

===== GIRLS RISING STARS TEAM SCORE =====

| | | | | | | |
|-----|-------|------------------------|----|----------|----------|---------|
| 1. | 65 | Sheridan XC A | | (20:30.2 | 102:30.9 | 2:01.7) |
| 1 | 3 | Alexa Miller | 9 | 19:52.4 | | |
| 2 | 5 | Maggie Turpin | 9 | 19:57.9 | | |
| 3 | 8 | Alyssa Fehlauer | 9 | 20:12.3 | | |
| 4 | 9 | Kayley Alicke | 9 | 20:34.2 | | |
| 5 | 40 | Brynn Kirol | 9 | 21:54.1 | | |
| 6 | (57) | Avery Christophers | 9 | 22:32.8 | | |
| 7 | (103) | Erin Hoffman | 9 | 32:54.7 | | |
| 2. | 107 | SF Chargers A | | (20:52.7 | 104:23.2 | 2:41.9) |
| 1 | 1 | Ellie Maddox | 8 | 19:20.1 | | |
| 2 | 7 | Anna Vyn | 9 | 20:07.3 | | |
| 3 | 27 | Jerica Glasser | 8 | 21:26.7 | | |
| 4 | 28 | Natalie Smith | 8 | 21:27.1 | | |
| 5 | 44 | Amelia Lyon | 9 | 22:02.0 | | |
| 6 | (69) | Meredith Nelson | 7 | 23:14.5 | | |
| 3. | 110 | Wayzata XC A | | (21:11.6 | 105:57.8 | 0:48.9) |
| 1 | 15 | Aubrey Smith | 7 | 20:50.2 | | |
| 2 | 17 | Alexa Jones | 8 | 20:57.6 | | |
| 3 | 20 | Sienna Blomberg | 7 | 21:05.9 | | |
| 4 | 26 | Ella Stark | 8 | 21:25.0 | | |
| 5 | 32 | Miley Clark | 8 | 21:39.1 | | |
| 6 | (33) | Macy Leahy | 8 | 21:39.9 | | |
| 7 | (54) | Grace Marley | 7 | 22:23.6 | | |
| 4. | 114 | Edina XC A | | (21:11.4 | 105:56.8 | 1:06.9) |
| 1 | 11 | Elsa Doescher | 9 | 20:38.7 | | |
| 2 | 13 | Catherine Sit | 10 | 20:41.5 | | |
| 3 | 23 | Ellie Johnson | 9 | 21:14.5 | | |
| 4 | 31 | Riley Koehler | 8 | 21:36.5 | | |
| 5 | 36 | Julia Rapallini | 10 | 21:45.6 | | |
| 6 | (46) | Mckenna Cossack | 8 | 22:09.0 | | |
| 7 | (67) | Lily Sannes-eckho | 8 | 22:52.1 | | |
| 5. | 122 | Shako XC | | (21:17.3 | 106:26.1 | 0:54.4) |
| 1 | 14 | Ellie Hall | 10 | 20:49.1 | | |
| 2 | 19 | Sarah Armstrong | 10 | 21:01.4 | | |
| 3 | 25 | Anastasia Zebrev | 7 | 21:20.3 | | |
| 4 | 29 | Emily Hubmer | 10 | 21:31.8 | | |
| 5 | 35 | Anna Zebrev | 8 | 21:43.5 | | |
| 6 | (73) | Mackenzie Kinney | 10 | 23:19.8 | | |
| 7 | (95) | Claire Markes | 10 | 25:57.8 | | |
| 6. | 159 | Saber Running | | (21:30.9 | 107:34.2 | 1:37.7) |
| 1 | 10 | Isabelle Simonson | 9 | 20:34.9 | | |
| 2 | 16 | Aubrey Rost | 9 | 20:53.0 | | |
| 3 | 34 | Bre Axt | 9 | 21:41.6 | | |
| 4 | 49 | Abi Rieck | 9 | 22:12.1 | | |
| 5 | 50 | Taylor Gabbert | 10 | 22:12.6 | | |
| 7. | 176 | Winona Ramblers | | (21:27.4 | 107:16.9 | 2:53.2) |
| 1 | 4 | Sonja Semling | 9 | 19:54.0 | | |
