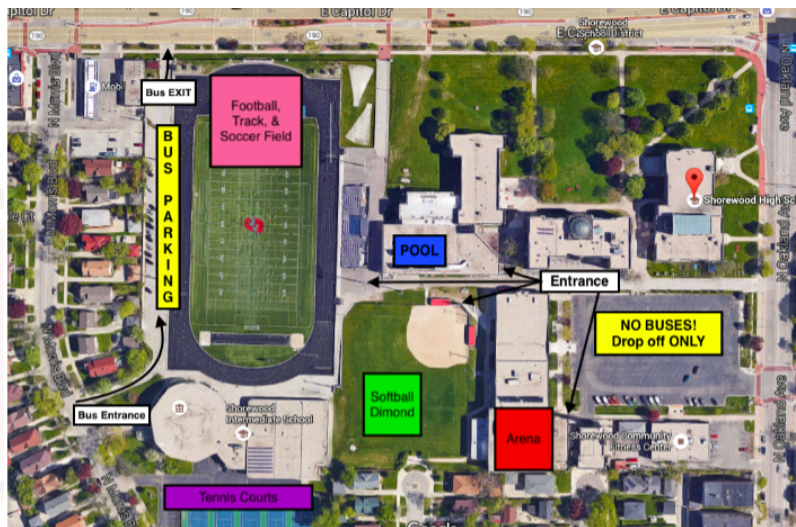
Buses - Do not park in the Parking Lot. Please park in the bus parking on the west side of the Football Field

Directions for spectators: John Nichols Stadium - Parking is located on Oakland Ave. Enter at intersection with East Shorewood Boulevard. Once parked, follow the path between the PE Building and the Administration Building. You will pass the VHE pool building on your right and the softball field on your left before you reach the stadium.

Locker Rooms Available: No

Team Camping: Allowed outside of the track/field near the softball field. NO team camps in the softball diamond or the soccer field.

NOTE: The finish line area is a restricted area. The area outside of the soccer field lines are restricted area. No headphones in the competition area.



Officials: Robert Kern, Mark Pagach, Stephen Ward

- If you have not officiated with us before, please send your W-9 to kjonasen@shorewood.k12.wi.us
- If you need a W-9, please use this [W-9 \(e-signable\)](#)
- If your address has changed, please make sure to send an updated W-9.

Meet Manager: Don Newman (Head Track & Field Coach)
dnewman@shorewood.k12.wi.us (414) 687-7519

Clerk: Mark Lien & Joel Nagle

Athletic Director: Karli Jonasen (414) 963-6924
kjonasen@shorewood.k12.wi.us

Athletic Training: Provided by Froedtert & Medical College of Wisconsin
Athletic Trainer: Juneau McFadzen
Athletic Trainer Location: North end of Stadium Bleachers

Emergency Action Plan: [John Nichols Stadium EAP](#)

Spectators

All spectators will be held to the WIAA conduct policy guidelines. Respect for all teams, spectators, coaches, and officials is a MUST. Sportsmanship is expected and greatly appreciated.

Admissions: [JAG Tickets](#) *A service charge will be added at checkout. No Cash Accepted.

JV (Free admission)

Varsity (regular season admission prices)

\$6.00 Adults (*service fee \$1.00)

\$3.00 Students & Seniors (65+) (*service fee \$1.00)

FREE Ages 5 and under

Concessions Available: Cash, Credit Card, and Apple Pay are accepted

Entries

Entries will be done on athletic.net by **Sunday, May 3rd, 2026 at 8:00pm**

- Per the bylaws, changes can be made at check-in for events. A reminder that per NFHS rules, field events and the hurdle composite events are not considered relays and are not subject to matching uniform rule.
-

Events

Warm-ups: Can take place on the track as long as they do not interfere with the running of events. The north end zone can be used for stretching. The infield can be used for warm-ups. No sitting in the infield. No food on the turf.

Check In: Athletes will check in and receive a hip number at the south end of the track, behind the dash start lines.

Clerking: Will be done at the south end of the track (traditional 100 start area) for all races, except the 300 LH/IH, which will be clerked at the 300-meter starting point.

Field Events

Pole Vault

- Boys PV 1st - Start 7'.
- 1 ft. increments through 9', then 6" to 13', then 3"
- Girls PV 2nd - Start 5'.
- 1 ft Increments through 7', then 6" to 9', then 3"

Weigh-in: For all shots and discs. Weigh-in will be under the south stadium bleachers. All implements must be weighed prior to first call, or they will not be allowed to be used in competition.

Shot Put: The throwing circles are recessed concrete.

- Boys Shot/Girls Shot to follow - 4 throws (1-1-1-1), no finals, three flights

Discus: Grass outfield of softball Diamond

- Girls Discus/Boys Discus to follow - 4 throws (1-1-1-1), no finals, three flights

High Jump: One high jump pit will be used - Northeast side of the track (closer to 3:00pm)

- Boys HJ (east pit) - Start 4'6", 3" increments to 5', then 2" increments to 5'10", then 1" increments
- Girls HJ (east pit) - Start 3'6", 3" increments to 4', then 2" increments to 4'10", then 1" increments

Triple Jump: Has tray boards at 28' and 36', and panted boards at 20', 24', and 32'

- Girls TJ - Open Pit TBD per bylaws. 4 jumps (1-1-1-1) or (2-2)
- Boys TJ - will be 30 minutes after the completion of the Boys LJ and Girls TJ

Long Jump: Has a single tray board at 9'

- Boys LJ - Open pit TBD per bylaws. 4 jumps (1-1-1-1) or (2-2).
- Girls LJ - Will be 30 minutes after the completion of Boys LJ and Girls TJ

Track Events: Running events will be conducted in the following order

4:00 PM - 6400 Meter Relay (boys & girls)
300 Meter High Hurdle Composite - Girls
330 Meter High Hurdle Composite - Boys
400 Meter Relays (boys & girls)
Distance Medley (1200-400-800-1600) (boys & girls)
Sprint Medley Relay (400-200-100-100) (boys & girls)
900 Meter Low Hurdle Composite - Girls
900 Meter Intermediate Hurdle Composite - Boys
800 Meter Relay (boys & girls)
3200 Meter Relay (boys & girls)
1600 Meter Relay (boys & girls)

NOTE: Chalk is the only acceptable marking on the track. All tape will be removed as soon as it is seen on the track.

Coach Responsibilities

Jury of Appeals: Brown Deer Girls and Whitnall Boys Coach, along with the starters and the meet manager.

Team Supervision Responsibilities: Please bring 1 official and two assistants for each event.

Pole Vault: Brown Deer

Long Jump: Cudahy

Discus: Greenfield

Relay Zones & Turn Judges: Milwaukee Lutheran

Triple Jump: Shorewood

High Jump: South Milwaukee

Shot Put: West Allis Central

Relay Zones & Turn Judges: Whitnall

Results

Live Results: Available at athletic.net

Scoring: Each event will be scored to eight places. Per bylaws, field and hurdle relays must have three distances or heights to score in a relay. Any relay team with less than the required number of competitors may participate.

Awards: The Woodland Conference does not supply awards for this meet.