



# WIAA Hudson Division 1 Regional

Monday, May 23<sup>rd</sup>, 2021 (Weather Date – Tues, May 24<sup>th</sup>)

**TEAMS PARTICIPATING:** Chippewa Falls, Eau Claire Memorial, Eau Claire North, Hudson, Menomonie, New Richmond, River Falls, Superior

**OFFICIALS:** Tim DeJardin, Doug Hjersjo, Dan Klaustermeier

**TIMING/ENTRIES:** [PT Timing](#) (linked here), Logan Gullickson ([logan@pttiming.com](mailto:logan@pttiming.com))

**JURY OF APPEALS:** Tim DeJardin (starter), Doug Hjersjo (starter), Aaron Moen (meet manager), Roger Reuvers (New Richmond boys), Corey Fritz (Eau Claire Memorial girls)

**Alternates** - Craig Olson (Menomonie boys), Kady Bauschelt (River Falls girls)

**3:00pm - Coaches Meeting** (briefly at finish line area involving one girls' coach and one boys' coach per school)

## 3:30pm - FIELD EVENTS BEGIN

**Shot Put** – Girls 1<sup>st</sup> (3 prelim throws - Top 9 reseeded for finals - 3 final throws)

**Discus** – Boys 1<sup>st</sup> (3 prelim throws - Top 9 reseeded for finals - 3 final throws)

**Long Jump** – Girls 1<sup>st</sup> (3 prelim jumps - Top 9 reseeded for finals - 3 final jumps)

**Triple Jump** – Boys 1<sup>st</sup> (3 prelim jumps - Top 9 reseeded for finals - 3 final jumps)

**High Jump** – Girls 1<sup>st</sup> (Starting height will be determined after entries are received)

**Pole Vault** – Boys 1<sup>st</sup> (Starting height will be determined after entries are received)

## 4:15pm - RUNNING EVENTS BEGIN (All events are Girls followed by Boys)

4 x 800m Relay

100m Prelims (heat winners + next fastest times/8 total)

100/110m Hurdle Prelims (heat winners + next fastest times/8 total)

200m Prelims (heat winners + next fastest times/8 total)

### 15 MINUTE BREAK

100/110m Hurdle Finals

100m Finals

1600m

4 x 200m Relay

400m

4 x 100m Relay

300m Hurdles

800m

200m

3200m

4 x 400m Relay

**Exchange Zone Judges** - Each school will be asked to provide 1 exchange zone judge for relays (to assist volunteers).

Chippewa Falls - 4x1 Zone 1 / 4x2 Zone 1-3

Eau Claire Memorial - 4x1 Zone 1 / 4x2 Zone 1-3

Eau Claire North - 4x1 Zone 2 / 4x2 Zone 1-3

Menomonie - 4x1 Zone 2 / 4x2 Zone 1-3

New Richmond - 4x1 Zone 3 / 4x2 Zone 2

River Falls - 4x1 Zone 3 / 4x2 Zone 2

Superior - 4x1 Zone 3 / 4x2 Zone 2



**\*NOTE** – TAPE should be used for all markings on the track surface unless you have markers that sit on the track (NO chalk).

**\*NOTE** - The schedule above and all of the following are based on the [WIAA Tournament Procedures](#) (linked here). Adjustments will only be made to accommodate any weather concerns.

**ENTRIES & TIMING** - [PT Timing](#) (linked here) will be handling timing for this meet. This year, PT Timing is using Mile Split for meet registration and entries. PT timing's [Mile Split Instructions](#) are linked here. Entries will open Friday, May 13<sup>th</sup>, and **ALL entries will be closed Friday, May 20<sup>th</sup> @ 8:00AM**. Teams will be allowed entries according to the [WIAA Tournament Procedures](#); 28 individual entries and 1 entry per relay. NO substitutions are allowed on meet day (only scratches) unless WIAA approved. A reminder that listing athletes as an alternate on a relay team counts toward their event total (no more than 4 total events, and no more than 3 field or 3 running).

**RESULTS** - Will be compiled as soon as possible after the completion of events, and will be posted live online at [PT Timing](#) (linked here) and at the conclusion of the meet. Please take time to check results as they are posted to ensure accuracy and bring any corrections or questions to Aaron Moen (meet manager).

**SCORING, SECTIONAL ADVANCEMENT & AWARDS** = All events: 10-8-6-5-4-3-2-1. Top 4 finishers in each event advance to the Marshfield Sectional on Thursday, May 26<sup>th</sup> (along with the Wausau West Regional qualifiers). The championship regional team will receive a plaque.

## TRACK LOCATION - Raider Stadium, Hudson High School, 1501 Vine Street

Our stadium and track are on the high school campus in front of school. Athletes can be dropped off at the stadium entrance, but be aware that our school release time is 2:45 and the parking lot will need to clear. Once unloaded, buses will likely need to exit the parking lot until the lot clears, but can then park in the far west side of the parking lot opposite the stadium. It is highly recommended to plan for team arrival well before 2:45 or after 3:00 if possible.