| 2 | 6 | Hazel Freyre | 9 | 20:00.9 | | |
| 3 | 51 | Macy Piechowski | 9 | 22:16.5 | | |
| 4 | 52 | Kyra Kotsmith | 9 | 22:18.3 | | |
| 5 | 63 | Audrey England | 10 | 22:47.2 | | |
| 8. | 177 | Eden Prairie XC | | (21:44.9 | 108:44.2 | 0:55.3) |
| 1 | 22 | Emerson Carlston | 8 | 21:11.6 | | |
| 2 | 30 | Marleigh Redington | 8 | 21:36.5 | | |
| 3 | 38 | Brooke Donohue | 7 | 21:52.4 | | |
| 4 | 42 | Sydney Bond | 8 | 21:56.8 | | |
| 5 | 45 | Katrina Metzger | 8 | 22:06.9 | | |
| 6 | (70) | Lauren Garbisch | 7 | 23:14.8 | | |
| 9. | 194 | CoyoteXC | | (21:49.4 | 109:06.9 | 2:10.6) |
| 1 | 12 | Cambree Moss | 7 | 20:39.4 | | |
| 2 | 37 | Jacqueline Swanson | 8 | 21:49.3 | | |
| 3 | 39 | Anna Pippenger | 8 | 21:54.1 | | |
| 4 | 41 | Keeley Call | 8 | 21:54.1 | | |
| 5 | 65 | Marlee Balsch | 8 | 22:50.0 | | |
| 6 | (84) | Sofia Watterud | 9 | 24:08.4 | | |
| 10. | 215 | Gryphon XC A | | (21:54.2 | 109:30.7 | 4:06.0) |
| 1 | 2 | Greta Long | 10 | 19:32.6 | | |
| 2 | 18 | Vivian Sindelar | 8 | 20:59.6 | | |
| 3 | 48 | Thorn Khuhro | 10 | 22:10.9 | | |
| 4 | 68 | Bee Castaneda | 10 | 23:09.0 | | |
| 5 | 79 | Olivia Gilbertson | 7 | 23:38.6 | | |
| 6 | (94) | Grace Hendrickson | 9 | 25:56.2 | | |
| 7 | (97) | Annabel Kelash | 7 | 26:36.1 | | |
| 11. | 222 | Willmar Winged Foot A | | (22:02.4 | 110:11.6 | 1:15.2) |
| 1 | 21 | Sophia Negen | 6 | 21:11.2 | | |
| 2 | 43 | Leah Eystad | 8 | 21:59.4 | | |
| 3 | 47 | Florencia Ossa Letelie | 6 | 22:10.8 | | |

| | | | | |
|-----|-------|-------------------------|----|---------------------------|
| 5 | 55 | Claire Mattson | 9 | 22:23.8 |
| 5 | 56 | Jaidyn Flolo | 10 | 22:26.4 |
| 6 | (58) | Solenne Ruff | 9 | 22:35.0 |
| 12. | 294 | Auburn | | (22:47.3 113:56.1 3:16.0) |
| 1 | 24 | Liston Crotty | 8 | 21:19.5 |
| 2 | 53 | Alivia Thomas | 9 | 22:23.0 |
| 3 | 62 | Alexa Janssen | 8 | 22:46.7 |
| 4 | 66 | Lilyan Becker | 9 | 22:51.4 |
| 5 | 89 | Makenna Snodgrass | 9 | 24:35.5 |
| 13. | 351 | Wayzata XC B | | (23:15.3 116:16.1 1:23.1) |
| 1 | 61 | Ella Jones | 8 | 22:45.1 |
| 2 | 64 | Sophie Hanson | 8 | 22:49.3 |
| 3 | 71 | Iisa Kovukangas | 7 | 23:16.2 |
| 4 | 72 | Josie Pajari | 7 | 23:17.3 |
| 5 | 83 | Cyrena Carr | 8 | 24:08.2 |
| 6 | (85) | Addie Ripple | 7 | 24:11.0 |
| 7 | (86) | Rachel Frank | 7 | 24:25.5 |
| 14. | 390 | Willmar Winged Foot B | | (23:51.1 119:15.2 2:44.8) |
| 1 | 60 | Mia Koosman | 8 | 22:43.1 |
| 2 | 76 | Madalyynn Villnow | 8 | 23:25.2 |
| 3 | 80 | Alivia Fladeboe | 8 | 23:46.8 |
| 4 | 81 | Carlee Brown | 8 | 23:52.2 |
| 5 | 93 | Elianah Bradsteen | 8 | 25:27.9 |
| 6 | (101) | Delilah Singsank | 7 | 29:14.3 |
| 15. | 402 | SF Chargers B | | (24:18.0 121:29.6 4:10.3) |
| 1 | 59 | Makinli Reitsma | 7 | 22:42.9 |
| 2 | 74 | Nealie Stanford | 7 | 23:19.9 |
| 3 | 82 | Olivia Kerkvliet | 7 | 23:59.5 |
| 4 | 88 | Oaklee Hadler | 7 | 24:34.1 |
| 5 | 99 | McKenna Kerkvliet | 8 | 26:53.2 |
| 6 | (100) | Molly Leuning | 8 | 28:00.3 |
| 16. | 425 | Badlands RC | | (24:31.5 122:37.1 1:52.2) |
| 1 | 77 | Landyn Gerbig | 9 | 23:34.5 |
| 2 | 78 | Jaci Fischer | 10 | 23:37.1 |
| 3 | 87 | Adyson Gerbig | 9 | 24:32.6 |
| 4 | 91 | Julie Sarsland | 9 | 25:26.2 |
| 5 | 92 | Jersey Koppinger | 9 | 25:26.7 |
| 17. | 461 | Washburn RC | | (26:15.5 131:17.3 6:10.1) |
| 1 | 75 | Elsie Guertin | 10 | 23:23.3 |
| 2 | 90 | Finley Jones | 8 | 25:17.3 |
| 3 | 96 | Ana Kurtz | 9 | 26:26.6 |
| 4 | 98 | Elizabeth Hageman | 10 | 26:36.7 |
| 5 | 102 | Persephone Minor-Jackso | 8 | 29:33.4 |
| 6 | (104) | Evelyn Zebot | 9 | 33:29.0 |

Nike Cross Nationals Heartland Regional
Yankton Trail Park, Sioux Falls, SD
November 14, 2021
GIRLS RISING STARS

| Place | TmPl | Name | Year | Teamname | Rank | 1 Mile | Rank | 2 Mile | Split | Last1.1 | Time | Pace |
|-------|------|--------------------|------|-----------------------|------|--------|------|--------|-------|---------|---------|-------|
| 96 | 57 | Avery Christophers | 9 | Sheridan XC A | 78 | 6:46 | 87 | 14:21 | 7:35 | 8:13 | 22:32.8 | 7:16 |
| 97 | 58 | Solenne Ruff | 9 | Willmar Winged Foot A | 112 | 7:05 | 100 | 14:31 | 7:26 | 8:05 | 22:35.0 | 7:17 |
| 98 | | Joslyn Orr | 10 | | 107 | 7:04 | 104 | 14:38 | 7:34 | 8:02 | 22:38.3 | 7:18 |
| 99 | | Kynley Verdict | 10 | Jaguar RC B | 62 | 6:39 | 81 | 14:10 | 7:31 | 8:33 | 22:42.3 | 7:19 |
| 100 | 59 | Makinli Reitsma | 7 | SF Chargers B | 87 | 6:53 | 97 | 14:30 | 7:37 | 8:14 | 22:42.9 | 7:19 |
| 101 | 60 | Mia Koosman | 8 | Willmar Winged Foot B | 114 | 7:06 | 103 | 14:35 | 7:30 | 8:09 | 22:43.1 | 7:19 |
| 102 | 61 | Ella Jones | 8 | Wayzata XC B | 103 | 7:03 | 105 | 14:39 | 7:36 | 8:07 | 22:45.1 | 7:20 |
| 103 | 62 | Alexa Janssen | 8 | Auburn | 117 | 7:06 | 113 | 14:44 | 7:38 | 8:04 | 22:46.7 | 7:20 |