**FACILITY** - There are bathrooms and water bottle fillers available in the stadium. Prepackaged stadium concessions will also be available for purchase during the meet. No one will be allowed to enter the high school during the course of the meet except in a weather emergency. In this case, teams should follow the instructions of the announcer to move to safety. Please instruct athletes to remain out of the school.



**TEAM CAMPS** - NO team camps are allowed on the track infield. Team camps will be marked in the plaza on the NW side of the track along the school in case of inclement weather. This fairly sheltered area is a cement plaza divided by pillars under an overhang. Please instruct athletes to be respectful of the space (ex. do not stick hip numbers to the stadium, walls, or ground) and make sure that your area is cleaned up as much as possible as you leave. There will be garbage cans in the near vicinity. Thank you in advance. Reminder that NO sporting equipment (balls, frisbees, etc...) are allowed in the stadium or competition areas.

**SPECTATORS** - Spectators are allowed into the meet with a **\$5 admission fee**. Please encourage spectators to maintain social distancing while in the stadium, to not enter team camp areas, and maintain distance from competing athletes. There will be access to the throws and high jump area, and horizontal jumps above the north end of the track. NO spectators are allowed on the infield/track itself, and NO PETS are allowed.

**WARM-UP** - Will be allowed between the hash marks on the infield. This will not be a space for athletes to "hang-out" but athletes should use the space as needed for reasonable warm-up and cool down for events and then vacate the area. Coaches will be allowed on the in-field but please help monitor the flow of your athletes to and from this area. **NOTE** - The football field sideline acts as a boundary to the track - stay inbounds.

**TRACK ENTRANCE** - The main entrance to the actual track area for athletes/coaches is on the NW end nearest the school, camps, clerk of course and 100m start area. Athletes will enter here and also be guided back down the track to exit from the same gate nearest team camps. There is also a gate on the NE corner of the track near the 200m start to access long and triple jump on the back stretch, and to also exit to the high jump, shot put, and discus areas outside of the track along the east side of the school. We would like to keep the finish area clear for the officials, timers and competing athletes. The finish line gate opening will not be used as an entrance/exit to the track itself.

**CHECK IN** - Will be located in the north end zone nearest the 100m start. This is also where the clerk will gather athletes for instructions prior to each event. Athletes should be prepared to move on a rolling schedule and should check in by 2nd call to get a hip number. **Prior to coming, please remind your athletes to place their hip # on the LEFT side-seam of their shorts (centered) and BELOW their shirt line.**

**SPIKES** - 1/4" pyramid spikes are allowed on all track surfaces, but NOT in the bleachers.

**TRAINER** - Will be available near the finish line behind the timing area. Please bring your own tape as needed.

**HORIZONTAL JUMPS & POLE VAULT** - Located on the infield of the track. Pole vault is on the front straight away. Long and triple jump are located along the back straight away.

**HIGH JUMP & THROWS** - Located outside the inner stadium area and along the NE side of the track and school. Spectators may walk above the track to access this area.

**IMPLEMENT WEIGH-IN** - Located directly between the shot put and discus area on the east side of the school.

**VERTICAL JUMP STARTING HEIGHTS & PROGRESSIONS** - Determined by counting down using the entered performance of the 8th best athlete and then subtracting two increments (4" high jump and 1' pole vault).

**High jump** - Must begin at an even numbered inch (ex. 4'6", 4'8", etc...) and will be raised in 2" increments until 6 competitors remain (and then 1" thereafter).

**Pole Vault** - Must begin at 6" increments (ex. 7'0", 7'6", etc...) and will be raised in 6" increments until 6 competitors remain (3" thereafter). **REMINDER** - Pole verification signed/dated 5/16 (or after) is required.

**110m HURDLE COMPETITION NOTE** - The track was constructed with a common START line for the 100m and 100m/110m hurdles. This means the FINISH line for the 110m hurdles is 10m past the common finish line. Coaches please give advance warning to your 110m hurdlers so that they are prepared and to avoid any confusion at the finish area.

**QUESTIONS** - Please direct any questions or concerns you may have to:

**Aaron Moen**

Athletic Director/Meet Manager

[MOENAP@hudsonraiders.org](mailto:MOENAP@hudsonraiders.org)

**Jami Holum**

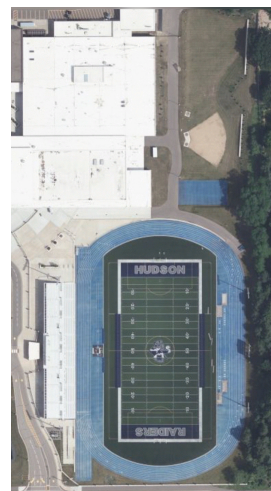
Girls Head Coach

[HOLUMJL@hudsonraiders.org](mailto:HOLUMJL@hudsonraiders.org)

**Dennis Saathoff**

Boys Head Coach

[SAATHODE@hudsonraiders.org](mailto:SAATHODE@hudsonraiders.org)



We look forward to having a great competition with your teams...

**Hudson athletic department, coaching staff, athletes, and volunteers**