| 104 | 63 | Audrey England | 10 | Winona Ramblers | 139 | 7:24 | 118 | 14:55 | 7:32 | 7:53 | 22:47.2 | 7:21 |
| 105 | 64 | Sophie Hanson | 8 | Wayzata XC B | 102 | 7:03 | 107 | 14:40 | 7:38 | 8:10 | 22:49.3 | 7:21 |
| 106 | 65 | Marlee Baisch | 8 | CoyoteXC | 118 | 7:07 | 112 | 14:42 | 7:36 | 8:09 | 22:50.0 | 7:21 |
| 107 | 66 | Lilyan Becker | 9 | Auburn | 109 | 7:05 | 110 | 14:42 | 7:38 | 8:10 | 22:51.4 | 7:22 |
| 108 | | Kiera Collins | 9 | | 94 | 6:59 | 106 | 14:39 | 7:40 | 8:14 | 22:52.0 | 7:22 |
| 109 | 67 | Lily Sannes-Eckho | 8 | Edina XC A | 92 | 6:58 | 102 | 14:34 | 7:37 | 8:19 | 22:52.1 | 7:22 |
| 110 | | Ava Bringgold | 9 | | 106 | 7:04 | 108 | 14:40 | 7:37 | 8:15 | 22:54.0 | 7:23 |
| 111 | | Ellie Walker | 10 | Jaguar RC B | 100 | 7:02 | 111 | 14:42 | 7:41 | 8:23 | 23:04.2 | 7:26 |
| 112 | 68 | Bee Castaneda | 10 | Gryphon XC A | 119 | 7:07 | 114 | 14:48 | 7:41 | 8:22 | 23:09.0 | 7:28 |
| 113 | | Tyler Smock | 8 | | 96 | 7:00 | 116 | 14:52 | 7:53 | 8:21 | 23:12.0 | 7:29 |
| 114 | | Alonnah Gage | 9 | Jaguar RC A | 127 | 7:14 | 121 | 15:02 | 7:48 | 8:13 | 23:13.7 | 7:29 |
| 115 | 69 | Meredith Nelson | 7 | SF Chargers A | 85 | 6:51 | 88 | 14:21 | 7:31 | 8:54 | 23:14.5 | 7:29 |
| 116 | 70 | Lauren Garbisch | 7 | Eden Prairie XC | 97 | 7:01 | 109 | 14:41 | 7:40 | 8:35 | 23:14.8 | 7:29 |
| 117 | 71 | Iisa Kovukangas | 7 | Wayzata XC B | 108 | 7:05 | 119 | 14:59 | 7:55 | 8:18 | 23:16.2 | 7:30 |
| 118 | 72 | Josie Pajari | 7 | Wayzata XC B | 115 | 7:06 | 120 | 14:59 | 7:54 | 8:19 | 23:17.3 | 7:30 |
| 119 | 73 | Mackenzie Kinney | 10 | Shako XC | 120 | 7:07 | 122 | 15:02 | 7:55 | 8:19 | 23:19.8 | 7:31 |
| 120 | 74 | Nealie Stanford | 7 | SF Chargers B | 95 | 6:59 | 115 | 14:49 | 7:51 | 8:31 | 23:19.9 | 7:31 |
| 121 | | Callie Cahoy | 9 | Jaguar RC A | 116 | 7:06 | 117 | 14:55 | 7:49 | 8:27 | 23:21.0 | 7:31 |
| 122 | 75 | Elsie Guertin | 10 | Washburn RC | 136 | 7:20 | 124 | 15:05 | 7:45 | 8:19 | 23:23.3 | 7:32 |
| 123 | | Briella Wettlaufer | 9 | ORR Raiders | 131 | 7:16 | 123 | 15:03 | 7:47 | 8:22 | 23:23.8 | 7:32 |
| 124 | 76 | Madalynn Villnow | 8 | Willmar Winged Foot B | 126 | 7:13 | 126 | 15:07 | 7:55 | 8:19 | 23:25.2 | 7:33 |
| 125 | 77 | Landyn Gerbig | 9 | Badlands RC | 146 | 7:28 | 130 | 15:20 | 7:52 | 8:16 | 23:34.5 | 7:36 |
| 126 | | Elise Behr | 9 | Maple Grove XC | 124 | 7:09 | 128 | 15:09 | 8:01 | 8:27 | 23:35.6 | 7:36 |
| 127 | 78 | Jaci Fischer | 10 | Badlands RC | 145 | 7:28 | 131 | 15:20 | 7:52 | 8:19 | 23:37.1 | 7:37 |
| 128 | 79 | Olivia Gilbertson | 7 | Gryphon XC A | 128 | 7:14 | 127 | 15:09 | 7:55 | 8:30 | 23:38.6 | 7:37 |
| 129 | | Julia Driscoll | 10 | | 125 | 7:13 | 125 | 15:06 | 7:54 | 8:36 | 23:41.9 | 7:38 |
| 130 | 80 | Alivia Fladeboe | 8 | Willmar Winged Foot B | 134 | 7:20 | 132 | 15:20 | 8:01 | 8:28 | 23:46.8 | 7:40 |
| 131 | | Josie Nold | 9 | ORR Raiders | 141 | 7:25 | 138 | 15:27 | 8:02 | 8:22 | 23:47.9 | 7:40 |
| 132 | 81 | Carlee Brown | 8 | Willmar Winged Foot B | 135 | 7:20 | 133 | 15:20 | 8:01 | 8:33 | 23:52.2 | 7:41 |
| 133 | | Sierra Swanson | 10 | The Cats | 130 | 7:15 | 129 | 15:17 | 8:02 | 8:41 | 23:57.2 | 7:43 |
| 134 | 82 | Olivia Kerkvliet | 7 | SF Chargers B | 133 | 7:18 | 136 | 15:23 | 8:05 | 8:38 | 23:59.5 | 7:44 |
| 135 | | Chloe Kissell | 8 | Wayzata XC C | 132 | 7:17 | 134 | 15:22 | 8:06 | 8:40 | 24:01.0 | 7:44 |
| 136 | 83 | Cyrena Carr | 8 | Wayzata XC B | 140 | 7:25 | 141 | 15:36 | 8:12 | 8:33 | 24:08.2 | 7:47 |
| 137 | 84 | Sofia Watterud | 9 | CoyoteXC | 129 | 7:15 | 135 | 15:22 | 8:08 | 8:47 | 24:08.4 | 7:47 |
| 138 | 85 | Addie Ripple | 7 | Wayzata XC B | 147 | 7:28 | 143 | 15:40 | 8:13 | 8:32 | 24:11.0 | 7:48 |
| 139 | | Kendall Hanson | 9 | | 122 | 7:08 | 137 | 15:27 | 8:19 | 8:58 | 24:23.2 | 7:51 |
| 140 | 86 | Rachel Frank | 7 | Wayzata XC B | 137 | 7:22 | 139 | 15:34 | 8:13 | 8:52 | 24:25.5 | 7:52 |
| 141 | | Anna Engelhart | 6 | Jordan | 142 | 7:26 | 142 | 15:39 | 8:14 | 8:51 | 24:29.2 | 7:53 |
| 142 | 87 | Adyson Gerbig | 9 | Badlands RC | 151 | 7:46 | 147 | 15:55 | 8:09 | 8:39 | 24:32.6 | 7:54 |
| 143 | 88 | Oaklee Hadler | 7 | SF Chargers B | 121 | 7:08 | 145 | 15:41 | 8:34 | 8:54 | 24:34.1 | 7:55 |
| 144 | 89 | Makenna Snodgrass | 9 | Auburn | 138 | 7:24 | 146 | 15:49 | 8:26 | 8:48 | 24:35.5 | 7:55 |
| 145 | | Caroline Clarke | 10 | TrailBlazers | 143 | 7:26 | 144 | 15:41 | 8:16 | 8:58 | 24:37.9 | 7:56 |
| 146 | | Elizabeth Wortmann | 10 | Crofton RC | 144 | 7:28 | 140 | 15:36 | 8:09 | 9:05 | 24:39.7 | 7:57 |
| 147 | | Claire Jenkinson | 9 | | 149 | 7:31 | 149 | 16:05 | 8:35 | 8:58 | 25:01.9 | 8:04 |
| 148 | | Lucy Roy | 10 | Jaguar RC B | 148 | 7:30 | 148 | 15:56 | 8:27 | 9:08 | 25:02.9 | 8:04 |
| 149 | 90 | Finley Jones | 8 | Washburn RC | 150 | 7:41 | 150 | 16:10 | 8:29 | 9:08 | 25:17.3 | 8:09 |
| 150 | 91 | Julie Sarsland | 9 | Badlands RC | 155 | 7:51 | 155 | 16:24 | 8:34 | 9:03 | 25:26.2 | 8:12 |
| 151 | 92 | Jersey Koppinger | 9 | Badlands RC | 154 | 7:50 | 154 | 16:23 | 8:33 | 9:05 | 25:26.7 | 8:12 |
| 152 | 93 | Elianah Bradsteen | 8 | Willmar Winged Foot B | 152 | 7:48 | 151 | 16:14 | 8:26 | 9:15 | 25:27.9 | 8:12 |
| 153 | | Kate Pfeister | 10 | Jaguar RC A | 156 | 7:52 | 152 | 16:15 | 8:24 | 9:18 | 25:31.3 | 8:13 |
| 154 | 94 | Grace Hendrickson | 9 | Gryphon XC A | 153 | 7:50 | 156 | 16:40 | 8:50 | 9:17 | 25:56.2 | 8:21 |
| 155 | 95 | Claire Markes | 10 | Shako XC | 157 | 7:58 | 157 | 16:40 | 8:43 | 9:19 | 25:57.8 | 8:22 |
| 156 | 96 | Ana Kurtz | 9 | Washburn RC | 159 | 8:07 | 158 | 17:01 | 8:55 | 9:26 | 26:26.6 | 8:31 |
| 157 | 97 | Annabel Kelash | 7 | Gryphon XC A | 160 | 8:07 | 161 | 17:32 | 9:25 | 9:05 | 26:36.1 | 8:34 |
| 158 | 98 | Elizabeth Hageman | 10 | Washburn RC | 162 | 8:08 | 159 | 17:01 | 8:54 | 9:36 | 26:36.7 | 8:34 |
| 159 | | Piper Myran | 10 | | 104 | 7:04 | 153 | 16:18 | 9:15 | 10:20 | 26:37.0 | 8:34 |
| 160 | 99 | McKenna Kerkvliet | 8 | SF Chargers B | 158 | 8:06 | 160 | 17:32 | 9:26 | 9:22 | 26:53.2 | 8:40 |
| 161 | | Coral Heyd | 10 | Knights XC | 165 | 8:32 | 162 | 17:49 | 9:17 | 9:52 | 27:40.1 | 8:55 |
| 162 | 100 | Molly Leuning | 8 | SF Chargers B | 161 | 8:07 | 163 | 17:55 | 9:48 | 10:06 | 28:00.3 | 9:01 |
| 163 | | Seville Skinner | 9 | Jaguar RC B | 163 | 8:28 | 164 | 18:11 | 9:43 | 10:14 | 28:24.4 | 9:09 |
| 164 | | Joslyn Debban | 6 | Jordan | 164 | 8:28 | 165 | 18:11 | 9:43 | 10:15 | 28:25.7 | 9:09 |
| 165 | 101 | Delilah Singsank | 7 | Willmar Winged Foot B | 168 | 9:11 | 166 | 18:36 | 9:25 | 10:39 | 29:14.3 | 9:25 |
| 166 | | Kezy Schaff | 9 | Sheridan XC B | 166 | 8:43 | 167 | 18:36 | 9:53 | 10:58 | 29:33.3 | 9:31 |
| 167 | 102 | Persephone Minor-J | 8 | Washburn RC | 169 | 9:25 | 169 | 19:41 | 10:16 | 9:53 | 29:33.4 | 9:31 |
| 168 | | Averi Gerfen | 7 | | 167 | 8:46 | 168 | 19:02 | 10:16 | 11:36 | 30:36.7 | 9:52 |
| 169 | 103 | Erin Hoffman | 9 | Sheridan XC A | 170 | 9:30 | 170 | 20:53 | 11:24 | 12:02 | 32:54.7 | 10:36 |
| 170 | 104 | Evelyn Zebot | 9 | Washburn RC | | | 171 | 21:35 | | 11:55 | 33:29.0 | 10:47 |
| 171 | | Sonakshi Gajawada | 7 | Gryphon XC B | 171 | 10:31 | 172 | 22:45 | 12:14 | 12:20 | 35:04.2 | 11:18 |
| | 105 | Cecelia Nowacki | 7 | Eden Prairie XC | 86 | 6:51 | 90 | 14:25 | 7:35 | | | |